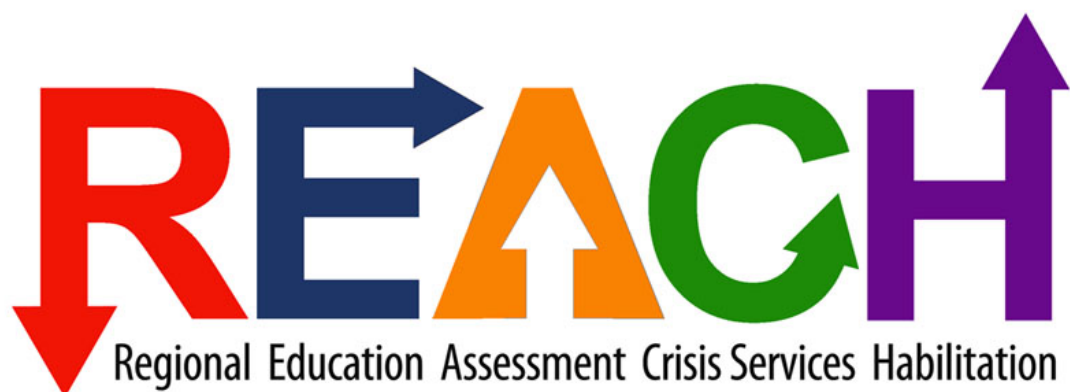


REACH Region III – The Newsletter  
Vol.9, No.12, December 2023

[View this email in your browser](#)



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## REACH Region III - Monthly Report: November

[Click here](#) to view

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## Update

## Clinical Corner



## November Data

## Adults

Referrals: 32  
 Active Clients: 59  
 Crisis Plan Hours: 91.4  
 Crisis Prevention hours:  
 415.8

### **Calls to Crisis Line**

Information: 29  
 Crisis Prevention: 103  
 Crisis Face to Face  
 Response: 29 Face to  
 Face + 4 Telehealth  
**Total Calls: 165**

*Average Crisis/Face to  
 Face Response Time:*  
 74.6 minutes

### **Crisis Therapeutic Home**

Emergency Bed Days:  
 141  
 Step-down Bed Days: 30  
 Prevention Bed Days: 0

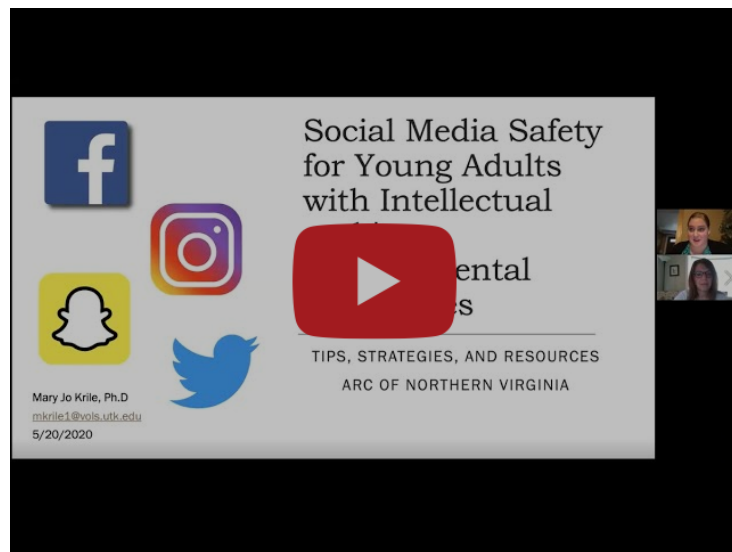
## Children

Referrals: 17  
 Active Clients: 46  
 Crisis Plan Hours: 47.9  
 Crisis Prevention Hours:  
 187.2

### **Calls to Crisis Line**

Information: 11  
 Crisis Prevention: 42  
 Crisis Face to Face  
 Response: 28 Face to  
 Face + 4 Telehealth  
**Total Calls: 85**

*Average Crisis/Face to  
 Face Response Time:*  
 54.3 minutes



## **Webinar: Social Media Safety for Young Adults with IDD**

*The Arc of Northern Virginia | YouTube.com*

This webinar provides strategies for teaching young adults with IDD safe social media use, tips that range from ensuring social media accounts are private to blocking and reporting predators/cyberbullying, and resources that can be accessed for instructing social media safety skills to these young adults. Presented by Mary Jo Krile, Ph.D.

Click on the video above or [click here](#) to view.

## **Video**



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## Our Referral Form

Click [here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

### REACH Region III

Email: [info@swvareach.org](mailto:info@swvareach.org)

Fax: 540.267.3403

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## Apps



### Countdown

Countdown Widget and Timer.

Click [here](#) to learn more.

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## Books & Podcasts



### Uniquely Human Podcast

## Navigating Holiday Family Gatherings

*YouTube.com*

For many families, the traditions and gatherings of the holidays are a time of happy, lasting memories.

However, if your child struggles behaviorally or socially, the holidays may feel stressful for your family and your child.

Family gatherings, changes in routine and holiday-time expectations may cause your child to feel even more overwhelmed, reactive or anxious than usual.

Click above or [click here](#) to view this video containing strategies for navigating visits with family and friends.

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## Social Story How to Receive a Gift You DON'T Like

*YouTube.com*

Click on the video above or [click here](#) to view.

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## Health

Inclusive Holidays

Episode 7 - Autism at the Holidays

[Click here](#) to play the episode.



## DBHDS/Office of Integrated Health

The December Newsletter Includes:

- Holiday Regional Activities
- ABA Snippets
- App of the Month Christmas Countdown
- Respiratory Syncytial Virus (RSV) Vaccine

[Click here](#) for the newsletters and archives.

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## Employment Opportunities



### REACH Region III Is Hiring!

The **REACH** program is the statewide crisis system of care that is designed to meet the crisis support needs of individuals who have a developmental disability and are experiencing crisis events which put them at risk for homelessness, incarceration, hospitalization, and/or danger to self or others.

REACH services are available statewide, with one regional program being located in each of the Commonwealth's five DD regions.

#### REACH Mission Statement

Individuals with intellectual and/or developmental disabilities shall be supported with services that allow the individual to live the most inclusive life possible in his/her community which includes access to appropriate and effective crisis stabilization, intervention, and prevention services including mental health

treatment services when indicated.

### **What does it mean to our staff to work for REACH?**

"I enjoy working in the REACH program as it allows me to be creative and to utilize skills and abilities that most programs do not. REACH services also allows me the opportunity to witness the impact of my work on clients and their families/providers." - Junior Stoots, REACH Coordinator

"Working for REACH means to me being the first line of support when working with a challenging population. It means being flexible and dependable for my co-workers and the consumers we serve." – Nicole Dailey, CSP II-Utilization and Training

## **REACH Region III - Southwestern Virginia.**

### **Areas Served:**

**Blue Ridge BH:** Botetourt, Buchanan Town, Daleville, Eagle Rock, Fincastle, Oriskany, Roanoke City, Troutville, Arcadia, Catawba, Craig, New Castle, Newport, Paint Bank, Bent Mountain, Roanoke, Vinton, Salem, Vinton

**Cumberland Mt CSB:** Big Rock, Buchanan, Grundy, Pilgrims Knot, Vansant, Castlewood, Cleveland, Dante, Honaker, Lebanon, Rosedale, Russell, Tazewell

**Highland CS:** Washington County, Abingdon, Clarksville, Damascus, Emory, Glade Spring, Meadowview and City of Bristol, Virginia

**New River Valley CS:** Radford, Willis, Copper Hill, Floyd, Giles, Narrows, Pearisburg, Rich Creek, Staffordsville, Blacksburg, Christiansburg, Claudville, Montgomery, Riner, Shawsville, Pilot, Allisonia, Draper, Dublin, Hiwassee, New Bern, Pulaski, Pembroke, Meadows of Dan

**Danville-Pittsylvania CSB:** Danville, Blairs, Callands, Chatham, Gretna, Pittsylvania, Ringgold, Sandy Level

**Dickenson County BHS:** Birchleaf, Breaks, Clinchco, Clintwood, Dickenson, Haysi

**Mt. Rogers CSB:** Bastian, Bland, Rocky Gap, Carroll, Atkins, Ceres, Chilhowie, Elk Creek, Fires, Galax, Grayson, Groseclose, Hillsville, Independence, Mouth of Wilson, Smyth, Sugar Grove, Troutdale, Whitetop, Saltville, Marion, Barren Springs, Crockett, Fort Chiswell, Foster Falls, Ivanhoe, Max Meadows, Wythe, Wytheville, Rural Retreat

**Piedmont CS:** Martinsville, Boones Mill, Burnt Chimney, Callaway, Ferrum, Franklin, Glade Hill, Penhook, Rocky Mount, Smith Mountain Lake, Union Hall, Wirtz, Axton, Bassett, Collinsville, Fieldale, Henry, Ridgeway, Spencer, Stanleytown, Patrick

**Planning District One BHS:** Dryden, Ewing, Jonesville, Lee, Middlesboro, Pennington Gap, Rose Hill, Stickleysville, Norton, Clinchport, Duffield, Dungannon, Gate City, Hiltons, Nickelsville, Scott, Weber City, Appalachia, Big Stone Gap, Coeburn, Pound, St. Paul, Wise,

**Southside CSB:** Warfield, Alberta, Brunswick, Gasburg, Lawrenceville, Rawlings, Alaton, Boydton, Buffalo Junction, Chase City, Clarksville, Clover, Halifax, Mecklenburg, Nathalie, Scottsburg, Skipwith, South Boston, South Hill, Sutherlin, Virgilina, Bracey

**For information on available positions and to apply [click here.](#)**  
*(Type 'REACH' in the search bar)*

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## Opportunities and Events



### [The Arc of New River Valley In Richmond: Developmental Disability Rally](#)

With this significant turnover, there's now a wave of new legislators who need to understand the pressing needs of the DD Community -- your involvement is crucial.

Wednesday, January 17

10:15 am

[Register here.](#)

Capital Bell Tower, 1000 Bank Street  
Richmond, VA

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### [UNC School of Medicine: TEACCH Autism Training Program](#) - *fee based*

Various dates in February, March and April of 2024

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# DBHDS



Virginia Department of  
Behavioral Health &  
Developmental Services

[Click Here](#) for the website.

[Click Here](#) for Provider Development.

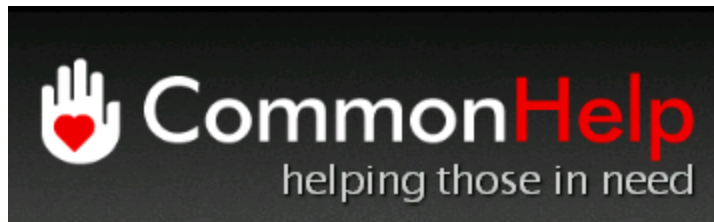
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## Resources

### The ARC of the United States

**Our Virtual Program Library for People With Disabilities Is Now Live!**

[Click here](#) to view!



### Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

**Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.**

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit the [CommonHelp website](#) to learn more about the programs and government agencies that they partner with.



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# The Employment Toolkit for Job Seekers with Autism

[readyjob.org](http://readyjob.org)

[Click here](#) to view.

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## The Arc of Virginia

**Our Mission.** The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

**Our Vision.** People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.

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## The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for their website.

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## NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.

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*Special needs require special attorneys.*

## The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.

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### The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.

### Commonwealth Autism

[Click here](#) to view Resources compiled by **Commonwealth Autism**.



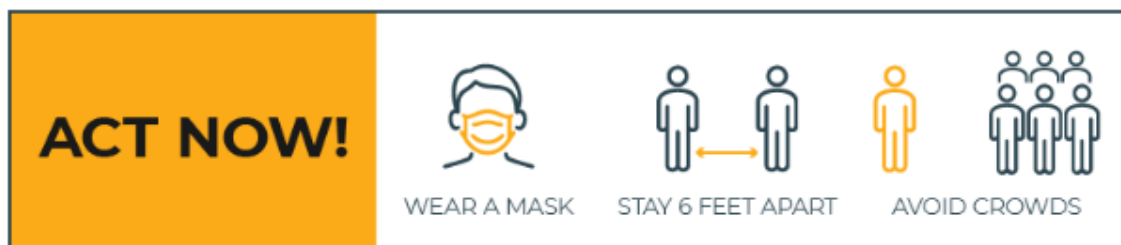
### New River Valley Disability Resource Center

A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.

## Vaccine Information Center - Virginia Department of Health

[Click here](#) for information on VDH COVID-19 Vaccination Response.



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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

**Our mailing address is:**

824 W. Main St., Radford, VA 24141

**Crisis and Information Line** - 1.855.887.8278

**Business** - 540.267.3435

**Fax** - 540.267.3403

**Email** - [info@swvaREACH.org](mailto:info@swvaREACH.org)

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