

REACH Region III - Monthly Report: July

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Update

Clinical Corner



July Data

Adults

Referrals: 51
 Active Clients: 126
 Crisis Plan Hours: 170.23
 Crisis Prevention hours:
 717.4

Calls to Crisis Line

Information: 46
 Crisis Prevention: 106
 Crisis Face to Face
 Response: 50 Face to
 Face + 4 Telehealth



Training Module: Preparing for a Mental Health Assessment

Mental Health and Developmental Disabilities Training Center

Learning Objectives

Participants will be able to:

1. List indicators of a possible mental health

Total Calls: 206

Average Crisis/Face to Face Response Time:
42.72 minutes

Crisis Therapeutic Home

Emergency Bed Days: 146
Step-down Bed Days: 19
Prevention Bed Days: 0

Children

Referrals: 19
Active Clients: 73
Crisis Plan Hours: 55.78
Crisis Prevention Hours: 234.18

Calls to Crisis Line

Information: 13
Crisis Prevention: 6
Crisis Face to Face Response: 10
Face to Face + 0 Telehealth
Total Calls: 29

Average Crisis/Face to Face Response Time:
59.3 minutes

We have a new referral form!

Please replace the old form with this new form.
-updated 05.2020

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

REACH Region III

condition.

2. List barriers to the assessment of mental health conditions in persons with developmental disabilities.

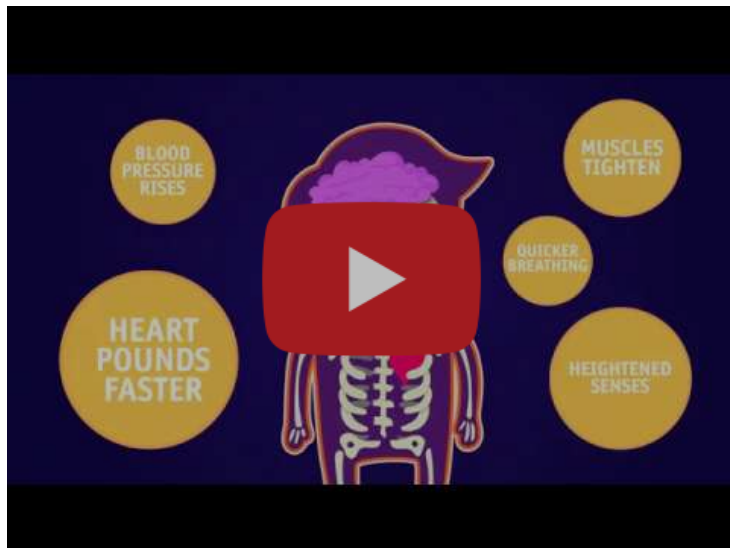
3. Describe a comprehensive assessment that considers:

- psychiatric/physiological
- medical, and
- environmental

Throughout the module, references are numbered. The full list of references is available at the end of the module.

[Click here](#) to access the training module.

Videos



Stress 101 - Understanding Stress And How To Manage It

HealthTxMedGroup/YouTube.com

Understand what stress is and how it affects your

daily life. In this video, we will talk about how to manage stress and prevent it from taking a toll on our health.

Click video above or [click here](#) to view.

Apps



Brili Routines - Visual Timer

Brili calms the chaos of daily routines. Simply set up a routine for mornings, bedtimes, and any other time of the day.

Brili's has dynamic timers, visual and audible activity prompts and motivating rewards.

[Click here](#) to learn more.

Books & Podcasts



The Autism Helper Podcast

Episode 144: Returning to the

Health



5 Things People With Autism and Their Caregivers Should Know About COVID-19 Vaccines

everydayhealth.com

Experts say people with autism should get one of the COVID-19 vaccines as soon as it is available to them.

People with autism spectrum disorder (ASD) have had unique burdens during the pandemic.

“COVID-19 has been devastating to the autism community, as well as the greater intellectual and developmental disability community,” says Christopher Banks, the president of the Autism Society of America.

“We’ve seen service interruptions, failure of the education system to provide services, isolation,

Classroom After COVID

Last school year was extremely tough for educators and student. In this episode, I share my best practices for the back to school season and why these principles are more important now than ever.

[Click here](#) to listen.

and we've even seen higher death rates.”

[Click here](#) to continue reading.

DBHDS/Office of Integrated Health

August Newsletter Includes:

- Importance of Positioning
- App of the Month: [IDDSI](#)
- ABA Snippets
- Extreme Heat Safety Tips

[Click here](#) to view.

Diversity & Inclusion



Pronoun Fact Sheet

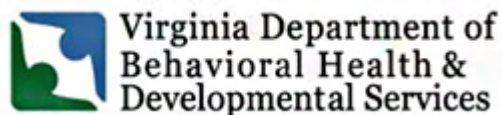
American Psychological Association, Division 44

What are pronouns? Why is it important to use accurate pronouns? How do I know which pronouns to use?

[Click here](#) for the fact sheet to learn all this and more!

[Click here](#) for a game to test your knowledge!

[Click here](#) to view safety alerts and the newsletter archive.



Opportunities and Events



VCU-ACE: Lunch and Learn

As schools around the State of Virginia are beginning the academic year, next week's Lunch and Learn will discuss a useful topic: **Function Matters! How to Determine Why a Student Demonstrates Problem Behaviors.**

Problem behavior such as aggression, yelling and noncompliance is common with individuals with a spectrum disorder. To provide appropriate intervention and support, it is critical to understand why a behavior occurs and what may trigger it or cause it to happen. In this webcast, Dr. Schall will describe how to complete a Functional Behavior Assessment, a problem solving approach that assists teams in developing supports for individuals with autism who exhibit challenging behavior. Participants will learn what a functional behavior assessment is and how to complete one as well as how to use the assessment findings to develop a comprehensive behavior support plan.

Presenter: Dr. Carol Schall, Director, Technical Assistance, Virginia Commonwealth University, Autism Center for Excellence

Date: Thursday, August 26 2021

Time: 12:00 - 1:00 pm ET

[Click here](#) to register.

[Click here](#) for the flyer.

UVA STAR: Spanish Virtual Events

Webinars are now available on demand!

Introducción al Autismo

(Introduction to Autism)

This Spanish-language webinar provides basic information about autism, including what autism is, its common symptoms, the characteristics associated with autism, and evidence-based treatments.

[Click here](#) to view.

Manejo del estrés en la familia del niño y niña con autismo

(Managing stress in a family with a child with autism)

This Spanish-language webinar provides information about common causes of stress in families with children with autism, an overview of how our bodies react to stress, and offers ways to challenge thinking to reduce stress.

[Click here](#) to view.

Virtual Monthly Autistic Adult Support Group

Are you an adult on the autism spectrum and live in Virginia?

Our free, monthly support group for autistic adults will be held virtually on Zoom on the first **Tuesday of the month from 6:30-7:30pm, starting February 2.**

This online support meeting will discuss what YOU want to talk about. Examples of past topics: setting personal goals, dealing with angry or sad emotions, identifying personal learning styles.

Meetings will be moderate by a VT clinical psychology graduate clinician; however, any discussion will be mainly facilitated by the autistic adults in the group.

To sign up for a meeting visit

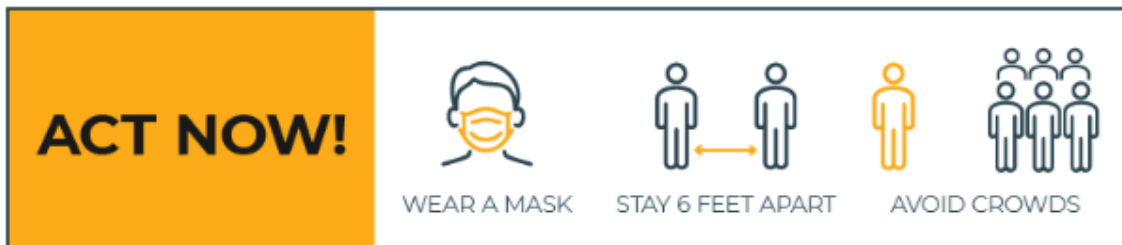
<https://virginiatech-hipaa.zoom.us/meeting/register/tZAKfu2ggz0pE9RIOModcaxCwXQVqfV3KKXp>

Please sign up to join no later than 12pm the day of

Address questions to Megan at mfok@vt.edu

Vaccine Information Center - Virginia Department of Health

[Click here](#) for information on VDH COVID-19 Vaccination Response.



Employment Opportunities

Come check out our job openings for REACH Region III.

[Click here](#) for the flyer.

For more information on available positions and to apply [click here](#).

DBHDS



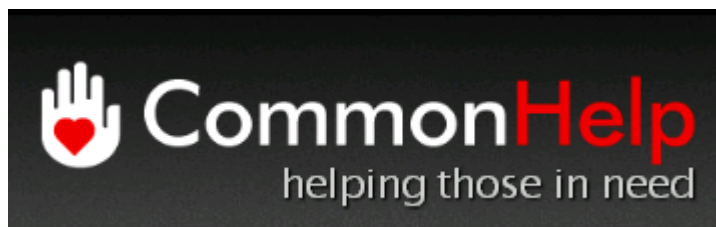
[Click Here](#) for the website.

[Click Here](#) for Provider Development.

New Fair Housing Protections in Virginia: Source of Funds Discrimination

[Click here](#) to learn more.

Resources



Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit

the [CommonHelp website](#) to learn more about the programs and government agencies that they partner with.

The Employment Toolkit for Job Seekers with Autism

readyjob.org

[Click here](#) to view.



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for Events and News!

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.

Commonwealth Autism

[Click here](#) to view Resources compiled by **Commonwealth Autism**.



New River Valley Disability Resource Center

A non-profit Center for Independent Living serving the NRV

New River Valley Disability Resource Center

A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.

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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

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Crisis and Information Line - 1.855.887.8278

Business - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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