

Update

Clinical Corner



August Data

Adults

Referrals: 25
Active Clients: 155
Crisis Plan Hours: 51.75
Prevention hours: 625

Calls to Crisis Line

Information: 12
Prevention: 125
Crisis/Face to Face
Response: 28

Crisis Therapeutic Home

Emergency Bed Days: 78
Step-down Bed Days: 93
Prevention Bed Days: 8



The Road to Resilience

www.apa.org

How do people deal with difficult events that change their lives? The death of a loved one, loss of a job, serious illness, terrorist attacks and other traumatic events: these are all examples of very challenging life experiences. Many people react to such circumstances with a flood of strong emotions and a sense of uncertainty.

Yet people generally adapt well over time to life-changing situations and stressful conditions. What enables them to do so? It involves resilience, an ongoing process that requires time and effort and engages people in taking a number of steps.

Children

Referrals: 15
Active Clients: 64
Crisis Plan Hours: 20
Prevention Hours: 197

Calls to Crisis Line

Information: 8
Prevention: 8
Crisis/Face to Face
Response: 8

We have a new referral form!

Please replace the old form with this new form.

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

REACH Region III

Email: info@swvareach.org
Fax: 540.267.3403

Apps



Provider Resilience

Provider Resilience gives frontline providers tools to keep themselves productive and emotionally healthy.

What is resilience? [Click here](#) to learn more.

In The News



Back to School

Autism Society

It is hard to believe that summer is ending and that means that school is back in session. As the new school year gets underway, incoming students are adjusting to a new schedule and new teachers, navigating classes and peer groups, and just simply trying to figure themselves out. However, for children on the autism spectrum, the return to school can be much more complex.

[Click here](#) for the digital back to school resource kit!

Disaster Preparedness Tips

Autism Society

Tips from an interview with Mike Tripodi, a Board member and member of the Adult Support group of the Autism Society of the Greater Capital Region in Albany, NY. Mike

[Click here](#) to learn more.

Books & Podcasts



Promoting Self-Determination in Students with Developmental Disabilities

by Michael L. Wehmeyer

Growing evidence suggests that self-determination is a significant factor in improving educational and transition outcomes in students with intellectual and developmental disabilities.

This volume reviews the breadth of available methods for teaching components of self-determination--including choice making, problem solving, decision making, goal setting, self-advocacy, and self-regulated learning.

[Click here](#) to learn more.

Diversity & Inclusion

is also a Volunteer Shelter Manager for the American Red Cross, Eastern NY Region.

Mike has some advice from his experiences as an individual who is on the spectrum for others who are on the spectrum and who may have to evacuate to a disaster shelter.

1. Noise and Lack of Quiet Space.

Shelters are generally a large open space with about a hundred people. They are noisy, public spaces 24 hours a day. Sometimes they may have lights that can't be shut off, and it is very tight quarters.

Encourage members to bring noise canceling headphones, comfort items, bedding and toys. Anything you need in public places, bring. Often in evacuation situations there may be a lack of cots, blankets and 90% of the time there are no pillows provided.

[Click here](#) to continue reading.

Medical News





Diversity at Work

Supporting Employees with Disabilities

[hrcouncil](#)

People with disabilities may just have the skills and competencies you require within your organization yet they are often under-employed. It is important to consider how your organization can tap this potential source of employees.

In general, creating an inclusive and supportive workplace involves:

1. Leading by example with a clear commitment from the top down that diversity is important
2. Adopting policies and procedures to support diversity, anti-discrimination and anti-harassment
3. Promoting (both internally and externally) the organization's commitment to diversity
4. Holding all staff and volunteers accountable
5. Providing training and awareness in the workplace

[Click here](#) to learn more.

What Makes A Human Brain Unique?

NPR: Morning Edition - Jon Hamilton

Scientists have taken another step toward understanding what makes the human brain unique.

An international team has identified a kind of brain cell that exists in people but not mice, the team reported Monday in the journal *Nature Neuroscience*.

"This particular type of cell had properties that had never actually been described in another species," says Ed Lein, one of the study's authors and an investigator at the Allen Institute for Brain Science in Seattle.

The finding could help explain why many experimental treatments for brain disorders have worked in mice, but failed in people. It could also provide new clues to scientists who study human brain disorders ranging from autism to Alzheimer's disease to schizophrenia.

[Click here](#) to continue reading or to listen.

Opportunities and Events



The Individual and Family Support Program Registration is **NOW OPEN**

The Individual and Family Support Program (IFSP) assists individuals with developmental disabilities and their families with accessing person-centered and family-centered resources, supports, services and other assistance.

The program's primary target population is individuals on the waiting list for Virginia's Developmental Disabilities (DD) Medicaid waivers.

[Click here for more information!](#)

Autism Spectrum Disorder: Accredited Webcast Series

Complimentary!

This six-part, accredited educational series has been developed to provide a comprehensive overview of autism spectrum disorder (ASD) with the goal of developing an understanding of the disorder and promoting optimal outcomes and compassionate care for these individuals and their families.

There are **no fees** for participating in or receiving credit for these activities.

Intended audience

This series is designed to meet the educational needs of case managers, counselors, educators, nurses, nurse practitioners, pharmacists, pharmacy technicians, PAs, physicians, psychologists, social workers, therapists and other health care professionals (HCPs) who have an interest in ASD.

[Click here](#) to learn more.

Collaboration & Communication for Parent and Schools

WHAT: This workshop provides information for parents on how to most effectively work with schools in order to achieve the best outcomes for their children with disabilities. We will discuss communication skills and strategies, information on preparing for and actively participating IEP and other meetings,

PRESENTER: Mrs. Tracy Lee, Family Engagement Specialist VDOE

COST: FREE

WHO: Parents, guardians, teachers, service providers, and community members

WHEN: October 29, 2018
6-7:30pm

WHERE: School Board Office
750 Imperial St.
Christiansburg, VA

For more information see [flyer here](#).

Schedule of Events: Fall 2018

In partnership, IDA & Special Olympics is pleased to offer exciting fall programs & activities.

Previous experience not required, so come have fun!!!

Inclusive programs for people with & without intellectual disabilities. All are challenged to improve skills, develop friendships & understanding of each others capabilities through a spirit of equality & team unity.

[Click here](#) for flyer.

[Click here](#) to download registration form.



Oktoberfest with IDA 2018

Live Music. Authentic German Food. Fun for All Ages.

Admission: \$35 (12 and under discount) Available on Eventbrite. Price includes Bavarian dinner, beverage, dessert and entertainment.

[Click here](#) to learn more and get your tickets.

Sensory Friendly Show at Barter Theatre

Hello from the Barter Players!

We'd like to invite you and your family to the Barter Players' **Sensory Friendly Performance** of ***The Adventures of Tom Sawyer*** on Sunday, October 21, 2018 at 7:30pm at Barter Theatre Stage II.

The Barter Players want to make theatre in Southwest Virginia more accessible to all audience members. In order to accomplish this, we will have specific Sensory Friendly Performances in our 2019 season!

This Sensory Friendly Performance of *The Adventures of Tom Sawyer* is a free performance for you, your family and anyone else you think might be interested in taking part, and is a chance for you to offer your feedback to us so we can ensure our Sensory Friendly Performances are as welcoming and inclusive as possible moving forward.

A Sensory Friendly Performance is a performance where slight adjustments are made, including the reduction of any jarring sounds or strobe lights, and house lights that remain on, but at a low level.

These performances are "Shush-Free", which means that you are welcome to talk, make sound, and walk around as you need to enjoy the show. We work closely with professional consultants, including the TDF National Autism Friendly Performance Training Program, to make these shows accessible and enjoyable for everyone.

Tickets to the event are free, but we do ask 2 simple things in exchange:

1. Please **reserve your free admission** by calling our box office at **(276) 628-3991**. If you would like a wheelchair-accessible seat, please let our box office know when you call for your tickets. Seating is very limited and on a first-come first-served basis for this performance, so please call as soon as you are able; we will not be admitting walk-up patrons to this invited performance so we can make sure there is room for audience members to walk around as they like.

2. We will send you an email after the performance with a **feedback survey**. Please complete this survey and get it back to us, as we highly value your input on how we can make our Sensory Friendly Performances as enjoyable as possible for everyone moving forward!

We will be having a **Touch Tour** from 6:45pm-7:00pm; if you would like to handle and see many of the props and costumes used in the show, you are welcome to join us for that! Doors will open for seating at 7:00pm for the 7:30pm performance.

For **more information**, including upcoming links to Social Narratives, Video Introductions to the theatre, and Video Introduction to the cast and story of *The Adventures of Tom Sawyer*, please visit our website at: <https://bartertheatre.com/shows/barter-players/sensory-friendly-performances>



Virginia's Medicaid Expansion New Health Coverage for Virginia Adults. **A Toolkit for Advocates**

VIRGINIA MEDICAID EXPANSION OVERVIEW:

The rules for health coverage in Virginia have changed, and we need everyone's help to spread the word.

Soon, many of our neighbors, friends and family members will be eligible for a new coverage option that offers quality, low-cost services. Beginning January 1, 2019, this coverage will be available for up to 400,000 adults, including many people who work in retail, construction, childcare, landscaping, food service or other jobs that don't provide health insurance.

Virginians who may have applied for Medicaid in the past and been denied may be eligible beginning January 1, 2019.

[Click here](#) for **A Toolkit for Advocates** to learn more.

Access the eligibility tool on www.coverva.org to see if someone you know may be eligible for coverage

NRVCS Autism Support Group

What: A monthly support group meeting for local families. Meetings are educational, parent-driven, and supportive. Individuals with Autism Spectrum Disorders (including those previously diagnosed with Asperger's Syndrome, Pervasive Developmental Disorder, Childhood Disintegrative Disorder, Rett's Disorder), and other developmental and/or intellectual disabilities are welcomed to join.

When: Monthly

Where: NRVCS Radford Center, 401 W. Main Street, Radford, VA 24141 ([Click here](#) for Map)

Parents: Wadsworth Room (#119)*

Kids: Norwood Room (#108)

***Please sign in youth in the Norwood Room!**

[Click here](#) to subscribe to mailing list, so that you can be made aware of meeting dates/times/staff and menu!



Do you have an event that you would like to see in the newsletter? [Click here](#) to submit it!

Employment Opportunities

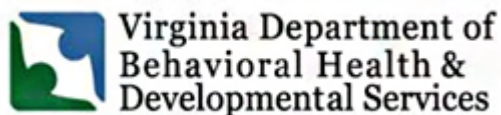
Come check out our job openings for REACH Region III.

[Click here](#) for the flyer.

For more information on available positions and to apply [click here](#).

Do you have an open position you would like to see in our newsletter? [Click here](#) to submit it.

DBHDS



[Click Here](#) for the website.

[Click here](#) to review - **General Memo RE: HB 1775 ID to DD Change 2017**

Resources



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for their Blast Announcement with **Events, Research, and Monthly Group Meetings!**

[Click here](#) for their website.



Special needs require special attorneys.

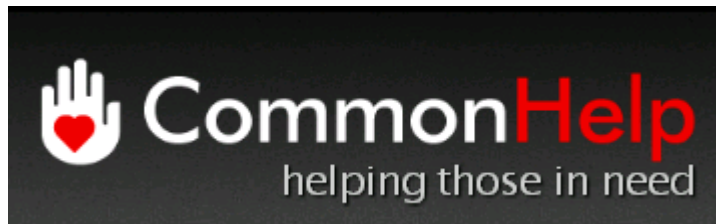
The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website.



Commonwealth Autism

[Click here](#) to view State Resources compiled by **Commonwealth Autism.**



Virginia CommonHelp

Apply for help with food, child care, heating and cooling bills, health care and cash assistance. [Click here](#) for their website.

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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Local Calls - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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The MailChimp logo is centered within a light gray rectangular box. The logo itself is written in a white, cursive script font.