Board Meeting Minutes

February 23, 2017



NEW RIVER VALLEY COMMUNITY SERVICES

Questions or Comments? Please contact Cody Simpkins, Clerk of the Board, at 961-8421.

Call to Order:

The meeting was called to order by Chairman Joe Young at 6:33 p.m. Mr. Young welcomed attendees and roll call was read by Cody Simpkins, Clerk of the Board.

***Minutes:

Board members received in their packets the minutes from the January 27, 2017 Board meeting. Mr. Young moved to approve the minutes as distributed. Mary Biggs seconded the motion, which was approved unanimously.

Recognition of Guests:

None.

Public Comment: Kat McClinton provided comment regarding her concerns regarding the recent changes made with regard to the New Life Recovery Center. She indicated that her desire was to ensure that clients struggling with substance use/abuse issues received the most appropriate and effective services. Mrs. McClinton thanked the board for the opportunity to share her thoughts and voice her opinions.

***Program Reports:

Financial and Support Services: Director, Deborah Whitten-Williams, presented the 2017 January budget report, a copy of which was included in meeting packets. Ms. Whitten-Williams opened up by reminding the board of the deficit within the agency budget. She stated that the budget has had some improvements but there is still more work to be done. The directors have eliminated discretionary spending and are closely evaluating all expenses. The budget revision will be very important. Trish Muldoon inquired about any referral increases in the agency's programs for school aged youth. James Pritchett commented that he is personally taking the responsibility to meet routinely with referral sources to educated them on the benefits of early identification and the initiation of services for this population. Ms. Whitten-Williams reported that the agency could start billing waiver services which will be very helpful to our budget. Mr. Young moved to accept the financial report, Lynn Chenault seconded the motion which was unanimously approved. Ms. Whitten-Williams handed out the budget revision to the board. The budget revision will be reviewed more in depth at the March Board Meeting before the board members vote on the item for approval. Ms. Whitten-Williams also informed the group that we have successfully hired a CPA.

Crisis and Family Services: CFS Director, James Pritchett, wanted to opened the discussion by asking for questions or input regarding the work session and the RAFT presentation. Mr. Young appreciated how we accommodate our volunteers. Mr. Pritchett also gave an update on Same Day Access as the implementation date is March 15th. Same day Access is similar to Just-in Time scheduling. The work group in charge of implementation has been meeting regularly over the past six months with the goal for individuals seeking services to call and be offered an appointment on the same day. This work group will continue to meet on a weekly basis after the launch to troubleshoot any problems. With regard to Psychiatric Services, Just-in Time appears to be working as intended, and there has been a decrease in our no-shows for medical appointments. Staff will continue to monitor and improve areas of concern.

Adult and Family Services: AFS Director, Lucy McCandlish, presented information on Waiver and CCC+ updates. Waiver Redesign is moving forward and staff are adapting to the changes from a staffing and administrative perspective. Reach is closely working with stakeholders and clients to help assist in deterring hospitalizations when appropriate and assist in discharging clients from the hospitals in a timely manner. Ms. McCandlish is working with other boards within the region to help navigate service and billing issues when clients remain in the Reach facility past 30 days. The CCC + initiative is moving forward and a planning group met today to create a plan to move.

Human Resources: HR Director, Susan Hurst, presented proposed changes to medical insurance premiums. We have just received our medical premium rates for the new fiscal year. In previous years, there has been no increases. This year we will see a 24% increase in our premiums. Part of this was because we had a 28% increase in utilization. Right now we offer the Key Advantage 250 and 500 but are evaluating the effects of going to the Key Advantage 500 and 1000. The agency is also working on a wellness program to increase physical health for all staff.

Agenda Action Items

Minutes - Jan 27, 2017 Approved January, Financial Report Approved

Members Present: Mary Biggs Lynn Chenault Joe Turman Trish Muldoon Joe Young Scarlet Ratcliffe Susan Richardson Anthony Akers Rob Gropman Robert Sisk

Members Absent: Vicky Collins, with notice Jimmy Duncan, without notice Sheila Roop, with notice Others Present: Rosemary Sullivan Deborah Whitten-Williams Lucy McCandlish James Pritchett Cody Simpkins, Clerk of Board Deborah Whitten-Williams

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The agency will have to make a decision by April 1st about which insurance plans to offer for the new fiscal year. The decision will be made by the Directors on the Admin Team.

*****Executive Director's Report:** Rosemary Sullivan, Interim Executive Director, Rosemary passed around state budget updates. There are plans to restructure the behavioral health budget. There is an expansion of Gap at 100% which is significant. This increase in GAP may be at the expense of the original amounts that were designated for the implementation of Same Day Access. There is also funding that has been designated to address housing issues which many of the agency's clients struggle to achieve and maintain appropriate housing. There are also discussions to try and develop/maintain a training center for special cases. Rosemary passed out the Quarterly Quality Report which the Board will go over in the month of March. Rosemary then thanked the Board for their continued service.

*****Executive Committee Report:** Mr. Young, Board Chair, provided the executive committee report. Mr. Young gave a status report on the transition of Executive Director. Rosemary has been training James and taken him to all of her meetings. Transition will take place on March 1st. The Executive Committee has met and decided to have a performance evaluation after six months for James. Mr. Young passed out the performance evaluation to the board members. The budget and community relationships will be two of James' top priorities. Mr. Young then walked the board members through the performance objectives identified by the Executive Committee. Mr. Young also explained James' job description and opened questions up to the board. Mr. Young moved to accept the five performance objectives, Lynn Chenault seconded the motion which was unanimously approved.

Board Member Comments: Lynn Chenault wanted to follow up regarding the public comment. The truth is the program and substance abuse treatment is changing as evidence based models are being developed and show promising results. As for New Life, the program has recently hired a new supervisor and developed/adopted new treatment modalities. The program will continue to change over the next couple of months as the Substance Abuse Day Treatment and Detox Services will be initiated. Rob Gropman asked if we the board should formally respond to Ms. McClinton. Rosemary stated that we should explain the changes in the program.

Chairman's Report: N/A

<u>Adjournment:</u> There being no further business, Joe Young moved to adjourn the meeting at 7:53 p.m. Mary Biggs seconded the motion which was unanimously approved.

Minutes approved on _____

Cody Simpkins, Clerk of the Board

*** = Action Items