

REACH Region III - Monthly Report: February

[Click here](#) to view

Update



February Data

Adults

Referrals: 33
Active Clients: 45
Crisis Plan Hours: 187.3
Crisis Prevention hours:
56.7

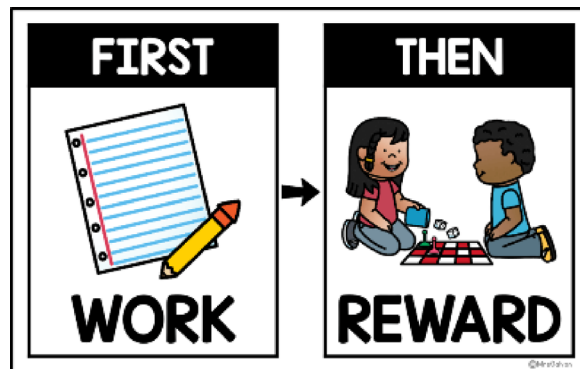
Calls to Crisis Line

Information: 50
Crisis Prevention: 74
Crisis Face to Face
Response: 46 Face to
Face + 1 Telehealth
Total Calls: 171

*Average Crisis/Face to
Face Response Time:*
67.2 minutes

Crisis Therapeutic

Clinical Corner



“But I don’t want to!”

The Premack Principle: Increasing Engagement in Non-Preferred Tasks

The Premack Principle, also known as Grandma’s Rule or First/Then, is a behavioral strategy to increase someone’s engagement in non-preferred activities by using a preferred activity as reinforcement.

Why is it so lovingly referred to as Grandma’s Rule? Because grandma was using it before she knew its formal name -- first eat your veggies, then

Home

Emergency Bed Days: 60
 Step-down Bed Days: 27
 Prevention Bed Days: 23

Children

Referrals: 23
 Active Clients: 41
 Crisis Plan Hours: 63.3
 Crisis Prevention Hours: 87.4

Calls to Crisis Line

Information: 31
 Crisis Prevention: 21
 Crisis Face to Face
 Response: 23 Face to
 Face + 1 Telehealth
Total Calls: 76

*Average Crisis/Face to
 Face Response Time:*
 83.2 minutes

Our Referral Form

Click [here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

REACH Region III

Email: info@swvareach.org
 Fax: 540.267.3403

Apps



Otsimo

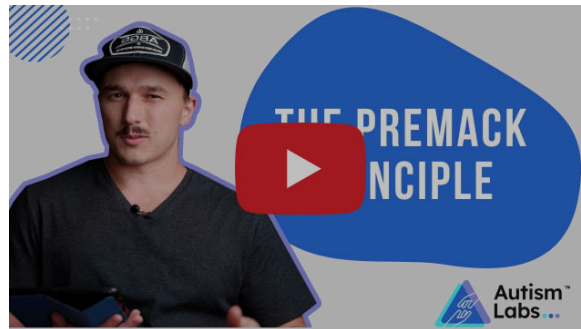
With the help of visual and auditory cues, Otsimo Special Education helps users improve their motor and cognitive skills by helping

you get dessert!

Many times, people lack the internal motivation to do things they don't want to do (e.g., take out the trash, do homework, study for an exam, or even go to work!) and sometimes people even lack the sense of social responsibility or drive to do it because it's expected, so that's where this intervention comes in. First take out the trash, then you can play a game. First go to the doctor, then you can get your favorite meal. First go to work, then you can get a paycheck!

Remember the formula, first the non-preferred activity, then the preferred activity.

Click on the video below or [click here](#) to view a short YouTube video on The Premack Principle.



Videos



Spring Nature Sensory Bottle

Miss Kim | YouTube.com

Sensory bottles are great for all ages!

Click on the video above or [click here](#) to view.

them match, draw, choose,
and put items in order.

[Click here](#) to learn more.

Health

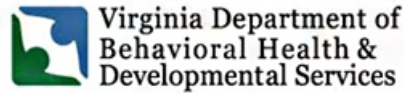
Books & Podcasts



Included: The Disability Equity Podcast

A podcast from the Johns Hopkins University Disability Health Research Center that challenges stereotypes of disability by sharing stories, data, and news.

[Click here](#) to learn more.



DBHDS/Office of Integrated Health

The March Newsletter includes:

- National Developmental Disabilities Month
- App of the Month - Access Now
- ABA Snippets
- Norovirus

[Click here](#) for the newsletters and safety alert archives.

Employment Opportunities



REACH Region III Is Hiring!

The **REACH** program is the statewide crisis system of care that is designed to meet the crisis support needs of individuals who have a developmental disability and are experiencing crisis events which put them at risk for homelessness, incarceration, hospitalization, and/or danger to self or others.

REACH services are available statewide, with one regional program being located in each of the Commonwealth's five DD regions.

REACH Mission Statement

Individuals with intellectual and/or developmental disabilities shall be supported with services that allow the individual to live the most inclusive life possible in his/her community which includes access to appropriate and effective crisis stabilization, intervention, and prevention services including mental health treatment services when indicated.

What does it mean to our staff to work for REACH?

"I enjoy working in the REACH program as it allows me to be creative and to utilize skills and abilities that most programs do not. REACH services also allows me the opportunity to witness the impact of my work on clients and their families/providers." - Junior Stoots, REACH Coordinator

"Working for REACH means to me being the first line of support when working with a challenging population. It means being flexible and dependable for my co-workers and the consumers we serve." – Nicole Dailey, CSP II-Utilization and Training

REACH Region III - Southwestern Virginia.**Areas Served:**

Blue Ridge BH: Botetourt, Buchanan Town, Daleville, Eagle Rock, Fincastle, Oriskany, Roanoke City, Troutville, Arcadia, Catawba, Craig, New Castle, Newport, Paint Bank, Bent Mountain, Roanoke, Vinton, Salem, Vinton

Cumberland Mt CSB: Big Rock, Buchanan, Grundy, Pilgrims Knot, Vansant, Castlewood, Cleveland, Dante, Honaker, Lebanon, Rosedale, Russell, Tazewell

Highland CS: Washington County, Abingdon, Clarksville, Damascus, Emory, Glade Spring, Meadowview and City of Bristol, Virginia

New River Valley CS: Radford, Willis, Copper Hill, Floyd, Giles, Narrows, Pearisburg, Rich Creek, Staffordville, Blacksburg, Christiansburg, Claudville, Montgomery, Riner, Shawsville, Pilot, Allisonia, Draper, Dublin, Hiwassee, New Bern, Pulaski, Pembroke, Meadows of Dan

Danville-Pittsylvania CSB: Danville, Blairs, Callands, Chatham, Gretna, Pittsylvania, Ringgold, Sandy Level

Dickenson County BHS: Birchleaf, Breaks, Clinchco, Clintwood, Dickenson, Haysi

Mt. Rogers CSB: Bastian, Bland, Rocky Gap, Carroll, Atkins, Ceres, Chilhowie, Elk Creek, Fires, Galax, Grayson, Groseclose, Hillsville, Independence, Mouth of Wilson, Smyth, Sugar Grove, Troutdale, Whitetop, Saltville, Marion, Barren Springs, Crockett, Fort Chiswell, Foster Falls, Ivanhoe, Max Meadows, Wythe, Wytheville, Rural Retreat

Piedmont CS: Martinsville, Boones Mill, Burnt Chimney, Callaway, Ferrum, Franklin, Glade Hill, Penhook, Rocky Mount, Smith Mountain Lake, Union Hall, Wirtz, Axton, Bassett, Collinsville, Fieldale, Henry, Ridgeway, Spencer, Stanleytown, Patrick

Planning District One BHS: Dryden, Ewing, Jonesville, Lee, Middlesboro, Pennington Gap, Rose Hill, Stickleysville, Norton, Clinchport, Duffield, Dungannon, Gate City, Hiltons, Nickelsville, Scott, Weber City, Appalachia, Big Stone Gap, Coeburn, Pound, St. Paul, Wise,

Southside CSB: Warfield, Alberta, Brunswick, Gasburg, Lawrenceville, Rawlings, Alaton, Boydton, Buffalo Junction, Chase City, Clarksville, Clover, Halifax, Mecklenburg, Nathalie, Scottsburg, Skipwith, South Boston, South Hill, Sutherlin, Virgilina, Bracey

For information on available positions and to apply [click here.](#)

(Type 'REACH' in the search bar)

Opportunities and Events



IN PERSON EVENTS

[Blue Mountain Therapy: The Barns Open House](#)

Saturday, March 29
noon - 2pm
Abingdon, VA

[The Whole Health Consortium at Virginia Tech: 2025 Whole Health Consortium Symposium](#)

Monday, May 19
8am - 6pm
Roanoke, VA
[Registration required.](#)

[Disability Policy Seminar](#) *fee-based*

April 7 - 9
Washington, DC
[Online registration](#) ends Friday, March 28.
You can register onsite from April 7 to 9.

VIRTUAL EVENTS

[Atlanta Autism Consortium: Supporting Individuals with Profound Autism and Their Families](#) *free*

Tuesday, March 25
6pm EST

[Radford University Department of Communication Sciences and Disorders: Supporting Families of Children with Autism Spectrum Disorder guest lecture series](#) *free*

An Introduction to Augmentative and Alternative Communication (AAC)
March 26 at 5:00 pm (lasting ~30 to 45 min)

Picky Eaters' & the Speech-Language Pathologist's Role in Sensory-Based Feeding Difficulties
April 17 at 4:00 pm (lasting ~30 to 45 min)
All times are EST

PEATC: The Military Attached Special Education Student *free*

Thursday, March 27

6 – 7:30pm

Kennedy Krieger Institute Center for Autism Services, Science and Innovation: 2025 World Autism Month Miniseries *free*

Thursday, April 3, 2025 - Sunday, July 20, 2025

ECHO Autism Communities Symposium, For Health Professionals, Advocates, and Autistic Individuals *free*

Thursday, April 3

8am - 3:30pm CT

[Register here.](#)

VCU Autism Center for Education: Evidence-based Practices to Teach Students with ASD online course

Course Dates: April 14 - May 19

Registration closes April 7.

DBHDS



Virginia Department of
Behavioral Health &
Developmental Services

[Click Here](#) for the website.

[Click Here](#) for Provider Development.

Resources



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

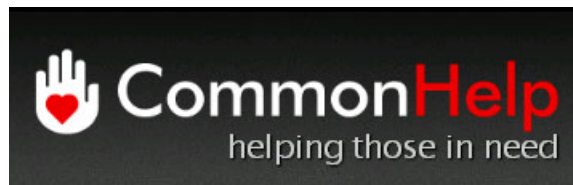
[Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for their website.



Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit the [CommonHelp website](#) to learn more about the programs and government agencies that they partner with.

The Employment Toolkit for Job Seekers with Autism

readyjob.org

[Click here](#) to view.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



The Virginia Autism Council



Commonwealth Autism

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.

[Click here](#) to view Resources compiled by **Commonwealth Autism**.



New River Valley Disability Resource Center

A non-profit Center for Independent Living serving the NRV

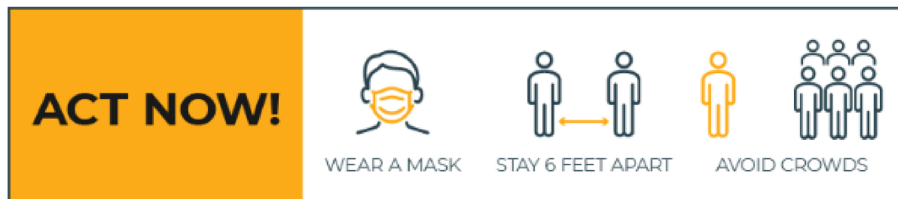
New River Valley Disability Resource Center

A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.

Vaccine Information Center - Virginia Department of Health

[Click here](#) for information on VDH COVID-19 Vaccination Response.



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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

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Crisis and Information Line - 1.855.887.8278

Business - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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