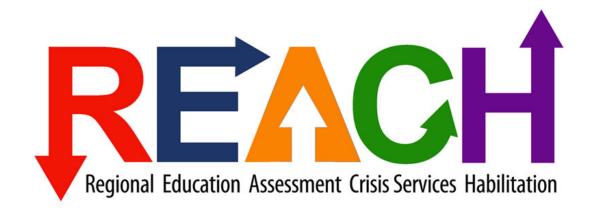
REACH Region III – The Newsletter Vol.8, No.03, March 2022

View this email in your browser





### **Developmental Disabilities Awareness Month**

Each March, the National Association of Councils on Developmental Disabilities (NACDD), and our partners work together to create a social media campaign that highlights the many ways in which people with and without disabilities come together to form strong, diverse communities.

Click here to learn more.

REACH Region III - Monthly Report: February
Click here to view

# **Update**



### February Data

### **Adults**

Referrals: 41 Active Clients: 71

Crisis Plan Hours: 69.17 Crisis Prevention hours:

325.45

#### **Calls to Crisis Line**

Information: 39
Crisis Prevention: 65
Crisis Face to Face
Response: 19 Face to
Face + 5 Telehealth
Total Calls: 128

Average Crisis/Face to Face Response Time: 54.67 minutes

# **Crisis Therapeutic Home**

Emergency Bed Days: 0 Step-down Bed Days: 28 Prevention Bed Days: 25

#### Children

Referrals: 14 Active Clients: 43 Crisis Plan Hours: 26.5 Crisis Prevention Hours:

190.28

### **Clinical Corner**



# How To: Motivating the Individual with ASD

vcsautismcenter.org

Motivation is a billion dollar a year industry.

Motivation to go to the gym. Motivation to eat healthy. Motivation to improve work performance.

We ALL need a little extra help in the motivation department.

Click on the video above or click here to view.

### **Videos**



#### Calls to Crisis Line

Information: 16
Crisis Prevention: 5
Crisis Face to Face
Response: 7 Face to
Face + 1 Telehealth
Total Calls: 29

Average Crisis/Face to Face Response Time: 35.88 minutes

#### **Our Referral Form**

Click here to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

#### **REACH Region III**

Email: info@swvareach.org Fax: 540.267.3403

# **Apps**



### Seeing Al

Microsoft Corporation

Seeing AI is a free app that narrates the world around you. Designed for the blind and low vision community, this ongoing research project harnesses the power of AI to open up the visual world and describe nearby people, text and

### Developmental Disabilities Awareness Month 2022 Celebration Video

NACDD/YouTube.com

The National Association of Councils on
Developmental Disabilities (NACDD) is so excited to
be kicking off Developmental Disabilities Awareness
Month with you all! Our theme this year is Worlds
Imagined so check out what everyone wants to
Imagine in this new world!

Click on video above or click here to view.



# Daily Calm 10 Minute Mindfulness Meditation Be Present

Calm/YouTube.com

Tamara Levitt guides this 10 minute Daily Calm mindfulness meditation to powerfully restore and reconnect with the present.

Click on video above or click here to view.

objects.

Click here to learn more.

# Books & Podcasts



The Un-Babbled Podcast

parishschool.org

Each episode covers a different topic related to education or child development.

Click here to learn more and for the latest episodes!

# DBHDS/Office of Integrated Health

Health

The Latest Newsletter in the Archive Included:

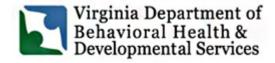
My Care Passport & Advocacy Tip Sheets

App of the Month - The United Nations Convention on Rights of Persons with Disabilities app (CRPD)

**DentaQuest Information** 

**ABA Snippets** 

<u>Click here</u> to view safety alerts and the newsletter archive.



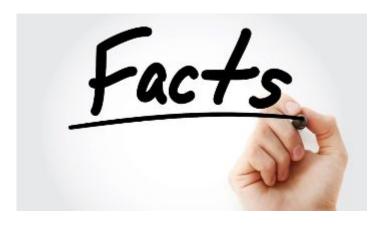
# Diversity & Inclusion



Albany nonprofit Living Autism Out Loud focuses on serving people of color

timesunion.com

"The journey with autism can be so isolating"



# Plain Language COVID-19 Fact Sheets

md-council.org

Click here to view.

Click here to continue reading.

Available in English, Spanish, Russian, Korean, French, Chinese, and Amharic

# **Opportunities and Events**



<u>CA Human Services: ADOS-2 Virtual Training</u>
(fee-based)

When: May 4 - 6

<u>CA Human Services 20th Annual Autism Conference - Community:</u>
<u>Stronger Together</u>
(fee-based)

When: May 17th - June 17th

Salem YMCA: Adapted Aquatics (fee-based)

This program is for children with special needs who want to learn how to swim. Children will not only gain the confidence and skills to be in the water, but will also work on fine and gross motor skills, sensory stimulation and many other beneficial aspects to life in and out of the pool. Time and dates vary.

Contact Aquatics Director Marianne Fleenor at <u>mfleenor@ymcavbr.org</u>

Members: \$40/ Non-Members: \$56

# <u>Disability Policy Seminar - Hosted by 7 national disability organizations</u> (fee-based)

When: March 28-30 Washington, DC

# **Employment Opportunities**

Come check out our job openings for REACH Region III.

Click here for the flyer.

For more information on available positions and to apply click here.

### **DBHDS**



Click Here for the website.

<u>Click Here</u> for Provider Development.

### Resources

### The ARC of the United States

Our Virtual Program Library for People With Disabilities Is Now Live!

Looking for online activities that someone with disabilities in your life can use to keep busy as the weather cools down?

We're excited to share our new Virtual Program Library, a free hub full of on-demand activities that can be done from home by people with disabilities, their families, and service providers.

Topics include arts, community and life skills, health and wellness, virtual clubs, and more.

Visit the hub to check out the resources we have so far and share it with your networks so it can continue to grow into a robust resource for people with disabilities and their supporters!

Click here to view!



### Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- · Help with paying for childcare
- · Home energy assistance
- · Help with buying food
- · Low or no-cost healthcare
- · Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's <u>online eligibility</u> <u>portal</u>. The portal will tell you which programs you qualify for and how to apply for them online. Visit the <u>CommonHelp website</u> to learn more about the programs and government agencies that they partner with.

# The Employment Toolkit for Job Seekers with Autism

readyjob.org

Click here to view.





The Arc of Virginia

The Virginia Tech Autism Clinic

Our Mission. The Arc of Virginia promotes and

VTAC in the Psychology Department of Virginia

protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

*Our Vision.* People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

Click here for their website.

Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

Click here for Events and News!

Click here for their website.



#### **NADD**

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. <u>Click here</u> for their website.



Special needs require special attorneys.

### The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. Click here for their website and here for The Voice -Special Needs Alliance Newsletter.



### The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. <u>Click here</u> for more information.



#### **Commonwealth Autism**

<u>Click here</u> to view Resources compiled by **Commonwealth Autism**.



### **New River Valley Disability Resource Center**

A Non-Profit Center for Independent Living; Serving the NRV

Click here for their website for Events and Resources.

# Vaccine Information Center - Virginia Department of Health

Click here for information on VDH COVID-19 Vaccination Response.



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About REACH

Fact Sheet-Adult Fact Sheet-Children

Contact REACH Region III

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Business - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

Want to change how you receive these emails? You can <u>update your preferences</u> or <u>unsubscribe from this list</u>

Visit Our Website

### Feedback and Submissions!

### Last Month's Newsletter

### Subscribe!





