

## REACH Region III - Monthly Report: March

[Click here](#) to view

### Update



#### March Data

##### Adults

Referrals: 34  
Active Clients: 37  
Crisis Plan Hours: 175.9  
Crisis Prevention hours: 88.4

##### Calls to Crisis Line

Information: 75  
Crisis Prevention: 81  
Crisis Face to Face Response: 51 Face to Face + 0 Telehealth  
**Total Calls: 207**

*Average Crisis/Face to Face Response Time:*  
76.3 minutes

##### Crisis Therapeutic Home

Emergency Bed Days: 138  
Step-down Bed Days: 7  
Prevention Bed Days: 4

##### Children

Referrals: 35  
Active Clients: 38  
Crisis Plan Hours: 133.3  
Crisis Prevention Hours: 62.4

##### Calls to Crisis Line

Information: 38  
Crisis Prevention: 11  
Crisis Face to Face Response: 39 Face to Face + 0 Telehealth  
**Total Calls: 88**

*Average Crisis/Face to Face Response Time:*  
81.8 minutes

[Our Referral Form](#)

### Clinical Corner



#### Spotlight on Intervention: The Power of Choice

Nobody likes being forced into doing things. Think about it, how did you feel the last time you had to do something you didn't want to do and didn't have a say? Most of the time, even if you have to do something you don't want to do (e.g., pay bills, run errands, do chores) you often have a say in how and when they get done.

The clients we serve feel the same way yet they often have fewer opportunities for choice and control than we do! Offering choices throughout the day can be beneficial for fostering independence, building confidence, promoting autonomy, and ultimately, reducing challenging behaviors!

Choices can be **integrated into day-to-day decisions** (e.g., Do you want the blue or red shirt, do you want to tie your shoes or do you want me to?), **when you have to say "no" to something** (e.g., We can't go to the store right now, but we can look online or make a list of the things you want to get), or **when you have to present a non-preferred activity** (e.g., Time to take meds, do you want to take it with yogurt or pudding? Do you want to go to bed now or 5 minutes from now?).

Check out the tips below for what to consider when offering choices and you can find more information on the importance of offering choices here: <https://openmindspsychological.com/the-importance-of-offering-choices/>

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

**REACH Region III**  
Email: [info@swvareach.org](mailto:info@swvareach.org)  
Fax: 540.267.3403

Apps



**Brili Routines**

Brili Routines is a visual planner and timekeeper that helps manage and gamify your tasks, designed to be the perfect organizer for the ADHD / ADD community.

[Click here](#) to learn more.

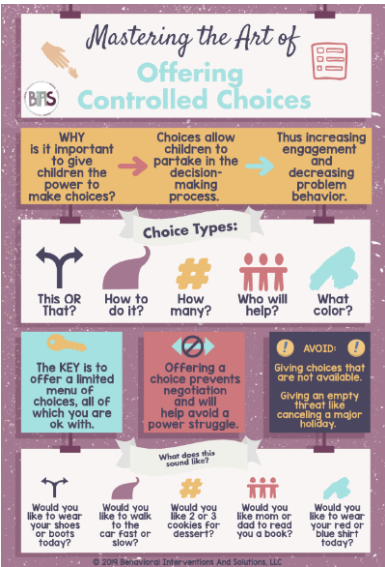
Books & Podcasts



**The LowDOWN Podcast**

Hosts Marla Folden and Hina Mahmood of the Down Syndrome Resource Foundation welcome North America's leading Down syndrome experts, parents and self-advocates to cover topics from across the lifespan including health, physical and intellectual development, advocacy, employment and much more.

[Click here](#) to learn more.



Videos



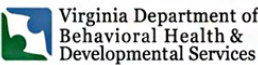
**Choice Boards Explained**

Olga Sirbu BCBA/YouTube.com

Choice boards, also known as visual or communication boards, are invaluable tools for individuals facing communication challenges.

Click on the video above or [click here](#) to view.

Health



**DBHDS/Office of Integrated Health**

The April Newsletter Includes:

- The Fatal Seven
- App of the month
- ABA Snippets
- April is OT Month
- DEA National Rx Take back

[Click here](#) for the newsletters and safety alert archives.

Employment Opportunities



## REACH Region III Is Hiring!

The **REACH** program is the statewide crisis system of care that is designed to meet the crisis support needs of individuals who have a developmental disability and are experiencing crisis events which put them at risk for homelessness, incarceration, hospitalization, and/or danger to self or others.

REACH services are available statewide, with one regional program being located in each of the Commonwealth's five DD regions.

### REACH Mission Statement

Individuals with intellectual and/or developmental disabilities shall be supported with services that allow the individual to live the most inclusive life possible in his/her community which includes access to appropriate and effective crisis stabilization, intervention, and prevention services including mental health treatment services when indicated.

### What does it mean to our staff to work for REACH?

"I enjoy working in the REACH program as it allows me to be creative and to utilize skills and abilities that most programs do not. REACH services also allows me the opportunity to witness the impact of my work on clients and their families/providers." - Junior Stoots, REACH Coordinator

"Working for REACH means to me being the first line of support when working with a challenging population. It means being flexible and dependable for my co-workers and the consumers we serve." – Nicole Dailey, CSP II-Utilization and Training

## REACH Region III - Southwestern Virginia.

### Areas Served:

**Blue Ridge BH:** Botetourt, Buchanan Town, Daleville, Eagle Rock, Fincastle, Oriskany, Roanoke City, Troutville, Arcadia, Catawba, Craig, New Castle, Newport, Paint Bank, Bent Mountain, Roanoke, Vinton, Salem, Vinton

**Cumberland Mt CSB:** Big Rock, Buchanan, Grundy, Pilgrims Knot, Vansant, Castlewood, Cleveland, Dante, Honaker, Lebanon, Rosedale, Russell, Tazewell

**Highland CS:** Washington County, Abingdon, Clarksville, Damascus, Emory, Glade Spring, Meadowview and City of Bristol, Virginia

**New River Valley CS:** Radford, Willis, Copper Hill, Floyd, Giles, Narrows, Pearisburg, Rich Creek, Staffordville, Blacksburg, Christiansburg, Claudville, Montgomery, Riner, Shawsville, Pilot, Allisonia, Draper, Dublin, Hiwassee, New Bern, Pulaski, Pembroke, Meadows of Dan

**Danville-Pittsylvania CSB:** Danville, Blairs, Callands, Chatham, Gretna, Pittsylvania, Ringgold, Sandy Level

**Dickenson County BHS:** Birchleaf, Breaks, Clinchco, Clintwood, Dickenson, Haysi

**Mt. Rogers CSB:** Bastian, Bland, Rocky Gap, Carroll, Atkins, Ceres, Chilhowie, Elk Creek, Fires, Galax, Grayson, Groseclose, Hillsville, Independence, Mouth of Wilson, Smyth, Sugar Grove, Troutdale, Whitetop, Saltville, Marion, Barren Springs, Crockett, Fort Chiswell, Foster Falls, Ivanhoe, Max Meadows, Wythe, Wytheville, Rural Retreat

**Piedmont CS:** Martinsville, Boones Mill, Burnt Chimney, Callaway, Ferrum, Franklin, Glade Hill, Penhook, Rocky Mount, Smith Mountain Lake, Union Hall, Wirtz, Axton, Bassett, Collinsville, Fieldale, Henry, Ridgeway, Spencer, Stanleytown, Patrick

**Planning District One BHS:** Dryden, Ewing, Jonesville, Lee, Middlesboro, Pennington Gap, Rose Hill, Stickleysville, Norton, Clinchport, Duffield, Dungannon, Gate City, Hiltons, Nickelsville, Scott, Weber City, Appalachia, Big Stone Gap, Coeburn, Pound, St. Paul, Wise,

**Southside CSB:** Warfield, Alberta, Brunswick, Gasburg, Lawrenceville, Rawlings, Alaton, Boynton, Buffalo Junction, Chase City, Clarksville, Clover, Halifax, Mecklenburg, Nathalie, Scottsburg, Skipwith, South Boston, South Hill, Sutherlin, Virgilina, Bracey

For information on available positions and to apply [click here](#).  
(Type 'REACH' in the search bar)

## Opportunities and Events



## IN PERSON EVENTS

**STRONG Accountable Care Community: STRONG Kids Spring Into Summer Safety** - free

Tuesday, May 13  
9am - 11:30am

**School-Based Health Alliance: 2025 National School-Based Health Care Conference** - fee-based

June 29-July 1  
Washington, DC

**Community in Schools Appalachian Highlands: Partnership Pavilion**

Wednesday, July 23  
11am - 2pm  
Bristol, VA  
Recruiting organizations to participate.

## VIRTUAL EVENTS

**College Autism Network (CAN): Autistic Students: College Readiness and Reasonable Expectations Parents Webinar Series** - fee based

**June 12:** Housing: Options, Support, Roommates  
**June 19:** Mental Health: What Can a Student Expect? How Do We Prepare?  
**July 10:** Career Readiness: When to Start, How to Make the Most of Campus Support  
**August 7:** Transitional Programs: When is This the Best Option? How Do We Choose?  
All sessions will take place at 7 pm ET

## DBHDS



Virginia Department of  
Behavioral Health &  
Developmental Services

[Click Here](#) for the website.

[Click Here](#) for Provider Development.

## Resources



### The Arc of Virginia

**Our Mission.** The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

**Our Vision.** People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

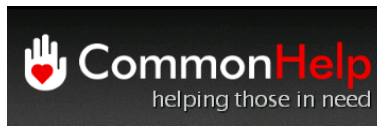
[Click here](#) for their website.



### The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for their website.



## Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

**Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.**

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit the [CommonHelp website](#) to learn more about the programs and government agencies that they partner with.

## The Employment Toolkit for Job Seekers with Autism

*readyjob.org*

[Click here](#) to view.



### NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



*Special needs require special attorneys.*

### The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for The Voice -Special Needs Alliance Newsletter.



### The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.



### Commonwealth Autism

[Click here](#) to view Resources compiled by Commonwealth Autism.



## New River Valley Disability Resource Center

A non-profit Center for Independent Living serving the NRV

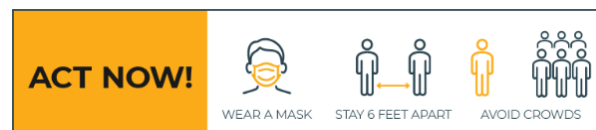
### New River Valley Disability Resource Center

A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.

## Vaccine Information Center - Virginia Department of Health

[Click here](#) for information on VDH COVID-19 Vaccination Response.



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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

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**Crisis and Information Line** - 1.855.887.8278

**Business** - 540.267.3435

**Fax** - 540.267.3403

**Email** - [info@swvaREACH.org](mailto:info@swvaREACH.org)

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