

# **Update**



# **April Data**

### **Adults**

Referrals: **37**Active Clients: **213**Prevention hours: **482** 

# Crisis Therapeutic Home

Emergency Bed Days: **103**Step Down Bed Days: **28**Prevention Bed Days: **44** 

### **Children**

Referrals: **15**Active Clients: **63**Prevention hours: **136.5** 

### Click here to download

# **Clinical Corner**

## **Mental Health Awareness Month**

Millions of Americans are affected by mental health conditions every year. For some facts about the prevalence and impact of mental illness <u>click here</u> to view infographics from <u>nami.org</u>.





# **ADNP Syndrome**

ADNP syndrome is a condition that causes a wide variety of signs and symptoms. Its hallmark features are intellectual disability and autism spectrum disorder, which is characterized by

current REACH Referral Form.

## **Events**

commonwealth >>> autism

### **Commonwealth Autism**

**Events Calendar** 

Click here to view!

### **Effort Event**

WHAT: The Montgomery
County Sheriff's Office in
conjunction with the Fire &
Rescue Departments of the
County have joined forces to
develop a program focusing
on our Community of
Individuals with Disabilities.

We are inviting your loved one to participate in a one day event where they will be introduced to:

- -obstacle courses adapted for all abilities
- -proper method for contacting 911
- -proper ways of effective bandaging
- -understanding safe means for extinguishing fires

**WHEN**: June 24th 10 A.M. - 1 P.M.

**WHERE:** Christiansburg High School 100 Independence Blvd.

For more information call Kim

impaired communication and social interaction. Affected individuals also have distinctive facial features and abnormalities of multiple body systems.

Individuals with ADNP syndrome have mild to severe intellectual disability and delayed development of speech and motor skills such as sitting and walking. Some affected individuals are never able to speak. People with this disorder exhibit features typical of autism spectrum disorder, including repetitive behaviors and difficulty with social interactions.

ADNP syndrome is also associated with mood disorders or behavioral problems, such as anxiety, temper tantrums, attention deficit-hyperactivity disorder (ADHD), obsessive-compulsive disorder, or sleep problems.

<u>Click here</u> to read more from the U.S. National Library of Medicine.

What did you learn?
Click here for quiz!

## **Articles**



People with autism, intellectual

Haug at 540.357.2303 or see Flyer here.

## Chuck E. Cheese's Sensory Sensitive Sundays

**What**: A safe and fun space for children with autism or other special needs.

When: The first Sunday of every month. From 9:00 AM - 11:00 AM.

Click here for more information.

# Apps



EasyPhone App is a smart app that simplifies making a phone call. When you enter the app your screen becomes a grid of familiar faces (photos of contacts that you have chosen). Touch one of the faces and your phone begins dialing this contact.

This app could be beneficial for anyone, but particularly for those with dementia, a cognitive disability, or a visual impairment. Click here to learn more.

## disabilities fight bias in transplants

**The Washington Post** 

By: Lenny Bernstein

Paul Corby needs a new heart. On that there is no dispute. The same rare disease that killed his father at 27 is destroying his left ventricle. While there is no cure or surgery that might repair the damage, a heart transplant could extend his life considerably.

But Corby, who lives in Pottsville, Pa., is autistic, suffers from several psychological conditions and takes 19 medications. When he applied to the transplant program at the University of Pennsylvania in 2011, he was rejected because of his "psychiatric issues, autism, the complexity of the process . . . and the unknown and unpredictable effect of steroids on behavior," according to the denial letter sent to his mother. Click here to continue reading this article.

## **PUBLIC HEALTH MATTERS**

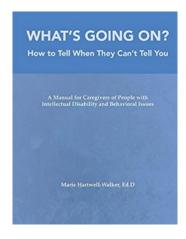


# Public Health Matters from the CDC Autism and preparedness

One of the challenges of parenting a child with autism is preparing children with special needs for public health emergencies... Click here to read the bulletin from the CDC.

# **Medical News**

## Books



What's Going On?: How to Tell When They Can't Tell you: A Manual for Caregivers of People

Behavior always makes sense. It is up to those of us who provide care to understand what kind of sense it is making.

Click here to see in NADD online store.



## Teamwork!

by Nurse Carrie Browder

Health clinics in Texas are taking a team oriented approach to addressing chronic conditions in their patients, and it's working. Prior to implementing this team strategy, more than half of the patients in one particular clinic had uncontrolled high blood pressure. Now, a physician at the clinic reports that about 70% of his patients have their blood pressure under control. Click here to read more!

# **Opportunities**



# The Virginia Autism Council

The Virginia Autism Council is a council of autism experts seeking to define needed skill competencies and to advance higher education, training and educational opportunities for personnel and caregivers supporting individuals with autism.

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. <u>Click here</u> for more information.



# Virginia CommonHelp

Apply for help with food, child care, heating and cooling bills, health care and cash assistance. <u>Click here</u> for their website.



## **FREE WEBINARS**

**The Eden II Diagnostic and Outreach Center** is an approved continuing education (ACE) provider of Type II Continuing Education credits for the Behavior Analyst Certification Board (BACB).

Individuals who attend webinars that are presented by a Board Certified Behavior Analyst are eligible for BACB continuing education credits. Additionally, Eden II is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology, and audiology.

See course information for number of ASHA CEUs, instructional level and content area. Many webinars are appropriate to parents and other professionals who do not possess BACB or ASHA credentials. All webinars are delivered live by a presenter with significant expertise in the topic area. The live format allows for audience members to interact with the presenter in a variety of ways. Click here for the website.

# **DBHDS**



## **News and Press Releases**

Click Here for the latest!

#### **Pilot Mobile Rehab Engineering Team**

Mission: To provide mobility equipment maintenance and repair services in the community to individuals with I/DD.

Click here for more information and MRE team assessment form

#### HEALTH EQUITY IN BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

The DBHDS Office of Health Equity Advancement (OHEA) leads efforts to provide improved services to diverse and under-served individuals and works toward eliminating the disparities within the state's mental health, intellectual disability and substance-use disorder system.

Click here for the website.

## Resources



#### The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

Click here for their website.



#### NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and



#### The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

<u>Click here</u> for their Blast Announcement with **Events, Research, and Monthly Group Meetings!** 

Click here for their website.



Special needs require special attorneys.

#### The Special Needs Alliance

The Special Needs Alliance is a national, nonprofit organization committed to helping individuals with disabilities, their families and the

professionals who serve them. <u>Click here</u> for their website.

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#### **About REACH**

Fact Sheet-Adult Fact Sheet-Children

Contact REACH Region III

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