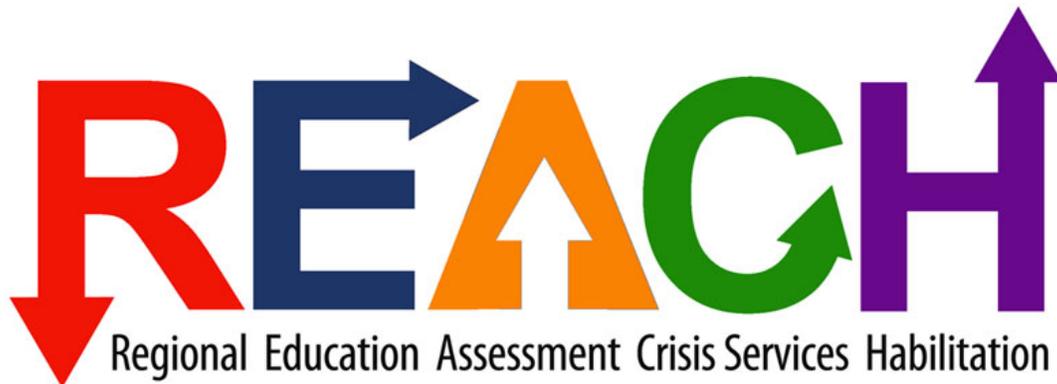


REACH Region III – The Newsletter
Vol.7, No.12, December 2021

[View this email in your browser](#)



REACH Region III - Monthly Report: November

[Click here](#) to view



Update

Clinical Corner



November Data

Adults

Referrals: 34
 Active Clients: 109
 Crisis Plan Hours: 35.7
 Crisis Prevention hours:
 618.07

Calls to Crisis Line

Information: 23
 Crisis Prevention: 94
 Crisis Face to Face
 Response: 30 Face to
 Face + 1 Telehealth
Total Calls: 148

*Average Crisis/Face to
 Face Response Time:*
 44.9 minutes

Crisis Therapeutic Home

Emergency Bed Days: 30
 Step-down Bed Days: 30
 Prevention Bed Days: 30

Children

Referrals: 25
 Active Clients: 75
 Crisis Plan Hours: 86.6
 Crisis Prevention Hours:
 285.96

Calls to Crisis Line

Information: 17
 Crisis Prevention: 12
 Crisis Face to Face
 Response: 17 Face to
 Face + 1 Telehealth
Total Calls: 47

*Average Crisis/Face to
 Face Response Time:*
 56.78 minutes



ACCESS Division 33: E4. Prader-Willi with Dr. David Michalec

division33.org/podcast

ACCESS Division 33 is the official podcast of Division 33 of the American Psychological Association. In each episode, a member of our Division is interviewed, discussing their work and why it is important to the lives of individuals with IDD and ASD and those who support them.

In this episode, Dr. David Michalec (Nationwide Children's) discusses Prader-Willi Syndrome, what parents can do to help their children with PWS, and how professionals support these children and families (10 mins, 47 sec).

[Click here](#) to listen.

Working with Adults with Developmental Disabilities

apa.org

Our Referral Form

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

REACH Region III

Email: info@swvareach.org

Fax: 540.267.3403

There is a yawning gap between the need for and the availability of mental health services for adults with intellectual and developmental disabilities.

Here are some ways psychologists can help meet that demand.

[Click here](#) to continue reading.

Apps



Learning Ally Audio

This app provides over 75,000 audiobooks, audio textbooks, and other recorded books to help anyone who experiences difficulty in reading print material succeed.

[Click here](#) to learn more.

Videos



Supporting Your Family During Coronavirus -A Q&A w/ Dr. Temple Grandin

Autism Society Central Virginia/YouTube.com

Dr. Temple Grandin is a World-Renowned Autism Activist, Best-Selling Author, Animal Welfare and Behavior Expert, and she will be speaking about how to help individuals with autism cope with the ongoing changes associated with the COVID-19 pandemic.

Click on video above or [click here](#) to view.

Books & Podcasts



You Are Enough: A

Book About Inclusion

By Margaret O'Hair (Author),
Sofia Sanchez (Author), Sofia
Cardoso (Illustrator)

This inclusive and empowering picture book from Sofia Sanchez, an 11-year-old model and actress with Down syndrome, reminds readers how important it is to embrace your differences, be confident, and be proud of who you are.

[Click here](#) to learn more.

Diversity & Inclusion



Equity, Diversity, and Inclusion: Inclusive Language Guidelines

American Psychological Association

This guideline includes:

- Inclusive Language in Writing
- Avoiding Microaggressions in Language

[Click here](#) for this resource.



How to Make Fake Snow at Home

Kerala Geeks/YouTube.com

Make your own snow at home with water & sodium polyacrylate and play with it. 100% Non-Toxic.

Click on video above or [click here](#) to view.

Health

DBHDS/Office of Integrated Health

The December Newsletter Includes:

- Advocacy in Acute Care Settings
- Health Care Advocacy Resources
- App of the month: PatientAider
- ABA Snippets

[Click here](#) to view.

[Click here](#) to view safety alerts and the newsletter archive.

Opportunities and Events



Blue Ridge Autism and Achievement Center Parent and Community Trainings (FREE)

What: Parent and Community Trainings

When: Last Thursday each month, 5:30pm-6:30pm

[Click here](#) to learn more.

Virtual Events

Blue Ridge Leadership Education in Neurodevelopmental Disabilities (LEND) Program:

Ongoing Virtual Lunch and Learn Lecture Series (FREE)

Fridays, noon-1pm (or times may vary)

[Click here](#) to learn more and to register.

Autism Society of Central Virginia Caregiver Resources - On Demand/Virtual

[Newly Diagnosed Workshop for Families Who Have Received an Autism Diagnosis with the ASCV](#)

[Self-Compassion in Parenting with Recognizing Children's Gifts](#)

["Sincerely, Your Autistic Child with Morénike Giwa-Onaiwu"](#)

["Disability as Possibility" with Hari Srinivasan](#)

["Supporting Your Family During Coronavirus - A Q&A with Dr. Temple Grandin"](#)

Establishing Tax Basics of Special Needs Trusts

In this Chartered Special Needs Consultant® (ChSNC®) webcast, trust planning expert and guest presenter Vincent J. Russo, Managing Shareholder at the Russo Law Group, takes a comprehensive look at special needs trusts (SNTs) and their uses in financial planning, including how taxes treat first- and third-party trusts, considerations for drafting trusts, differences between types of SNTs, and how grantors and beneficiaries may be affected.

[Click here](#) to view.

Parent Educational Advocacy Training Center

PEATC is a statewide nonprofit whose passion is to empower families of children with disabilities in Virginia. Our central focus is on families who are navigating the special education and disability service system.

Additional areas of targeted outreach:

[Bullying Awareness](#)

[Early Childhood](#)

[Family Engagement](#)

[Latino Outreach](#)

[Military Outreach](#)

[Transition to Adulthood](#)

PEATC can help you learn to: Move through the special education and disability services system maze, build effective communication skills, encourage self-advocacy and self-determination in students, and develop collaborative partnerships

PEATC provides one-on-one consultations; workshops, webinars and trainings; and easy to understand factsheets. All services to Virginia's families are free and confidential.

[Click here](#) to learn more.

Virtual Monthly Autistic Adult Support Group

Are you an adult on the autism spectrum and live in Virginia?

cools down?

We're excited to share our new Virtual Program Library, a free hub full of on-demand activities that can be done from home by people with disabilities, their families, and service providers.

Topics include arts, community and life skills, health and wellness, virtual clubs, and more.

Visit the hub to check out the resources we have so far and share it with your networks so it can continue to grow into a robust resource for people with disabilities and their supporters!

[Click here](#) to view!



Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit the [CommonHelp website](#) to learn more about the programs and government agencies that they partner with.

The Employment Toolkit for Job Seekers with Autism

readyjob.org

[Click here](#) to view.



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for Events and News!

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel



Commonwealth Autism

[Click here](#) to view Resources compiled by **Commonwealth Autism**.

development and knowledge regarding autism in Virginia. [Click here](#) for more information.



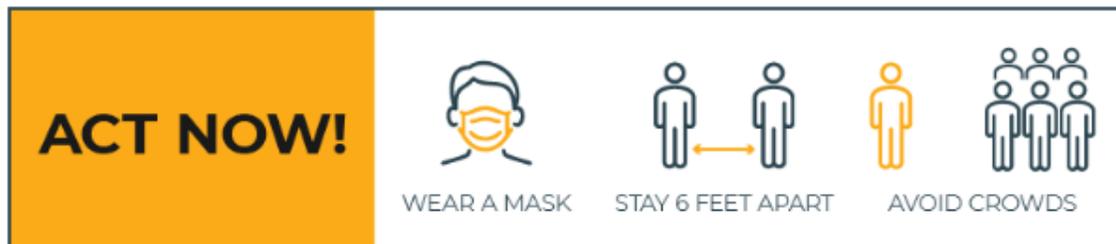
New River Valley Disability Resource Center

A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.

**Vaccine Information Center -
Virginia Department of Health**

[Click here](#) for information on VDH COVID-19 Vaccination Response.



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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

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Fax - 540.267.3403

Email - info@swvaREACH.org

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