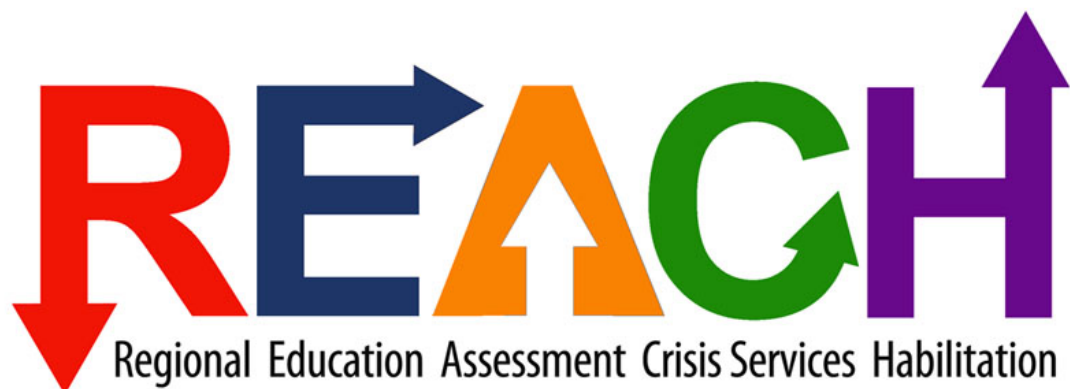


REACH Region III – The Newsletter
Vol.8, No.11, November 2022

[View this email in your browser](#)



REACH Region III - Monthly Report: October

[Click here](#) to view

Update

Clinical Corner



October Data

Adults

Referrals: 36
Active Clients: 77
Crisis Plan Hours: 159:93
Crisis Prevention hours:
352:30

Calls to Crisis Line

Information: 43
Crisis Prevention: 142
Crisis Face to Face



November is National Family Caregivers Month

National Family Caregivers Month, held every November, was created to share an appreciation for family caregivers around the country. Learn more about how this month got started, past themes, and some interesting facts about

Response: 35 Face to
Face + 10 Telehealth
Total Calls: 230

*Average Crisis/Face to
Face Response Time:*
53:68 minutes

Crisis Therapeutic Home

Emergency Bed Days: 62
Step-down Bed Days: 33
Prevention Bed Days: 18

Children

Referrals: 22
Active Clients: 64
Crisis Plan Hours: 100:62
Crisis Prevention Hours:
228:80

Calls to Crisis Line

Information: 21
Crisis Prevention: 6
Crisis Face to Face
Response: 33 Face to
Face + 1 Telehealth
Total Calls: 61

*Average Crisis/Face to
Face Response Time:*
34:57 minutes

Our Referral Form

[Click here](#) to download it, and
please share with anyone in
your system that makes
REACH referrals. Thank you!

REACH Region III

Email: info@swvareach.org
Fax: 540.267.3403

caregivers.

Caregiving Statistics

In the United States, about 78 million family members are providing unpaid care to adults or children. According to research published in 2015 by the National Alliance for Caregiving and AARP, this number comes from:

- About 34.2 million Americans who have provided unpaid care to an adult age 50 or older in the last 12 months.
- Approximately 43.5 million caregivers who have provided unpaid care to an adult or child in the last 12 months.

[Click here](#) to learn more.

Free E-Book from the Caring Bridge:

[14 Life-Changing Tips to Relieve Caregiver Stress](#)

When you download your free copy, you will learn:

- How to understand the symptoms and root causes of caregiver stress
- Insightful tips from current caregivers on how to relieve tension
- About resources that can help caregivers navigate through stress
- And more.

Videos

Apps



Speech Blubs: Language Therapy

Learning to speak shouldn't be a hassle, it should be fun. Number 1 speech learning app. Try it for free!

[Click here](#) to learn more.

Books & Podcasts



Podcast: Uniquely Human

Interview with Carol Gray: The Queen of Social Stories

[Click here](#) to listen.



Let's Celebrate Thanksgiving

Mighty Knightly/Youtube.com

A social story video on how to celebrate Thanksgiving for toddlers, preschoolers, kids, and people of all abilities!

Why do we make Social Stories?

Our Social Stories are videos that guide step-by-step what someone can expect, what they need to do, and how to communicate their needs when these are challenges for them to do so. Research shows video-based modeling is a powerful tool for many types of people, especially children with disabilities such as Down syndrome or autism.

Click on the video above or [click here](#) to view.

Health



DBHDS/Office of Integrated Health

The November Newsletter Includes:

Diversity & Inclusion

- Fentanyl Overdose
- App of the month: KnowDrugs
- ABA Snippets

[Click here](#) to view.



4 Inclusive Ways to Celebrate the Holidays

riseservicesinc.org

This time of year is special in so many ways—from the holiday work parties to the intimate family celebrations. Make sure it's special for those in your family with developmental disabilities, too.

These valuable tips can be utilized for any holiday occasion like Thanksgiving, Christmas, Hanukkah, and Kwanzaa.

[Click here](#) to learn more.

Employment Opportunities



Come check out our job openings for REACH Region III.

For information on available positions and to apply [click here.](#)

(Type 'REACH' in the search bar)

Opportunities and Events



Dance for Children with Autism

UCLA Researchers are looking for:

Children ages 8-12 years
Must have an autism diagnosis

Participants receive:

FREE weekly dance classes (held via Zoom)
Unique opportunity to make friends & stay active from home
\$100 cash or gift card upon completion of the study

How do classes work?

Kids are paired 1-to-1 with a teacher who will modify group classes to meet their unique needs & ability level.

What is the purpose?

This study will examine the effects of dance classes on motor skills and behavior.

Contact Us:

Phone: 310.206.1045
Email: AIRPdancestudy@mednet.ucla.edu

EVENTS (in person)

[Montgomery County 4-H: 4-H Dog Club](#) *(fee-based)*

Starting Monday, November 14 and continuing the 2nd and 4th Mondays of each month
5:30 to 7:30 pm (latest)
Waldron Community Center
Shawsville, VA
\$20

4-H is also hosting a Dog Programs Educational Clinic on March 11.
Registration details will be available following the holidays.

[UVA Supporting Transformative Autism Research \(STAR\) Autism Hope Summit](#) *(free)*

Saturday, December 3
9am - 5pm
[Registration required.](#)
Darden School of Business
100 Darden Blvd
Charlottesville

Hope Out Loud: A Day at the North Pole for families blessed by a disability (free)

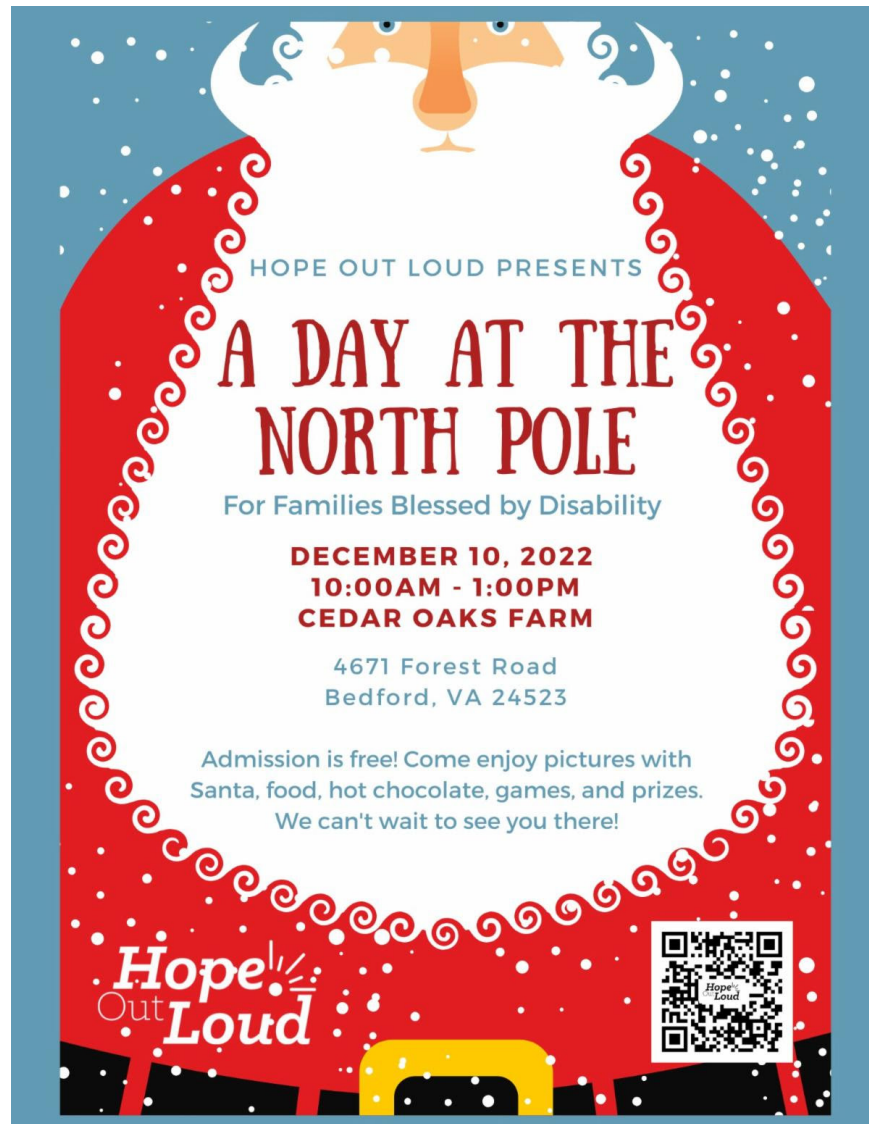
Saturday, December 10

10am - 1pm

Cedar Oaks Farm

4671 Forest Rd.

Bedford, VA



[Virginia Tech Supporting Autism Friendly Environments \(SAFE\): VT Autism Awareness Basketball game](#)

Sunday, December 11

1pm

Cassell Coliseum

The [SAFE Program](#), [VTCAR](#), and the [VT Women's Basketball team](#) are collaborating on our second Autism friendly basketball event! This game, against UNC Asheville, will involve special sensory cues, lowered music volume, and a SAFE space for people to visit and take a break from the action.

Read an overview of the team's season [here](#).

See information specific to the Autism friendly game [here](#).
Learn more about Elizabeth (#33) and her sister Raven [here](#).

Tickets start as low as \$10 for adults and \$5 for youth.
Fan 4-Pack tickets are available for every home game and come with four general admission tickets for just \$32.
[Find Tickets](#)

[Virginia Tech Autism Clinic & Center for Autism Research: Save the Date!](#)

VTAC/CAR Biennial Spring 2023 Conference, April 21 at the Inn at Virginia Tech

DBHDS



[Click Here](#) for the website.

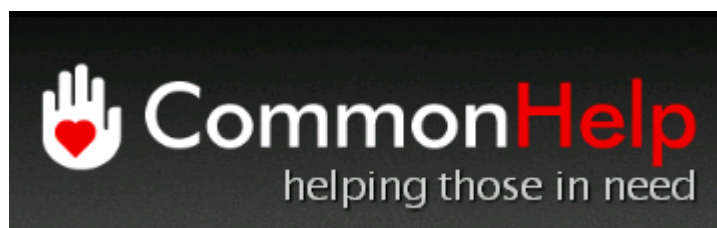
[Click Here](#) for Provider Development.

Resources

The ARC of the United States

Our Virtual Program Library for People With Disabilities Is Now Live!

[Click here](#) to view!



Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit the [CommonHelp website](#) to learn more about the programs and government agencies that they partner with.

The Employment Toolkit for Job Seekers with Autism

readyjob.org

[Click here](#) to view.



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for Events and News!

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.



Commonwealth Autism

[Click here](#) to view Resources compiled by **Commonwealth Autism**.



New River Valley Disability Resource Center

A non-profit Center for Independent Living serving the NRV

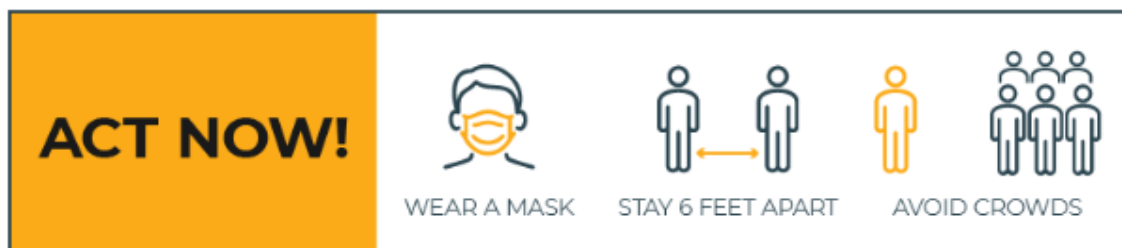
New River Valley Disability Resource Center

A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.

Vaccine Information Center - Virginia Department of Health

[Click here](#) for information on VDH COVID-19 Vaccination Response.



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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

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Business - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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