

## REACH Region III - Monthly Report: January

[Click here](#) to view

### Update



### January Data

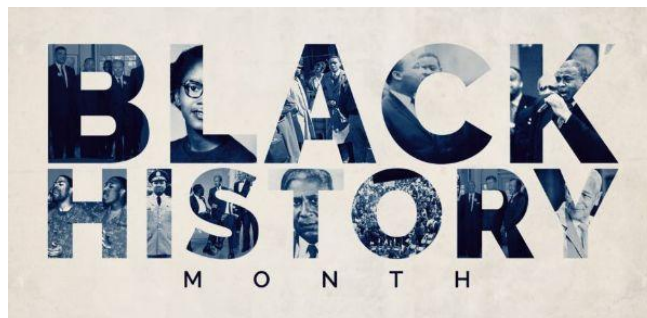
#### Adults

Referrals: 48  
Active Clients: 45  
Crisis Plan Hours: 237.8  
Crisis Prevention hours:  
91.6

#### **Calls to Crisis Line**

Information: 37  
Crisis Prevention: 143  
Crisis Face to Face  
Response: 49 Face to  
Face + 3 Telehealth  
**Total Calls: 232**

### Clinical Corner



### Black History Month and the Disability Rights Movement

*nilp.org*

February is a time to honor and celebrate Black Americans who've made an undeniable impact in moving us forward as a nation.

Often left out of the history books are the contributions of Black persons with disabilities. When their stories are told, rarely do they mention their disability.

[Click here](#) to learn more!

*Average Crisis/Face to Face Response Time:*  
78.4 minutes

### Crisis Therapeutic Home

Emergency Bed Days: 92  
Step-down Bed Days: 54  
Prevention Bed Days: 17

### Children

Referrals: 37  
Active Clients: 54  
Crisis Plan Hours: 57.7  
Crisis Prevention Hours: 77.1

### Calls to Crisis Line

Information: 47  
Crisis Prevention: 16  
Crisis Face to Face Response: 30  
Face to Face + 2 Telehealth  
**Total Calls: 85**

*Average Crisis/Face to Face Response Time:*  
85.8 minutes

### Our Referral Form

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

**REACH Region III**  
Email: [info@swvareach.org](mailto:info@swvareach.org)  
Fax: 540.267.3403

## Apps



## Mental Health and FASD

CanFASD | [YouTube.com](#)

Hosted by Dorothy Reid, presenters Jacqueline Pei and Emma Jewell discuss research and interventions on mental health more broadly in the context of FASD while discussing the newly developed mental health toolkit.

Click on the video above or [click here](#) to view.

## Videos



## How Miscommunication Happens (And How To Avoid It)

Katherine Hampsten | [TED-Ed](#) | [YouTube.com](#)

Katherine Hampsten describes why miscommunication occurs so frequently, and how we



### Social Success Lite

Social Success Free is an interactive social skill tutorial for adolescents and adults with developmental disabilities, including autism.

[Click here](#) to learn more.

## Books & Podcasts



### Wonderfully Wired Brains

*by Louise Gooding*

An informative and inclusive children's guide to neurodiversity for those not in the know and to inspire children who are neurodivergent.

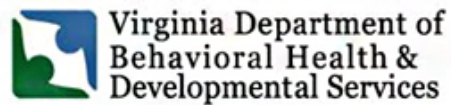
[Click here](#) to learn more.

February REACH Newsletter, Vol. 11, No. 02

can minimize frustration while expressing ourselves better.

Click on the video above or [click here](#) to view.

## Health



### DBHDS/Office of Integrated Health

The February Newsletter includes:

- Respiratory Syncytial Virus
- App of the Month - The Vaccine App
- ABA Snippets
- February is American Heart Month

[Click here](#) for the newsletters and safety alert archives.

## Employment Opportunities



## REACH Region III Is Hiring!

The **REACH** program is the statewide crisis system of care that is designed to meet the crisis support needs of individuals who have a developmental disability and are experiencing crisis events which put them at risk for homelessness, incarceration, hospitalization, and/or danger to self or others.

REACH services are available statewide, with one regional program being located in each of the Commonwealth's five DD regions.

### REACH Mission Statement

Individuals with intellectual and/or developmental disabilities shall be supported with services that allow the individual to live the most inclusive life possible in his/her community which includes access to appropriate and effective crisis stabilization, intervention, and prevention services including mental health treatment services when indicated.

### What does it mean to our staff to work for REACH?

"I enjoy working in the REACH program as it allows me to be creative and to utilize skills and abilities that most programs do not. REACH services also allows me the opportunity to witness the impact of my work on clients and their families/providers." - Junior Stoots, REACH Coordinator

"Working for REACH means to me being the first line of support when working with a challenging population. It means being flexible and dependable for my co-workers and the consumers we serve." – Nicole Dailey, CSP II-Utilization and Training

## REACH Region III - Southwestern Virginia.

### Areas Served:

**Blue Ridge BH:** Botetourt, Buchanan Town, Daleville, Eagle Rock, Fincastle, Oriskany, Roanoke City, Troutville, Arcadia, Catawba, Craig, New Castle, Newport, Paint Bank, Bent Mountain, Roanoke, Vinton, Salem, Vinton

**Cumberland Mt CSB:** Big Rock, Buchanan, Grundy, Pilgrims Knot, Vansant, Castlewood, Cleveland, Dante, Honaker, Lebanon, Rosedale, Russell, Tazewell

**Highland CS:** Washington County, Abingdon, Clarksville, Damascus, Emory, Glade Spring, Meadowview and City of Bristol, Virginia

**New River Valley CS:** Radford, Willis, Copper Hill, Floyd, Giles, Narrows, Pearisburg, Rich Creek, Staffordsville, Blacksburg, Christiansburg, Claudville, Montgomery, Riner, Shawsville, Pilot, Allisonia, Draper, Dublin, Hiwassee, New Bern, Pulaski, Pembroke, Meadows of Dan

**Danville-Pittsylvania CSB:** Danville, Blairs, Callands, Chatham, Gretna, Pittsylvania, Ringgold, Sandy Level

**Dickenson County BHS:** Birchleaf, Breaks, Clinchco, Clintwood, Dickenson , Haysi

**Mt. Rogers CSB:** Bastian, Bland , Rocky Gap, Carroll , Atkins, Ceres, Chilhowie, Elk Creek, Fires, Galax, Grayson, Groseclose, Hillsville, Independence, Mouth of Wilson, Smyth, Sugar Grove, Troutdale, Whitetop, Saltville, Marion, Barren Springs, Crockett, Fort Chiswell, Foster Falls, Ivanhoe, Max Meadows, Wythe, Wytheville, Rural Retreat

**Piedmont CS:** Martinsville, Boones Mill, Burnt Chimney, Callaway, Ferrum, Franklin , Glade Hill, Penhook, Rocky Mount, Smith Mountain Lake, Union Hall, Wirtz, Axton, Bassett, Collinsville, Fieldale, Henry, Ridgeway, Spencer, Stanleytown, Patrick

**Planning District One BHS:** Dryden, Ewing, Jonesville, Lee, Middlesboro, Pennington Gap, Rose Hill, Stickleysville, Norton, Clinchport, Duffield, Dungannon, Gate City, Hiltons, Nickelsville, Scott, Weber City, Appalachia, Big Stone Gap, Coeburn, Pound, St. Paul, Wise,

**Southside CSB:** Warfield, Alberta, Brunswick , Gasburg, Lawrenceville, Rawlings, Alaton, Boydton, Buffalo Junction, Chase City, Clarksville, Clover, Halifax, Mecklenburg, Nathalie, Scottsburg, Skipwith, South Boston, South Hill, Sutherlin, Virgilina, Bracey

**For information on available positions and to apply [click here.](#)**

*(Type 'REACH' in the search bar)*

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## Opportunities and Events



**Virginia Tech Center for Autism Research**  
**Biennial Spring 2025 Conference: Promoting**  
**Well-being for Autistic People**

Join us on Monday, March 24, 2025!

**Registration is now open on our [Eventbrite page](#). Seats are limited.**

Open to autistic individuals, parents, caregivers, researchers, students, providers and anyone interested.

**Research Keynote:** Vanessa Bal, Ph.D., Associate Professor, Graduate School of Applied and Professional Psychology, Rutgers University

**Self-advocate Keynote:** Kelcey Majors, MBA, Program Coordinator, Duke University  
Research Talks: Education, Technology, Clinical and Biomedical

**Symposium:** Securing and promoting autistic talent in the workforce with representatives from OAR Hire Autism and the National Geospatial-Intelligence Agency Neurodiversity Program

**Plus** a lunch, panel discussion, networking, a SAFE space and more! We hope you will join us at the Inn at Virginia Tech, 8am-4:30pm.

Interested **exhibitors** can email [vtautismcenter@vt.edu](mailto:vtautismcenter@vt.edu) for details about how to apply.

**Registration opens on January 6.** Seats are limited. The event is free with an optional recommended donation of \$20 per person or \$5 per student.

Registration information will be posted on our [conference webpage](#).

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## Self-Care for Individuals with Autism and Their Family Members -Virtual

### Date & Time

Feb 25, 2025 06:00 PM in

### Description

Join the Atlanta Autism Consortium virtually on Tuesday, February 25th for "Self-Care for Individuals with Autism and Their Family Members."

This program will underscore the importance of promoting self-care by presenting a new perspective on mental health, aimed at combating stigma. Prepare for a discussion that is both enjoyable and informative, featuring practical and insightful strategies, drawn from her personal experiences, which can connect with people from all backgrounds.

[Click here](#) to register for this Webinar.

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## DBHDS



Virginia Department of  
Behavioral Health &  
Developmental Services

[Click Here](#) for the website.

[Click Here](#) for Provider Development.



# Resources



## The Arc of Virginia

**Our Mission.** The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

**Our Vision.** People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

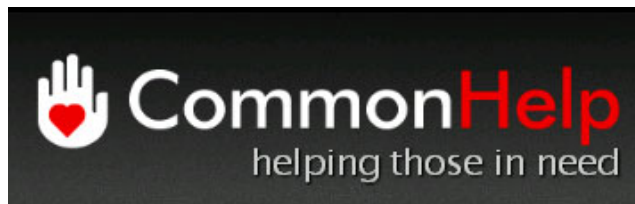
[Click here](#) for their website.



## The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for their website.



## Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

**Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.**

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit the [CommonHelp website](#) to learn more about the programs and government agencies that they partner with.

## The Employment Toolkit for Job Seekers with Autism

[readyjob.org](http://readyjob.org)

[Click here](#) to view.



### NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



*Special needs require special attorneys.*

### The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



### The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.



### Commonwealth Autism

[Click here](#) to view Resources compiled by **Commonwealth Autism**.



## New River Valley Disability Resource Center

A non-profit Center for Independent Living serving the NRV

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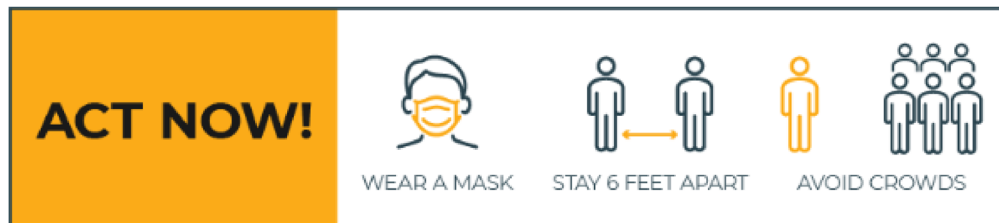
A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.

## Vaccine Information Center - Virginia Department of Health



[Click here](#) for information on VDH COVID-19 Vaccination Response.



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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

**Our mailing address is:**

824 W. Main St., Radford, VA 24141

**Crisis and Information Line - 1.855.887.8278**

**Business - 540.267.3435**

**Fax - 540.267.3403**

**Email - [info@swvaREACH.org](mailto:info@swvaREACH.org)**

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