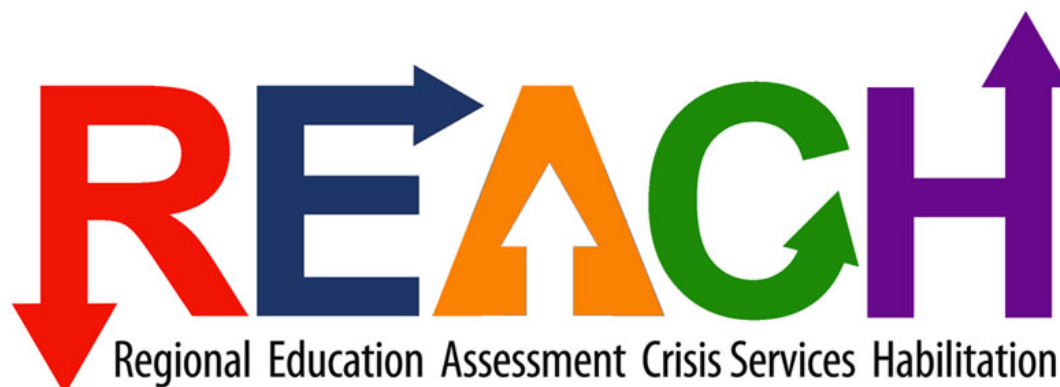


REACH Region III – The Newsletter
Vol.7, No.11, November 2021

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REACH Region III - Monthly Report: October

[Click here](#) to view

Update

Clinical Corner



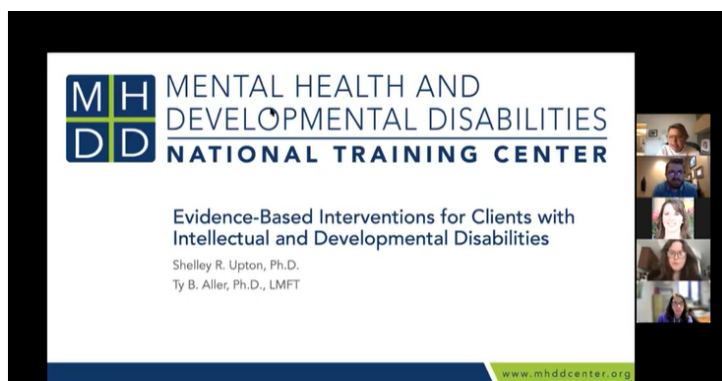
October Data

Adults

Referrals: 38
Active Clients: 112
Crisis Plan Hours: 116.4
Crisis Prevention hours: 540.45

Calls to Crisis Line

Information: 40
Crisis Prevention: 100
Crisis Face to Face Response: 27 Face to Face + 2 Telehealth



MHDD Continuing Ed Series: Evidence-Based Interventions for Clients with Developmental Disabilities

MHDD National Training Center

Webinar Introduction:

- Medications are often overprescribed and are used to treat challenging behaviors in isolation rather than the syndrome.

Total Calls: 169

Average Crisis/Face to Face Response Time:
45.7 minutes

Crisis Therapeutic Home

Emergency Bed Days: 57
Step-down Bed Days: 31
Prevention Bed Days: 18

Children

Referrals: 25
Active Clients: 61
Crisis Plan Hours: 97.7
Crisis Prevention Hours: 285.15

Calls to Crisis Line

Information: 16
Crisis Prevention: 12
Crisis Face to Face Response: 17
Face to Face + 1 Telehealth
Total Calls: 46

Average Crisis/Face to Face Response Time:
36.47 minutes

Our Referral Form

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

REACH Region III

Email: info@swvareach.org
Fax: 540.267.3403

- Traditional psychological interventions have emphasized reduction of problem behaviors and largely disregarded emotional experiences of individuals with I/DD-MHI. This could be because aggressive or disruptive behaviors are the most common reasons a person with I/DD is referred for MHI treatment.
- There is a growing body of research suggesting that psychological interventions can be successfully used to manage psychological and behavioral challenges of MHI in adults with I/DD.

[Click here](#) to view the webinar.

[Click here](#) to download a copy of the slides from the webinar.

Videos



Thanksgiving Social Story

The Sensory Corner/YouTube.com

What are some things that you can do in order to have a successful Thanksgiving for everyone?

Here are 10 tips to survive the holiday with less stress.

Apps

Click on the video above or [click here](#) to view.



Speechify

Speechify is a great text to speech app on the market available for iOS that is also available in a web-based format for your computer.

There is even a convenient Chrome extension for users of the Google Chrome web browser.

[Click here](#) to learn more.



4 Easy DIY Autumn Crafts

Moon Craft/YouTube.com

Click on the video above or [click here](#) to view.

Health

DBHDS/Office of Integrated Health

The November Newsletter Includes:

Antibiotic Resistant Infections

App of the Month: WHO Info

ABA Snippets

What Does a WC-19 Transport Safe Label on a Wheelchair Mean?

[Click here](#) to view.

[Click here](#) to view safety alerts and the newsletter archive.

Books & Podcasts



It's Thanksgiving - An Adapted Interactive Book

by: Michelle Breaux

It's Thanksgiving is a fun adapted interactive book that tells the story of the first Thanksgiving and the traditions of Thanksgiving today.



[Click here](#) to learn more.

Diversity & Inclusion



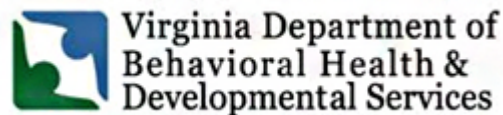
How Can I Plan Inclusive Holiday Celebrations?

adl.org

Most people love a celebration! Adults flutter around busily preparing for the festivities.

Children are abuzz with excitement. Special foods are eaten, special heirlooms brought down from the shelf. Traditions are passed down from generation to generation.

[Click here](#) to continue reading.



Antibiotic/Antimicrobial Resistance

cdc.gov

Antibiotic resistance happens when germs like bacteria and fungi develop the ability to defeat the drugs designed to kill them. That means the germs are not killed and continue to grow.

Infections caused by antibiotic-resistant germs are difficult, and sometimes impossible, to treat. In most cases, antibiotic-resistant infections require extended hospital stays, additional follow-up doctor visits, and costly and toxic alternatives.

Antibiotic resistance does not mean the body is becoming resistant to antibiotics; it is that bacteria have become resistant to the antibiotics designed to kill them.

[Click here](#) to read more.

Opportunities and Events



Turning 18 in Virginia: What Individuals With Disabilities Need to Know

Workshop by PEATC

What: Turning 18 is a big deal. An 18-year-old is legally considered an adult in Virginia and can make legal, financial, medical, and educational decisions in his/her life. For some individuals with disabilities, this will not be an issue. Others may need support. This workshop will share basic information about things that need to be considered as your loved one turns 18.

When: Nov 16th, 6:30pm - 8:00 PM

[Click here](#) to register and learn more.

Blue Ridge Autism and Achievement Center Parent and Community Trainings (FREE)

What: Parent and Community Trainings

When: Last Thursday each month, 5:30pm-6:30pm

[Click here](#) to learn more.

Virtual Events

Parent Educational Advocacy Training Center & the Va. Department of Education:

Parent friendly transition to adulthood courses (FREE)

Transition University will offer a 5-session **self-paced** online series to help parents/guardians navigate the transition process for their school age child and prepare for the adult world.

Available: October 10-November 30

[Click here](#) to learn more and to register.

Blue Ridge Leadership Education in Neurodevelopmental Disabilities (LEND) Program:

Ongoing Virtual Lunch and Learn Lecture Series (FREE)

Fridays, noon-1pm (or times may vary)

[Click here](#) to learn more and to register.

Virtual Monthly Autistic Adult Support Group

Are you an adult on the autism spectrum and live in Virginia?

Our free, monthly support group for autistic adults will be held virtually on Zoom on the first **Tuesday of the month from 6:30-7:30pm, starting February 2.**

This online support meeting will discuss what YOU want to talk about. Examples of past topics: setting personal goals, dealing with angry or sad emotions, identifying personal learning styles.

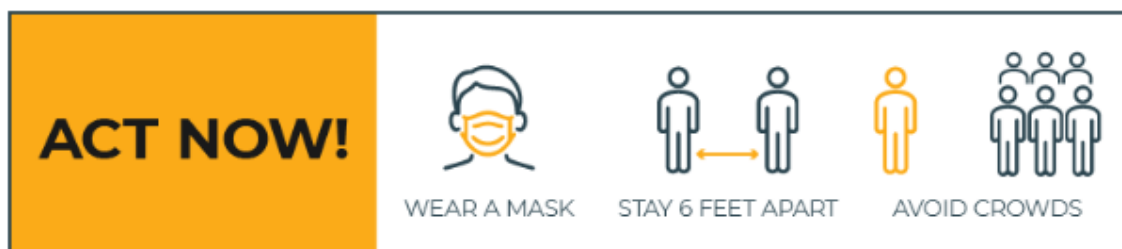
Meetings will be moderated by a VT clinical psychology graduate clinician; however, any discussion will be mainly facilitated by the autistic adults in the group.

To sign up for a meeting visit

<https://virginiatech-hipaa.zoom.us/meeting/register/tZAkfu2ggz0pE9RIOModcaxCwXQVqfV3KKXp>

Please sign up to join no later than 12pm the day of

Address questions to Megan at mfok@vt.edu



Employment Opportunities

Come check out our job openings for REACH Region III.

[Click here](#) for the flyer.

For more information on available positions and to apply [click here](#).

DBHDS



Virginia Department of
Behavioral Health &
Developmental Services

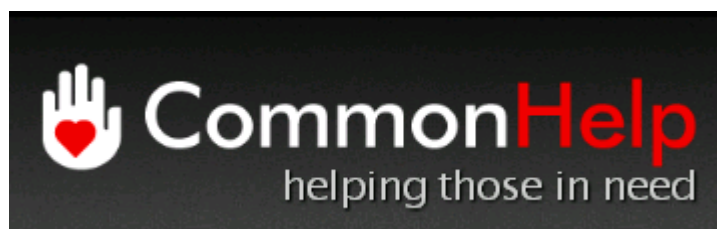
[Click Here](#) for the website.

[Click Here](#) for Provider Development.

Resources

Vaccine Information Center - Virginia Department of Health

[Click here](#) for information on VDH COVID-19 Vaccination Response.



Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit the [CommonHelp website](#) to learn more about the programs and government agencies that they partner

with.

The Employment Toolkit for Job Seekers with Autism

readyjob.org

[Click here](#) to view.



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for Events and News!

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.



Commonwealth Autism

[Click here](#) to view Resources compiled by Commonwealth Autism.



New River Valley Disability Resource Center

A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.

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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

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