



## REACH Region III - Monthly Report: May

[Click here](#) to view

### Update

### Clinical Corner



#### May Data

##### Adults

Referrals: 30  
Active Clients: 78  
Crisis Plan Hours: 82.3  
Crisis Prevention hours:  
356.5

##### **Calls to Crisis Line**

Information: 48



Crisis Prevention: 267  
Crisis Face to Face  
Response: 30 Face to  
Face + 4 Telehealth  
**Total Calls: 349**

*Average Crisis/Face to  
Face Response Time:*  
66.8 minutes

**Crisis Therapeutic  
Home**

Emergency Bed Days: 78  
Step-down Bed Days: 62  
Prevention Bed Days: 0

**Children**

Referrals: 21  
Active Clients: 60  
Crisis Plan Hours: 50.4  
Crisis Prevention Hours:  
224.8

**Calls to Crisis Line**

Information: 21  
Crisis Prevention: 21  
Crisis Face to Face  
Response: 10 Face to  
Face + 1 Telehealth  
**Total Calls: 53**

*Average Crisis/Face to  
Face Response Time:* 52  
minutes

**Our Referral Form**

[Click here](#) to download it, and  
please share with anyone in  
your system that makes  
REACH referrals. Thank you!

**REACH Region III**

Email: [info@swvareach.org](mailto:info@swvareach.org)  
Fax: 540.267.3403

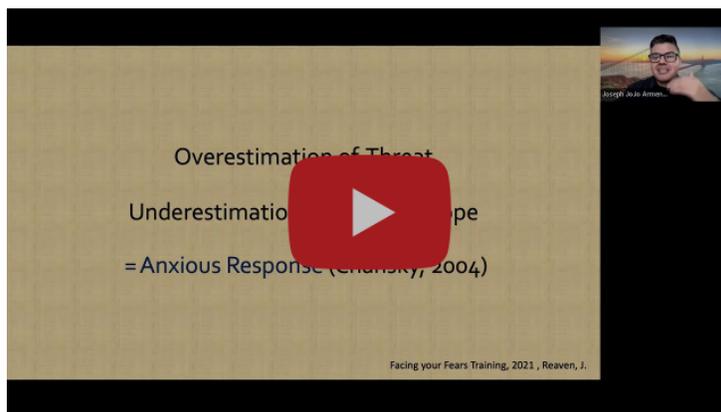
# June is PTSD Awareness Month

*nimh.nih.gov*

Post-traumatic stress disorder (PTSD) develops in some people who have experienced a shocking, scary, or dangerous event. Nearly everyone experiences a range of reactions after a traumatic event, yet most people recover from initial symptoms naturally. Those who continue to experience problems may be diagnosed with PTSD.

Anyone can develop PTSD, including children, teens, and adults, who have been through physical or sexual assault, abuse, accident, disaster, war or combat, or other serious events.

For more information on PTSD and for digital shareables [click here](#).



## UCLA Tarjan Center Distinguished Lecture Series: Dr. JoJo

*YouTube.com*

Topics include:

- Different types of Anxiety disorders
- Some examples of Anxiety triggers
- Anxiety response

Cognitive-Behavioral Strategies for Anxiety

Click on the video above or [click here](#) to view.

# Apps



## OurHome - chores and rewards

The OurHome app is a digital family chore chart to help parents and caregivers manage household tasks.

Based around a customized 'to do' list, the app guides building a plan for chore assignments, communication of task completion, and a point-based reward system.

[Click here](#) to learn more.

# Health



## DBHDS/Office of Integrated Health

The June Newsletter Includes:

- Summer Parks and Rec Activities by Region
- ABA Snippets
- Mini-MISSION OF MERCY - Free Dental Care
- 4th Annual Statewide Nursing Conference
- App of the Month: AccessNow

[Click here](#) to view.

[Click here](#) for the archives.

# Books & Podcasts



## Sex Ed. For Self-Advocates Podcast!

[researchautism.org](http://researchautism.org)

This podcast is a sexuality and

# Video

sex education resource written specifically for autistic people age 15 and up.

It is based on OAR's original Sex Ed. for Self-Advocates guide.

[Click here](#) for: Episode 1: Public vs. Private



## DIY Summer Sensory Crafts

*eSpecial Needs | YouTube.com*

[Find out how to make](#)

Seek and Find Sensory Bin

Googly Eyes Sensory Bag

Sensory Jar

Sensory Shaving Cream

Click on the video above or [click here](#) to view.

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## Employment Opportunities



### **REACH Region III Is Hiring!**

The **REACH** program is the statewide crisis system of care that is designed to meet the crisis support needs of individuals who have a developmental disability and are experiencing crisis events which put them at risk for homelessness, incarceration, hospitalization, and/or danger to self or others.

REACH services are available statewide, with one regional program being located in each of the Commonwealth's five DD regions.

### **REACH Mission Statement**

Individuals with intellectual and/or developmental disabilities shall be supported with services that allow the individual to live the most inclusive life possible in his/her community which includes access to appropriate and effective crisis stabilization, intervention, and prevention services including mental health treatment services when indicated.

### **What does it mean to our staff to work for REACH?**

"I enjoy working in the REACH program as it allows me to be creative and to utilize skills and abilities that most programs do not. REACH services also allows me the opportunity to witness the impact of my work on clients and their families/providers." - Junior Stoots, REACH Coordinator

"Working for REACH means to me being the first line of support when working with a challenging population. It means being flexible and dependable for my co-workers and the consumers we serve." – Nicole Dailey, CSP II-Utilization and Training

## **REACH Region III - Southwestern Virginia.**

### **Areas Served:**

**Blue Ridge BH:** Botetourt, Buchanan Town, Daleville, Eagle Rock, Fincastle, Oriskany, Roanoke City, Troutville, Arcadia, Catawba, Craig, New Castle, Newport, Paint Bank, Bent Mountain, Roanoke, Vinton, Salem, Vinton

**Cumberland Mt CSB:** Big Rock, Buchanan, Grundy, Pilgrims Knot, Vansant, Castlewood, Cleveland, Dante, Honaker, Lebanon, Rosedale, Russell, Tazewell

**Highland CS:** Washington County, Abingdon, Clarksville, Damascus, Emory, Glade Spring, Meadowview and City of Bristol, Virginia

**New River Valley CS:** Radford, Willis, Copper Hill, Floyd, Giles, Narrows, Pearisburg, Rich Creek, Staffordsville, Blacksburg, Christiansburg, Claudville, Montgomery, Riner, Shawsville, Pilot, Allisonia, Draper, Dublin, Hiwassee, New Bern, Pulaski, Pembroke, Meadows of Dan

**Danville-Pittsylvania CSB:** Danville, Blairs, Callands, Chatham, Gretna, Pittsylvania, Ringgold, Sandy Level

**Dickenson County BHS:** Birchleaf, Breaks, Clinchco, Clintwood, Dickenson, Haysi

**Mt. Rogers CSB:** Bastian, Bland, Rocky Gap, Carroll, Atkins, Ceres, Chilhowie, Elk Creek, Fires, Galax, Grayson, Groseclose, Hillsville, Independence, Mouth of Wilson, Smyth, Sugar Grove, Troutdale, Whitetop, Saltville, Marion, Barren Springs, Crockett, Fort Chiswell, Foster Falls, Ivanhoe, Max Meadows, Wythe, Wytheville, Rural Retreat

**Piedmont CS:** Martinsville, Boones Mill, Burnt Chimney, Callaway, Ferrum, Franklin, Glade Hill, Penhook, Rocky Mount, Smith Mountain Lake, Union Hall, Wirtz, Axton, Bassett, Collinsville, Fieldale, Henry, Ridgeway, Spencer, Stanleytown, Patrick

**Planning District One BHS:** Dryden, Ewing, Jonesville, Lee, Middlesboro, Pennington Gap, Rose Hill, Stickleysville, Norton, Clinchport, Duffield, Dungannon, Gate City, Hiltons, Nickelsville, Scott, Weber City,

Appalachia, Big Stone Gap, Coeburn, Pound, St. Paul, Wise,

**Southside CSB:** Warfield, Alberta, Brunswick , Gasburg, Lawrenceville, Rawlings, Alaton, Boydton, Buffalo Junction, Chase City, Clarksville, Clover, Halifax, Mecklenburg, Nathalie, Scottsburg, Skipwith, South Boston, South Hill, Sutherlin, Virgilina, Bracey

**For information on available positions and to apply [click here.](#)**

*(Type 'REACH' in the search bar)*

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## Opportunities and Events



## Lists of Summer Camps/Programs

- [Training and Technical Assistance Center at Virginia Tech \(T/TAC\)'s list](#)

- [Autism Society of Central Virginia's list](#)

- [Virginia Tech Hokie BugCamp](#)

# DBHDS



[Click Here](#) for the website.

[Click Here](#) for Provider Development.

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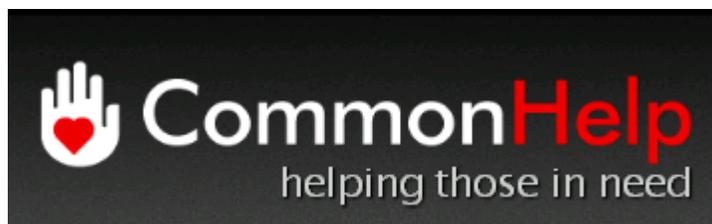
## Resources

### The ARC of the United States

**Our Virtual Program Library for People With Disabilities Is Now Live!**

[Click here](#) to view!

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### Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

**Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.**

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit the [CommonHelp website](#) to learn more about the programs and government agencies that they partner with.

# The Employment Toolkit for Job Seekers with Autism

[readyjob.org](http://readyjob.org)

[Click here](#) to view.



## The Arc of Virginia

**Our Mission.** The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

**Our Vision.** People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.

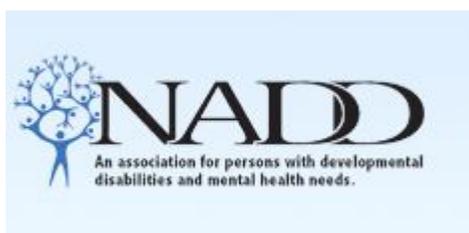


## The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for Events and News!

[Click here](#) for their website.



## NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



*Special needs require special attorneys.*

## The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



### The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.

### Commonwealth Autism

[Click here](#) to view Resources compiled by Commonwealth Autism.



## New River Valley Disability Resource Center

A non-profit Center for Independent Living serving the NRV

### New River Valley Disability Resource Center

A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.

## Vaccine Information Center - Virginia Department of Health

[Click here](#) for information on VDH COVID-19 Vaccination Response.

**ACT NOW!**



WEAR A MASK



STAY 6 FEET APART



AVOID CROWDS

[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

**Our mailing address is:**

824 W. Main St., Radford, VA 24141

**Crisis and Information Line** - 1.855.887.8278

**Business** - 540.267.3435

**Fax** - 540.267.3403

**Email** - [info@swvaREACH.org](mailto:info@swvaREACH.org)

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