REACH Region III – The Newsletter
Vol.9, No.07, July 2023

REACH

Regional Education Assessment Crisis Services Habilitation
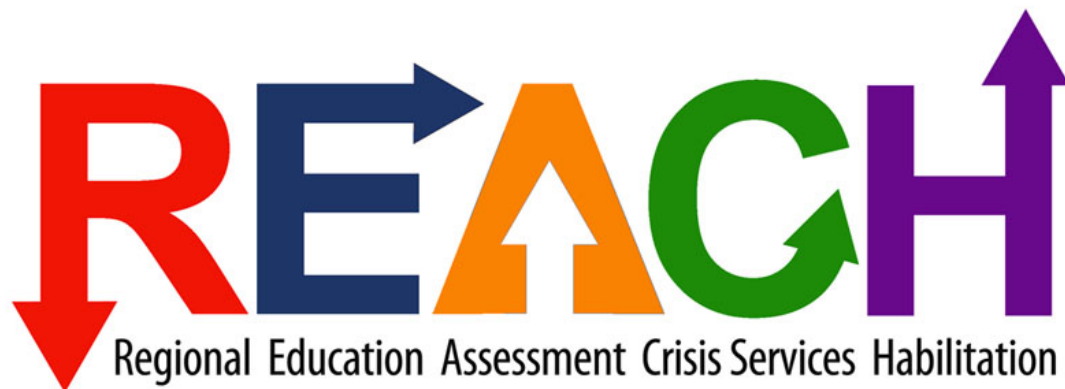
REACH Region III - Monthly Report: June

Click here to view

Update

Clinical Corner

June Data

Adults

Referrals: 36
Active Clients: 117
Crisis Plan Hours: 137.8
Crisis Prevention hours: 410.8

Calls to Crisis Line

Information: 89

Recognizing Psychosis in Persons with Intellectual Disabilities Who Do Not Use Speech

intellectualdisability.info

Crisis Prevention: 127
Crisis Face to Face
Response: 46 Face to
Face + 2 Telehealth
Total Calls: 264

*Average Crisis/Face to
Face Response Time*:
50.3 minutes

**Crisis Therapeutic
Home**

Emergency Bed Days: 79
Step-down Bed Days: 48
Prevention Bed Days: 2

<u>**Children**</u>

Referrals: 11
Active Clients: 83
Crisis Plan Hours: 71.8
Crisis Prevention Hours:
123.3

Calls to Crisis Line

Information: 19
Crisis Prevention: 3
Crisis Face to Face
Response: 11 Face to
Face + 2 Telehealth
Total Calls: 34

*Average Crisis/Face to
Face Response Time*:
58.2 minutes

Our Referral Form

Click here to download it, and
please share with anyone in
your system that makes
REACH referrals. Thank you!

REACH Region III
Email: info@swvareach.org
Fax: 540.267.3403

In patients who do not communicate verbally, there are many cues that can lead a psychiatrist to recognition of psychosis.

Ruth Myers MD (USA) formerly Ruth Ryan

Persons with intellectual disabilities (also called learning disability or mental handicap) and/or developmental disabilities such as autism are vulnerable to the same psychiatric conditions as anyone else (Szymanski et al 1990). Many standard psychiatric diagnostic criteria can be easily adapted to persons who do not use speech to communicate. For example, the criteria around sleep disturbance or appetite changes in diagnosis of mood disorders can be described by others who observe the person.

However, recognition of psychosis (hallucinations, delusions, or paranoia) requires the examiner to try to ascertain the internal perceptual experiences of persons who do not use the same primary spoken language as the examiner. One way to try to gather this information is to observe details of a person's behaviour and compare these behaviours to those of persons with known psychotic symptoms. The examiner must not only make his or her own observations, but must also very intentionally gather the observational data from those who know the person well.

An additional complicating issue is that many of the same behaviours that might indicate psychosis can also be indicators of equally significant but very different (and much more common) neuropsychiatric phenomena. For example, a person who is experiencing a visual migraine aura might appear to be "looking at things that aren't there". Thus, although careful observation is important, it is at least as important to interpret the observations in the context of the person's other

symptoms and life experiences.

Click here to continue reading.

Apps
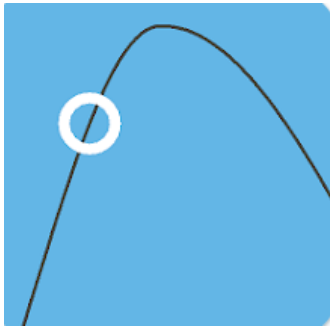
Breathe

The phrase 'watch your breath' is common among meditation practitioners, and is actualised in Breathe: there are animations to signal your inhales and exhales, and you have tools to customize the length of each breath.

Click here to learn more.

Books & Podcasts

Diversity Deep Dive

In this podcast, you will hear insights and uplifting stories of resilience and perseverance against the odds. We will share meaningful dialogue to positively impact diversity and

Health

Virginia Department of Behavioral Health & Developmental Services

DBHDS/Office of Integrated Health

The July Newsletter Includes:

- The Rights of Medication Administration
- App of the Month: Medication Guide
- Risk Awareness Tool (RAT) and the Individual Service Plan (ISP) Training
- ABA Snippets
- REVIVE!

Click here to view.

Click here for the archives.

Video

inclusion by dispelling stereotypes, tackling biases, and providing best practices to achieve greater cultural competence.

Click here for episodes.

Testing 15 No Glue Slime

YouTube.com

Click here or on the video above to view.

Employment Opportunities

REACH Region III Is Hiring!

The **REACH** program is the statewide crisis system of care that is designed to meet the crisis support needs of individuals who have a developmental disability and are experiencing crisis events which put them at risk for homelessness, incarceration, hospitalization, and/or danger to self or others.

REACH services are available statewide, with one regional program being located in each of the Commonwealth's five DD regions.

REACH Mission Statement

Individuals with intellectual and/or developmental disabilities shall be supported with services that allow the individual to live the most inclusive life possible in his/her community which includes access to appropriate and effective crisis stabilization, intervention, and prevention services including mental health treatment services when indicated.

<u>What does it mean to our staff to work for REACH?</u>

"I enjoy working in the REACH program as it allows me to be creative and to utilize skills and abilities that most programs do not. REACH services also allows me the opportunity to witness the impact of my work on clients and their families/providers." - Junior Stoots, REACH Coordinator

"Working for REACH means to me being the first line of support when working with a challenging population. It means being flexible and dependable for my co-workers and the consumers we serve." – Nicole Dailey, CSP II-Utilization and Training

REACH Region III - Southwestern Virginia.

<u>Areas Served:</u>

Blue Ridge BH: Botetourt, Buchanan Town, Daleville, Eagle Rock, Fincastle, Oriskany, Roanoke City, Troutville, Arcadia, Catawba, Craig, New Castle, Newport, Paint Bank, Bent Mountain, Roanoke , Vinton, Salem, Vinton

Cumberland Mt CSB: Big Rock, Buchanan, Grundy, Pilgrims Knot, Vansant, Castlewood, Cleveland, Dante, Honaker, Lebanon, Rosedale, Russell, Tazewell

Highland CS: Washington County, Abingdon, Clarksville, Damascus, Emory, Glade Spring, Meadowview and City of Bristol, Virginia

New River Valley CS: Radford, Willis, Copper Hill, Floyd, Giles, Narrows, Pearisburg, Rich Creek, Staffordsville, Blacksburg, Christiansburg, Claudville, Montgomery, Riner, Shawsville, Pilot, Allisonia, Draper, Dublin, Hiwassee, New Bern, Pulaski , Pembroke, Meadows of Dan

Danville-Pittsylvania CSB: Danville, Blairs, Callands, Chatham, Gretna, Pittsylvania, Ringgold, Sandy Level

Dickenson County BHS: Birchleaf, Breaks, Clinchco, Clintwood, Dickenson , Haysi

Mt. Rogers CSB: Bastian, Bland , Rocky Gap, Carroll , Atkins, Ceres, Chilhowie, Elk Creek, Fires, Galax, Grayson, Groseclose, Hillsville, Independence, Mouth of Wilson, Smyth, Sugar Grove, Troutdale, Whitetop, Saltville, Marion, Barren Springs, Crockett, Fort Chiswell, Foster Falls, Ivanhoe, Max Meadows, Wythe, Wytheville, Rural Retreat

Piedmont CS: Martinsville, Boones Mill, Burnt Chimney, Callaway, Ferrum, Franklin , Glade Hill, Penhook, Rocky Mount, Smith Mountain Lake, Union Hall, Wirtz, Axton, Bassett, Collinsville, Fieldale, Henry, Ridgeway, Spencer, Stanleytown, Patrick

Planning District One BHS: Dryden, Ewing, Jonesville, Lee, Middlesboro, Pennington Gap, Rose Hill, Stickleysville, Norton, Clinchport, Duffield, Dungannon, Gate City, Hiltons, Nickelsville, Scott, Weber City, Appalachia, Big Stone Gap, Coeburn, Pound, St. Paul, Wise,

Southside CSB: Warfield, Alberta, Brunswick , Gasburg, Lawrenceville, Rawlings, Alaton, Boydton, Buffalo Junction, Chase City, Clarksville, Clover, Halifax, Mecklenburg, Nathalie, Scottsburg, Skipwith, South Boston, South Hill, Sutherlin, Virgilina, Bracey

For information on available positions and to apply <u>click here.</u>

(Type 'REACH' in the search bar)

Opportunities and Events

Lists of Summer Camps/Programs

- [Training and Technical Assistance Center at Virginia Tech](#) (T/TAC)['s list](#)

- [Autism Society of Central Virginia's list](#)

- [Virginia Tech Hokie BugCamp](#)

DBHDS

Virginia Department of Behavioral Health & Developmental Services

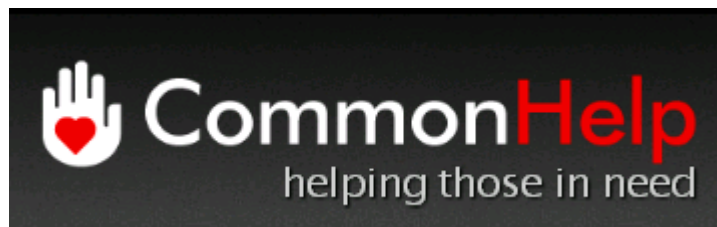<u>Click Here</u> for the website.

[Click Here](#) for Provider Development.

Resources

The ARC of the United States

Our Virtual Program Library for People With Disabilities Is Now Live!

[Click here](#) to view!

Virginia Common**Help**

In these difficult times, many Virginians are looking for assistance with essential services.

Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit the [CommonHelp website](#) to learn more about the programs and government agencies that they partner with.

The Employment Toolkit for Job Seekers with Autism
readyjob.org

[Click here](#) to view.

The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.
Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

Click here for their website.

The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

Click here for Events and News!

Click here for their website.

NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. Click here for their website.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. Click here for their website and here for **The Voice -Special Needs Alliance Newsletter.**

The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel

Commonwealth Autism

Click here to view Resources compiled by **Commonwealth Autism**.

development and knowledge regarding autism in
Virginia. Click here for more information.

New River Valley
Disability Resource Center

A non-profit Center for Independent Living serving the NRV

New River Valley Disability Resource Center
A Non-Profit Center for Independent Living; Serving the NRV

Click here for their website for Events and Resources.

Vaccine Information Center - Virginia Department of Health

Click here for information on VDH COVID-19 Vaccination Response.

ACT NOW!

WEAR A MASK   STAY 6 FEET APART   AVOID CROWDS
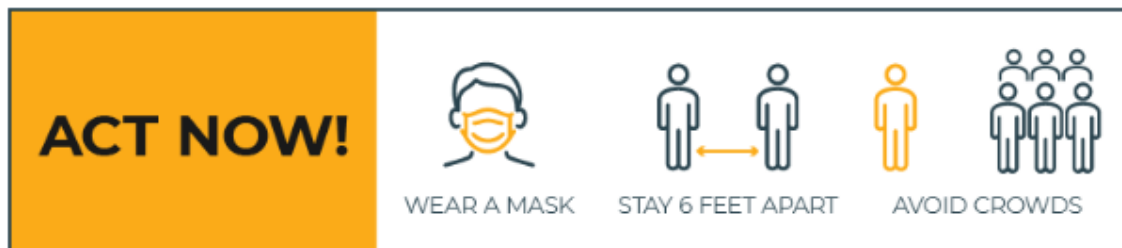
About REACH

Fact Sheet-Adult   Fact Sheet-Children

Contact REACH Region III

Our mailing address is:
824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278
Business - 540.267.3435
Fax - 540.267.3403

Email - info@swvaREACH.org

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