



Welcome to the Radford Youth Adult Partnership February 1, 2018 Meeting

Next meeting: Thursday, March 1st, from 4:00 – 5:00 p.m. in the conference room at the Radford Public Library

AGENDA: Today's meeting focused on Healthy Relationships Week, updates from the PFS grant, moving forward with the ABC Prevention and Education grant for 2018.

February 1st, 2018 4:00 – 5:00 p.m. RYAP Minutes

Attendance:

Dr. Pam Ray
Samantha Wilhelmi
Kirsten Smith, facilitator

Rhonda Dean
Hollie Fitzgerald

Nycole deLeeuw
Donte' Morrison

- I. **Welcome, Introductions, and Announcements:** Coalition facilitator, Kirsten Smith, welcomed coalition members to the meeting and introductions were made.
- II. **Agenda Approval:** The February 1st, 2018 agenda was unanimously approved with no changes after a motion from Dr. Pam Ray, which was seconded by Rhonda Dean.
- III. **Minutes Approval:** The January 11th, 2018 meeting minutes were unanimously approved after a motion from Dr. Pam Ray, which was seconded by Samantha Whilhemi.
- IV. **Community Updates:**
 - a. **Potato Drop:** Dr. Pam Ray reported on the Potato Drop, which being hosted by the New River Glean Team. 48,000 lbs. of potatoes were donated from the Saint Andrews Society in Main and the glean team is distributing 50lb bags to agencies with clients in need. There is one 50lb bag of potatoes left, please call Pam at 953-1805 or text at 57702144 if you would like the last bag of potatoes for your agency to distribute.
 - b. **Urgent Love:** Dr. Pam Ray and Rhonda Dean reported on the #LonelyDropBox grassroots project sponsored by the Urgent Love initiative. This project is dedicated to decreasing access to opioids by contacting pharmacy CEOs via mail and requesting an installation of a drop-box inside their local southwestern Virginia pharmacy location for safe disposal of medications. Currently, there are 7 out of 218 pharmacies in southwestern Virginia that provide a medication drop-box. Please contact Dr. Pam Ray for pre-stamped post cards if you would like to distribute them to your agency to be filled out and mailed to the pharmacy CEOs. More information on this project can be found at lonelydropbox.org.
- V. **Healthy Relationships Week (HRW):** Donte' Morrison, Peaceline Coordinator at the Women's Resource Center, reported on the upcoming Healthy Relationships Week events at Radford High School. This year, HRW will be February 12th-16th and the events will take place during the high school's lunch times. Flyers will be displayed in the hallways to boost participation. This year, there are about 20 students on the HRW planning committee that selected 5 themes, one per day; social media safety, consent, healthy boundaries, breaking up, and how to help a friend in an unhealthy relationship. More information about these topics can be found at breakingthecycle.org (Breaking The Cycle). Donte' will also be making an announcement to the students to encourage participation in the Student Conversations planned on February 28th. For more information please contact Kirsten Smith, RYAP facilitator, or Donte' Morrison (peaceline3@wrcnrv.org)

- VI. Partnerships for Success (PFS) Grant:** Rhonda Dean reported on the PFS grant, which is a 5-year, \$120,000 grant awarded to the New River Valley through the Pulaski Community Partners Coalition (PCPC). The PFS grant updates are as follows:
- a. Regional Coalition: Rhonda Dean reported on the progress of the Regional Coalition, a strategy that came out of the PFS work plan. This coalition currently consists of the facilitators of the 5 New River Valley substance abuse coalition leads and the NRVCS prevention supervisors. The coalition met on January 3rd, and initially intended to discuss and work on a mission statement, vision statement, goals, and membership job descriptions for regional coalition. However, due to the holidays, individuals were missing from the meeting, so discussion about the regional coalition's structure was tabled and instead, coalition leads discussed the structures of their own coalitions since each coalition is at a different place. All NRV Substance Abuse coalitions can expect to revisit their structure, mission, vision, executive boards, etc. in the upcoming year in order to create uniformity and strength across the region.
 - b. The Face of Addiction is Mine: Rhonda Dean also reported on the progress of yet another PFS grant work plan strategy, a media campaign surrounding the reduction of substance abuse disorder and recovery stigma in the NRV. The campaign, which includes a Facebook, Twitter, Instagram, Snapchat, and YouTube account as well as a website and a magazine publication, is due to tentatively launch in May. Coalition members were asked to brainstorm ideas for potential publication sponsors. The PFS grant does not want to absorb the costs of printing and distributing the magazine, so they will be selling ¼, ½, full page, and cover ads, If you or your agency have any ideas for sponsors, please email Rhonda (rbdean@nrvc.org).
 - c. REVIVE!: Rhonda Dean reported on the 3rd and final PFS work plan strategy, the hosting of REVIVE! Emergency Opioid Overdose Reversal and Naloxone Administration trainings. So far over 125 individuals have been trained in the New River Valley. The PFS grant is actively seeking out agents who may be interested in having their staff trained. The training is approximately 1.5 hours and at the conclusion, those who have completed the training will receive a free prescription of Naloxone, thanks to a partnership with the New River Health District. If you or your agency are interested in this training, please email Rhonda.
- VII. ABC Grant:** Kirsten Smith reported on the progress of the VA ABC Education and Prevention grant, which has been awarded to RYAP for 2017-2018.
- a. HRW Pens: The pens have been dropped off at the Women's Resource Center by Abbie Meier. Kirsten passed around one of the pens for the coalition members to view. At the last meeting, the coalition unanimously approved using 500 pens at Radford High School and donating the other 500 for other NRV high schools after a motion by Vicky Collins, which was seconded by Dr. Pam Ray.
 - b. Student Conversations: Kirsten Smith reported on the first student conversation that had taken place at Radford Public Library from 2:45-4ish Wednesday, 1/24. Kirsten Smith and Lena Rutzinski volunteered to help facilitate the conversation amongst the students/record the conversations. There were 10 students representative of 7th through 12th grade at the event. The topic of this conversation was on the higher binge drinking rates of 10th graders in Radford city versus the national average. Kirsten shared that the students were very willing to talk and share what they perceived to be happening in their school. The next student conversation is scheduled for 2/28 with Dr. Pam Ray and Samantha Wilhelmi volunteering. The coalition agreed that the topic should correspond with Healthy Relationships Week and will be focused on bullying, violence, and healthy relationships. The coalition also set the date for the next planned student

- conversation to be on March 21st at the Radford Public Library 2:45-4PM and are looking for volunteers to help at this event.
- c. Art contest: Kirsten reported having reached out to the art teachers at Radford High and Dalton Intermediate about the upcoming art contest. Per the ABC grant, the theme this year will be *creative depictions of the negative consequences of underage drinking* and both a high school and middle school winner will be chosen to have their work on a billboard. The art contest will be introduced to the students during the third week of March, submissions will be due during the 3rd week in April and the final winner will be chosen at the end of April. Vicky Collins suggested RYAP reviewing all submissions and choosing a top 5 from the middle school and a top 5 from the high school, then having an art teacher from a different school choose a winner. Abbie Meier has spoken with the art teacher at Blacksburg High School and she has graciously offered to be the judge for the final winner. The two billboards will display the winners' artwork during the month June.

Meeting adjourned at 4:59 pm

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