REACH Region III - The Newsletter Vol.10, No.02, February 2024

View this email in your browser



### **REACH Region III - Monthly Report: January**

Click here to view

# **Update**



### January Data

#### **Adults**

Referrals: 39
Active Clients: 83
Crisis Plan Hours: 162.2
Crisis Prevention hours:

335.6

#### **Calls to Crisis Line**

Information: 27 Crisis Prevention: 143



# **Celebrate Black History Month**

February 2024 Theme: African Americans and the Arts

asalh.org

Click here to continue reading.

# **Clinical Corner**

Crisis Face to Face Response: 41 Face to Face + 6 Telehealth Total Calls: 217

Average Crisis/Face to Face Response Time: 74.05 minutes

# **Crisis Therapeutic Home**

Emergency Bed Days: 162

Step-down Bed Days: 2 Prevention Bed Days: 0

#### Children

Referrals: 25
Active Clients: 71
Crisis Plan Hours: 89.9
Crisis Prevention Hours:

189.9

#### **Calls to Crisis Line**

Information: 26
Crisis Prevention: 18
Crisis Face to Face
Response: 20 Face to
Face + 2 Telehealth
Total Calls: 66

Average Crisis/Face to Face Response Time: 66.9 minutes

#### **Our Referral Form**

Click here to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

#### **REACH Region III**

Email: info@swvareach.org

Fax: 540.267.3403



# Conversation Series: Mental Health in Individuals with Intellectual and Developmental Disabilities

Vanderbilt University Medical Center

This series is designed to share research in plain, accessible language with the community.

Adults with intellectual and developmental disabilities (IDD) report mental distress almost five times more often than adults without disabilities. Despite the prevalence, little is known about the best approaches for supporting the needs of people with IDD and co-occurring mental health challenges. Individuals with IDD can experience a multitude of psychiatric disorders, however, unlike the general population, psychiatric symptoms in this population are often attributed to their disability rather than mental illness, in a phenomenon known as "diagnostic overshadowing."

Join us for an online community discussion with VKC researchers on the topic of mental health and IDD, touching on themes such as increased stigma, accessibility and affordability of supports and treatment options, and more.

Click on the video above or click here to view.

# **Apps**



#### The ASL App

Learn conversational ASL right now, on the go, with all phrases and signs organized to make it easy for you to learn.

Click here to learn more.

# Books & Podcasts



### Podcast: Terrible, Thanks For Asking

A show that makes space for how it really feels to go through the hard things in life, and a community of people who get it.

Click here to learn more.

# Video

And Dr. Bernice
Harper, a hospice care
innovator who was a
medical advisor at the
Department of Healtl
Education, and
Welfare, now known a
the Department of
Health and Human
Services.

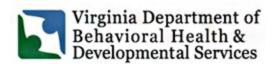


# Contributions of Black Social Workers

NASW | YouTube.com

Click on the video above or click here to view.

# Health



# DBHDS/Office of Integrated Health

The February Newsletter includes:

- Heart Health
- ABA Snippets
- · App of the Month: Cardio Visual
- Educational Resources
- Know Your Dose

<u>Click here</u> for the newsletters and safety alert archives.

# **Employment Opportunities**



# **REACH Region III Is Hiring!**

The **REACH** program is the statewide crisis system of care that is designed to meet the crisis support needs of individuals who have a developmental disability and are experiencing crisis events which put them at risk for homelessness, incarceration, hospitalization, and/or danger to self or others.

REACH services are available statewide, with one regional program being located in each of the Commonwealth's five DD regions.

#### **REACH Mission Statement**

Individuals with intellectual and/or developmental disabilities shall be supported with services that allow the individual to live the most inclusive life possible in his/her community which includes access to appropriate and effective crisis stabilization, intervention, and prevention services including mental health treatment services when indicated.

#### What does it mean to our staff to work for REACH?

"I enjoy working in the REACH program as it allows me to be creative and to utilize skills and abilities that most programs do not. REACH services also allows me the opportunity to witness the impact of my work on clients and their families/providers." - Junior Stoots, REACH Coordinator

"Working for REACH means to me being the first line of support when working with a challenging population. It means being flexible and dependable for my co-workers and the consumers we serve." – Nicole Dailey, CSP II-Utilization and Training

### **REACH Region III - Southwestern Virginia.**

#### **Areas Served:**

**Blue Ridge BH:** Botetourt, Buchanan Town, Daleville, Eagle Rock, Fincastle, Oriskany, Roanoke City, Troutville, Arcadia, Catawba, Craig, New Castle, Newport, Paint Bank, Bent Mountain, Roanoke, Vinton,

Cumberland Mt CSB: Big Rock, Buchanan, Grundy, Pilgrims Knot, Vansant, Castlewood, Cleveland, Dante, Honaker, Lebanon, Rosedale, Russell, Tazewell

**Highland CS:** Washington County, Abingdon, Clarksville, Damascus, Emory, Glade Spring, Meadowview and City of Bristol, Virginia

**New River Valley CS:** Radford, Willis, Copper Hill, Floyd, Giles, Narrows, Pearisburg, Rich Creek, Staffordsville, Blacksburg, Christiansburg, Claudville, Montgomery, Riner, Shawsville, Pilot, Allisonia, Draper, Dublin, Hiwassee, New Bern, Pulaski, Pembroke, Meadows of Dan

**Danville-Pittsylvania CSB:** Danville, Blairs, Callands, Chatham, Gretna, Pittsylvania, Ringgold, Sandy Level

Dickenson County BHS: Birchleaf, Breaks, Clinchco, Clintwood, Dickenson, Haysi

Mt. Rogers CSB: Bastian, Bland, Rocky Gap, Carroll, Atkins, Ceres, Chilhowie, Elk Creek, Fires, Galax, Grayson, Groseclose, Hillsville, Independence, Mouth of Wilson, Smyth, Sugar Grove, Troutdale, Whitetop, Saltville, Marion, Barren Springs, Crockett, Fort Chiswell, Foster Falls, Ivanhoe, Max Meadows, Wythe, Wytheville, Rural Retreat

**Piedmont CS:** Martinsville, Boones Mill, Burnt Chimney, Callaway, Ferrum, Franklin, Glade Hill, Penhook, Rocky Mount, Smith Mountain Lake, Union Hall, Wirtz, Axton, Bassett, Collinsville, Fieldale, Henry, Ridgeway, Spencer, Stanleytown, Patrick

**Planning District One BHS**: Dryden, Ewing, Jonesville, Lee, Middlesboro, Pennington Gap, Rose Hill, Stickleysville, Norton, Clinchport, Duffield, Dungannon, Gate City, Hiltons, Nickelsville, Scott, Weber City, Appalachia, Big Stone Gap, Coeburn, Pound, St. Paul, Wise,

**Southside CSB:** Warfield, Alberta, Brunswick, Gasburg, Lawrenceville, Rawlings, Alaton, Boydton, Buffalo Junction, Chase City, Clarksville, Clover, Halifax, Mecklenburg, Nathalie, Scottsburg, Skipwith, South Boston, South Hill, Sutherlin, Virgilina, Bracey

For information on available positions and to apply <u>click here</u>.

(Type 'REACH' in the search bar)

# **Opportunities and Events**



### **IN-PERSON EVENTS**

Office for Equity and Accessibility and Technology-enhanced Learning and Online Strategies: Virginia

<u>Tech Accessibility Awareness Week</u>

March 18 - 22 VT Campus Blacksburg, Virginia

Registration for the week's events will open on Feb. 26.



Autism Society: Disability Policy Seminar

Online registration ends Friday, March 29

The Disability Policy Seminar is the premier opportunity to cultivate support on Capitol Hill and amplify the concerns of people with intellectual and developmental disabilities (IDD) before Congress. The seminar brings together passionate advocates, including people with disabilities, experts, and professionals in the field, to learn about key issues and advance the grassroots movement for people with IDD.

April 8th-10

Washington D.C.

<u>The More Than Project, Finding Cooper's Voice and Families Embracing Autism Together: Care for the Caregiver Retreat</u> - fee based

Friday, May 31 8am - full day event South Hill, Virgina

### VIRTUAL EVENTS

<u>Virginia Tech Child Study Center Spring 2024 Lunch and Learns - Virtual Webinars</u>

# **DBHDS**



Click Here for the website.

**Click Here** for Provider Development.

# Resources

### The ARC of the United States

Our Virtual Program Library for People With Disabilities Is Now Live!

Click here to view!



### Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services

#### programs using one online application.

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- · Help with paying for childcare
- · Home energy assistance
- · Help with buying food
- · Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's <u>online eligibility portal</u>. The portal will tell you which programs you qualify for and how to apply for them online. Visit the <u>CommonHelp website</u> to learn more about the programs and government agencies that they partner with.

# The Employment Toolkit for Job Seekers with Autism

readyjob.org

Click here to view.



#### The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

Click here for their website.



#### The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

Click here for their website.



#### **NADD**

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. <u>Click here</u> for their website.



Special needs require special attorneys.

#### The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. <u>Click here</u> for their website and <u>here</u> for **The Voice -Special Needs Alliance Newsletter.** 



#### The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. Click here for more information.



#### **Commonwealth Autism**

<u>Click here</u> to view Resources compiled by **Commonwealth Autism**.



A non-profit Center for Independent Living serving the NRV

#### **New River Valley Disability Resource Center**

A Non-Profit Center for Independent Living; Serving the NRV

Click here for their website for Events and Resources.

# Vaccine Information Center - Virginia Department of Health

Click here for information on VDH COVID-19 Vaccination Response.



Copyright © 2015 NRVCS, All rights reserved.

**About REACH** 

Fact Sheet-Adult Fact Sheet-Children

Contact REACH Region III

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Business - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

Want to change how you receive these emails? You can <u>update your preferences</u> or <u>unsubscribe from this list</u>

Visit Our Website

Feedback and Submissions!

Last Month's Newsletter

Subscribe!

