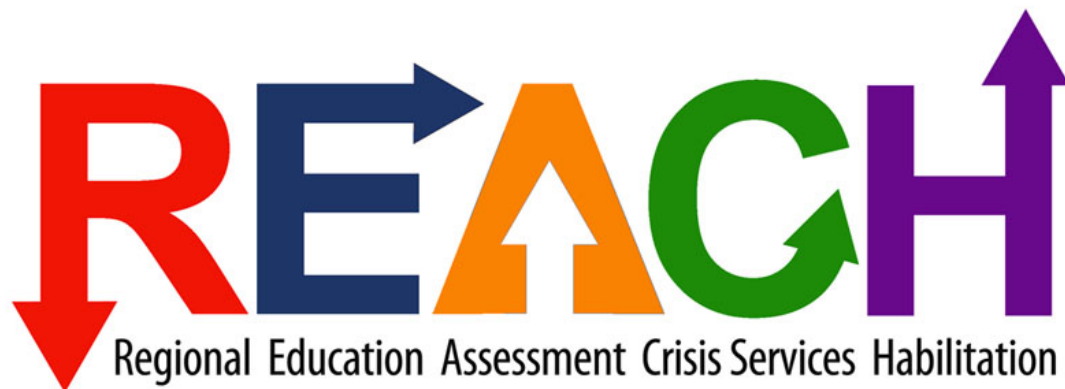


REACH Region III – The Newsletter  
Vol.8, No.06, June 2022

[View this email in your browser](#)



## REACH Region III - Monthly Report: May

[Click here](#) to view

### Update



#### May Data

##### Adults

Referrals: 39  
Active Clients: 98  
Crisis Plan Hours: 93.6  
Crisis Prevention hours: 466.4

##### **Calls to Crisis Line**

Information: 50  
Crisis Prevention: 85  
Crisis Face to Face

### Clinical Corner



Click on video above or [click here](#) to view this Webinar.

## **Webinar: Sensory Modulation: An Underutilized Tool for Reducing Anxiety in People with Autism Spectrum Disorders (ASD) and other**

Response: 44 Face to  
Face + 0 Telehealth  
**Total Calls: 179**

*Average Crisis/Face to  
Face Response Time:*  
40.87 minutes

### **Crisis Therapeutic Home**

Emergency Bed Days: 49  
Step-down Bed Days: 0  
Prevention Bed Days: 42

### **Children**

Referrals: 33  
Active Clients: 79  
Crisis Plan Hours: 57.86  
Crisis Prevention Hours:  
296.7

### **Calls to Crisis Line**

Information: 32  
Crisis Prevention: 12  
Crisis Face to Face  
Response: 24 Face to  
Face + 0 Telehealth  
**Total Calls: 68**

*Average Crisis/Face to  
Face Response Time:*  
34.94 minutes

### **Our Referral Form**

[Click here](#) to download it, and  
please share with anyone in  
your system that makes  
REACH referrals. Thank you!

### **REACH Region III**

Email: [info@swvareach.org](mailto:info@swvareach.org)  
Fax: 540.267.3403

## **Intellectual and Developmental Disabilities (IDD)**

### **About this Webinar:**

In this presentation, the nature and extent of anxiety related challenges that impact individuals with Autism Spectrum Disorders (ASD) and other Intellectual and Developmental Disabilities (IDD) will be briefly reviewed. How anxiety can be a major influence on the manifestation of externalizing behaviors will also be discussed. The relationship between atypical sensory profiles and anxiety, with a particular focus on over-arousal states, will be explored. Ways in which some simple and easy to use sensory modulation tactics and tools may be employed to help individuals with ASD and other IDD who present with significant anxiety and challenging behaviors will be shared.

[Click here](#) to read more and to access slides and transcript.

*A Webinar from AUCD's Mental Health Aspects of IDD Special Interest Group.*

## **NEW Free DBT-Skills System Workshop**

### **1-Hour Seminar by Julie Brown, PhD, for the Centre for Autism, Neurodevelopmental Disorders, and Intellectual Disabilities**

Dialectical Behavior Therapy (DBT) is an important resource for individuals who experience self-regulation challenges. People who have learning difficulties can experience barriers to learning standard DBT skills. This seminar highlights relevant issues and ways to improve access to

DBT for vulnerable learners.

[Click here](#) to view.

---

## Apps



### TouchChat Discover

This lite version of TouchChat is a great introduction to the AAC world of apps.

[Click here](#) to view.

---

## Books & Podcasts



### FREE Book Chapter about adapting Dialectical Behavior Therapy (DBT) strategies for vulnerable learners:

The Oxford Handbook of DBT edited by Michaela Swales contains a book chapter by Julie Brown that outlines how to adapt DBT for vulnerable learners.

[Click here](#) for a free download of the chapter from the Books

## Videos



### Rainbow Sensory Bottle: Using Water Beads

*Kid Crafts and Fun/YouTube.com*

This beautiful sensory bottle is super easy to make!

Click on video above or [click here](#) to view.

---

## Health

### DBHDS/Office of Integrated Health

The Latest Newsletter in the Archive Included:

Food Allergies  
App of the Month  
ABA Snippets

and Articles page of the Skills  
System website.

Community Nursing Leader Region 3

---

[Click here](#) to view.

## Diversity & Inclusion



**LGBTQ + and autism  
spectrum disorder:  
Experiences and  
challenges**  
*nlm.nih.gov*

The aim of this study was to improve current understanding of the first-hand experiences of those on the autism spectrum who identify as LGBTQ+, particularly regarding challenges stemming from these dual identities.

[Click here](#) to read.

[Click here](#) to view safety alerts and the newsletter archive.



---

## Employment Opportunities



**Come check out our job openings for  
REACH Region III.**

For information on available positions and to apply  
[click here.](#)

*(Type 'REACH' in the search bar)*

---

## Opportunities and Events



---

## Montgomery County Sheriff's Office, Montgomery County Emergency Services, and Virginia Department for Aging and Rehabilitative Services: Enabling Friends for Our Response Teams - EFFORT

**When:** Saturday, June 25, 10am - 1pm

**Where:** Motor Mile Park, Christiansburg, VA

**What:** This free program focuses on our community of individuals with disabilities.

- Obstacle courses adapted for all abilities
- Proper method for contacting 911
- Proper ways of effective bandaging
- Understanding safe means for extinguishing fires
- Try on fire fighter gear

For more information, contact Captain Kim Haug at (540) 357-2302 or Lt. Potsie Smith at (540) 357-2316.

In order to best meet the individual needs of your loved one, you will be asked a series of questions to best prepare those that will be assisting with this event.

---

## 2022 Summer Camps

Looking for a summer camp option for a child with a disability? Then take a look at this list of camps located in or near our Southwest Virginia region: [Click here](#).

*This list was provided by VDOE's Training and Technical Assistance Center (T/TAC) at Virginia Tech.*

---

## Events (Virtual)

### [INSAR Institute 2022](#)

[Autistic People's Research Priorities](#) (free)

June 16 - July 21

You must have an INSAR profile to Register.

(No profile? [Create a free one here.](#))

---

## PEATC/VDOE Summer Trainings

**June 12 - August 1 - Transition University**

**June 13 - Teaching Consent**

**June 13 - June 27 - IEP University**

**June 14 - Understanding the Dynamics of Cyberbullying Technology and our Youth**

**June 22 - How to Talk so Schools Will Listen (and Listen so Schools Will Talk)**

**June 23 - 24 - Parent Institute**

**July 5 - August 2 - WAZE to Adulthood (Presented in Spanish)**

**July 16 - Family Engagement Conference**

**July 20 - 22 - PACL (Parents as Collaborative Leaders)**

Visit [www.peatc.org/events](http://www.peatc.org/events) for more information and to register!

---

## Autism Society of Central Virginia & Ease Educates workshop: Talking with Your Kids (of all ages) about Relationships & Sex

*June 21, 6:30 - 8pm*

---

## DBHDS



Virginia Department of  
Behavioral Health &  
Developmental Services

[Click Here](#) for the website.

[Click Here](#) for Provider Development.

---

## Resources

### The ARC of the United States

**Our Virtual Program Library for People With Disabilities Is Now Live!**



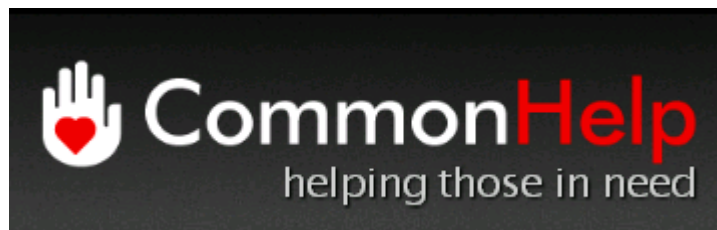
Looking for online activities that someone with disabilities in your life can use to keep busy as the weather cools down?

We're excited to share our new Virtual Program Library, a free hub full of on-demand activities that can be done from home by people with disabilities, their families, and service providers.

Topics include arts, community and life skills, health and wellness, virtual clubs, and more.

Visit the hub to check out the resources we have so far and share it with your networks so it can continue to grow into a robust resource for people with disabilities and their supporters!

[Click here](#) to view!



## Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

**Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.**

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit the [CommonHelp website](#) to learn more about the programs and government agencies that they partner with.

---

## The Employment Toolkit for Job Seekers with Autism

*readyjob.org*

[Click here](#) to view.



### The Arc of Virginia

**Our Mission.** The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

**Our Vision.** People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



### The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for Events and News!

[Click here](#) for their website.



### NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



*Special needs require special attorneys.*

### The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



### The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel



### Commonwealth Autism

[Click here](#) to view Resources compiled by **Commonwealth Autism**.



development and knowledge regarding autism in Virginia. [Click here](#) for more information.



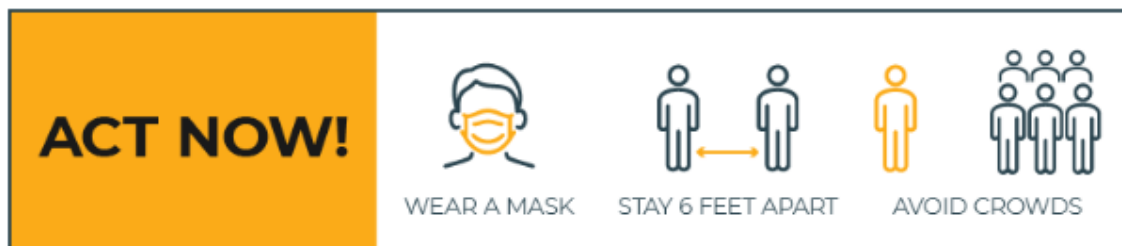
**New River Valley Disability Resource Center**  
A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.

---

## Vaccine Information Center - Virginia Department of Health

[Click here](#) for information on VDH COVID-19 Vaccination Response.



---

*Copyright © 2015 NRVCS, All rights reserved.*

[About REACH](#)

[Fact Sheet-Adult](#)   [Fact Sheet-Children](#)

[Contact REACH Region III](#)

**Our mailing address is:**  
824 W. Main St., Radford, VA 24141

**Crisis and Information Line - 1.855.887.8278**  
**Business - 540.267.3435**  
**Fax - 540.267.3403**

Email - [info@swvaREACH.org](mailto:info@swvaREACH.org)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)

[Visit Our Website](#)

[Feedback and Submissions!](#)

[Last Month's Newsletter](#)

[Subscribe!](#)



Share



Tweet



Forward

---

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

REACH Region III / NRVCS · 824 West Main Street · Radford, VA 24141 · USA

