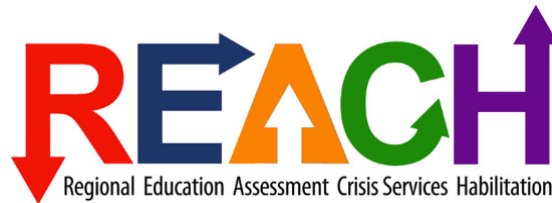


In This Issue: Sensory Processing & Summer, Caregiver Stress, & the New REACH House

[View this email in your browser](#)



REACH Region III Newsletter, Volume 2, Issue 4, June/July 2016

The End of Fiscal Year 2016 and The Beginning of Fiscal Year 2017 Edition!

REACH

Region III Updates

May & June 2016

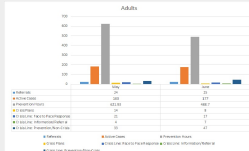
Crisis Therapeutic House

Crisis Therapeutic House	May	June
Emergency Stays	4	4
Prevention Stays	9	4
Step Downs from Psychiatric Hospitals	6	4
Step Down from Jail	0	1

Click above for more info!

**Community Crisis
Services**

Adult Services & Crisis Line Information



Click above for more info!

Children's Services & Crisis Line Information



Sensory Processing Issues & Summer

Summer can be a challenging time for individuals with sensory processing issues. Whether you're working with an adult or a child with sensory processing issues, it's important to help them prepare for all the new and possibly overwhelming experiences of summer. The Child Mind Institute offers tips for having a sensory friendly summer that can be used with adults or children.

Read More

Caregivers assist people with a variety of daily tasks. This month, learn about caregiver stress and how to manage it!



Read More



Click above for more info!

We've updated our referral form!

To get our New Referral Form click here!

UPCOMING EVENTS

JULY

 **Patrick County**

Autism Conference

Tickets went on sale April 1st!

July 29th

[Click here to learn more!](#)

2016 Autism Conference

Featuring Dr. Temple Grandin

July 30th 

[Click here to learn more!](#)

AUGUST

Waiver Redesign Information Calls

[Click here to learn more!](#)

Reeve United Soccer Camps

Summer 2016

[Click here to learn more!](#)

PEATC's

Summer Learning Events

[Click here to learn more!](#)

B.U.D.

Bros UnitedD

Mentorship program for teenage boys with Autism Spectrum

Fall Schedule

[Click here to learn more!](#)

TRAUMA in the Wake of Tragedies

Due to the tragedy that occurred in Orlando, **The National Council for Behavioral Health** has written an article with resources helpful to those who might be experiencing trauma.

[Read More](#)

Dollywood Adds Calming Room to Help Kids with Sensory Overloads!

Dollywood
Great Smoky Mountains, TN

COMING

SOON!



Cultural Competence

This month, learn more about the **Triple Aim of Health Equity**- a multi-pronged approach to improve health equity by:

- Expanding our understanding of what creates health
- Implementing a Health Policy approach with health equity as the goal
- Strengthening the capacity of communities to create their own healthy future.

[When we Design
for Disability,
We All Benefit](#)

[Read More](#)

Web Resources



Understanding SSI

[Here](#) you can find helpful information as well as resources to help clients and their family to understand the social security system.

NADD

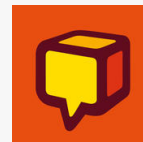
A not-for-profit association for professionals, care providers, and families to promote understanding of services for individuals who have developmental disabilities and mental health needs. [Click here](#) to read their newsletter!

Helpful Apps

(Click on the icons to learn more about the apps)

Rory's Story Cubes

This app encourages storytelling and creativity. Ideal for any age group!



My iDiary

Great for any age! Virtual diary for quick and easy access.



DBHDS News & Updates



Waiver Redesign

On June 17, 2016, the Centers for Medicare and Medicaid services notified the Commonwealth that they require some additional time to review the Commonwealth's amendments to the three DD waivers. **Therefore, the anticipated date for the implementation of the DD Systems Redesign has changed to August 1, 2016.**

[Click here to learn more!](#)

[If you need a summary of I/DD Waiver Redesign:](#)
[Click here for a helpful resource from The Arc!](#)



"Get Real" Social Skills Group (Salem, VA)

Social support for high school students to help improve conversation skills, solve problems, and

Support group in collaboration with Yale University School of Medicine. For more information, [Click Here!](#)

Adult Asperger/Autism Spectrum Social Group (Salem, VA)

Meets on the second Thursday of each month from 7-8:30 PM at the College Lutheran Church building, 210 S. College Ave., Salem, VA. [Click here](#) to learn more!

Adults with ASD Support Group (Blacksburg, VA)

All adults with an Autism Spectrum Disorder and their families welcome! [Click here](#) to learn more!

NRVCS Autism Support Group (Blacksburg, VA)

Meetings are educational, parent-driven, and supportive. Please RSVP for supervised child socialization by calling 540-320-9281 or 540-443-7522. If you have any questions regarding the Autism Family Support Group with NRVCS, please contact Latrelle Rogers at 540-357-0058.



Autism Research at Virginia Tech

- **Sibling Stress Survey.** [Click here](#) for flyer!
- **For children 3-8 yr old that have Autism.** [Click here for flyer!](#)
- **Group Parent Training.** [Click here](#) for flyer!
- **Stress & Anger Management program.** [Click here](#) for flyer!
- **Driving Study.** [Click here](#) for flyer!
- **FEET: Facial Emotion Expression Training.** [Click here](#) for flyer!
- **A new construct for studying social reciprocity.** [Click here](#) for flyer!
- **Stress & Anger Management Program** for children with ASD. [Click here](#) for flyer!
- **Examining restricted repetitive behaviors & heart rate differences** in children with autism spectrum disorder (ASD). [Click here](#) for flyer!
- **Helping Students** with ASD Prepare for the Transition to College. [Click Here](#) for the flyer!
- **Helping College Students** with ASD to Succeed! [Read more>>](#)
- **Moms and Mindfulness:** How do you interact with your child? [Click Here.](#)



*****For a complete list of research please visit the
[Virginia Tech Center For Autism Research](#) website to learn more*****

About REACH

REACH utilizes a team approach to provide: clinical assessment; crisis prevention, stabilization, and intervention planning and education; community and home based crisis intervention and stabilization to both adults and children diagnosed with an intellectual or developmental disability and a co-occurring mental health diagnosis or challenging behavior; and facility-based, therapeutic, emergency, and limited planned stays for individuals 18 and over.

The goal of REACH is to stabilize current or emerging crisis events and strengthen the individuals' support systems. With intervention and training, REACH increases capacity to support individuals served and promote person-centered positive outcomes. REACH serves adults and children with an intellectual or developmental disability and a co-occurring mental health diagnosis or challenging behavior that is affecting their quality of life.

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824 W. Main Street, Radford, VA 24141

Crisis Line - 1-855-887-8278 | **Local Calls** - 540-267-3435 | **Fax** - 540-267-3403**Email** - info@swvaREACH.org[Visit our Website!](#)

Share



+1



Forward

Newsletter Submissions

If you or your organization has information that would be of interest to those working with I/DD populations, please submit that information to REACH (info@swvaREACH.org) with the subject line NEWSLETTER. Please include as much detail as possible (date, time, duration, cost, description, attachments, relevant links, etc.). This can include articles, trainings, events, etc.

*Please keep in mind that submissions need to be made by the first of each month in order to be included in that month's newsletter. For example, if you want a submission included in the June newsletter, please send your information/nomination by **August 1st**.*

Submit a spotlight nomination

We'd like to begin to highlight one person, organization, or program (in each monthly newsletter) who has gone above and beyond in serving the I/DD population. If you'd like to make a nomination, please [click here](#).

To view a copy of last month's newsletter, [click here](#).

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[Feedback](#)