

REACH Region III - Monthly Report

[Click here](#) to view

Update

Clinical Corner



May Data

Adults

Referrals: 58
 Active Clients: 122
 Crisis Plan Hours: 90.25
 Crisis Prevention hours: 531.4

Calls to Crisis Line

Information: 55
 Crisis Prevention: 141
 Crisis Face to Face Response: 43 Face to Face + 7 Telehealth



Summer and Sensory Processing Issues

childmind.org

For many kids, summer vacation holds the promise of months of school-free fun. But for children with sensory processing issues, summer can be a

Total Calls: 246

Average Crisis/Face to Face Response Time:
40.8 minutes

Crisis Therapeutic Home

Emergency Bed Days: 151
Step-down Bed Days: 4
Prevention Bed Days: 0

Children

Referrals: 33
Active Clients: 78
Crisis Plan Hours: 79.33
Crisis Prevention Hours: 312.14

Calls to Crisis Line

Information: 30
Crisis Prevention: 15
Crisis Face to Face Response: 26 Face to Face + 6 Telehealth
Total Calls: 77

Average Crisis/Face to Face Response Time:
48.07 minutes

We have a new referral form!

Please replace the old form with this new form.
-updated 05.2020

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

REACH Region III

challenging time.

From the sand on the beach to the fireworks on the Fourth of July, the season is full of exciting but potentially difficult experiences. An unfamiliar playground, a visit to an amusement park, a messy ice cream cone: all involve sensory surprises that can be overwhelming or upsetting if a child is unusually sensitive to light, noise, and tactile sensations. But with some preparation and planning parents can help kids with sensory issues get the most out of summertime.

[Click here](#) to continue reading.

**Thriving**

Helping Adults with Intellectual and Developmental Disabilities Heal and Thrive Following Trauma

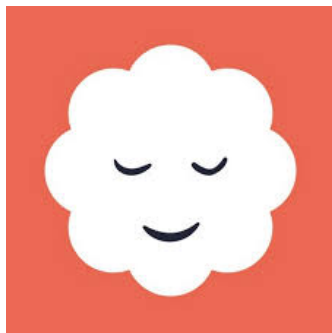
This free 2-day workshop will help those who care for or provide services to adults with intellectual and developmental disabilities (IDD) to:

- Realize the widespread impact of trauma experienced by people with IDD
- Recognize the signs and symptoms of trauma
- Respond by changing behaviors, policies, and services to take trauma into account

Email: info@swvareach.org
Fax: 540.267.3403

- Resist re-traumatization of adults with IDD and staff with trauma histories

Apps



MyLife Meditation: Mindfulness

Learn to meditate and be more mindful with MyLife Meditation, formerly known as Stop, Breathe & Think.

MyLife Meditation is an award-winning meditation and mindfulness app that offers daily wellness check-ins and suggests activities personalized on how you feel.

[Click here](#) to learn more.

Who Should Attend?

Anyone who provides services and/or supports (formal or informal) to adults with IDD, including:

- Health professionals,
- Mental health professionals,
- Students,
- Direct support professionals,
- Family members, or
- Advocates.

Cost: **Free**

Registration Link:

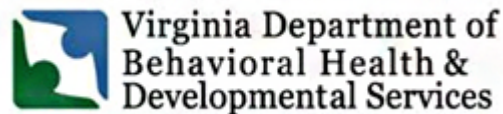
<https://rampages.us/hopelab/thriving/>

Facilitator: Dr. Ruth Brown, PhD, a clinical psychologist and assistant professor at VCU.

[Registration Flyer](#)

[Workshop Brochure](#)

Books & Podcasts



What Can We Do During Summer Break?

Autism Grown Up Podcast

Videos

Summer is here and so is the heat!

Here are some tips to help you figure out what you can do this summer with your child on the spectrum and your family.

[Click here](#) to listen and for more information.

Diversity & Inclusion



What's to Come in 2021 For Diversity, Equity and Inclusion in the Workplace

Forbes.com

It goes without saying that the Covid-19 pandemic has brought tremendous change and upheaval to all of our work lives. But another major change of the last year has been the increasing push to prioritize Diversity, Equity and Inclusion (DEI) in the workplace.

[Click here](#) to read.



Mindfulness How

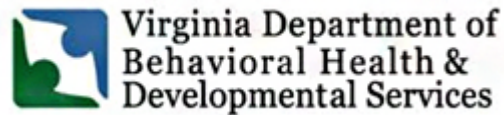
DBT-RU/YouTube.com

This video describes the DBT Mindfulness How skills.

How we can be mindful: nonjudgmentally, one-mindfully and effectively

Click video above or [click here](#) to view.

Medical News



DBHDS/Office of Integrated Health

[Click here](#) to view safety alerts and newsletter archive.

Opportunities and Events



Thriving with Anxiety and Depression

Free Live Webinar

adaa.org

Everyone wants to be happy, right? If you struggle with anxiety or depression, though, you know first-hand how much these symptoms can interfere with your quality of life. The skills and strategies that help reduce these symptoms, while important, are not necessarily the same ones that actively promote “the good stuff” in life like wellbeing and happiness. Fortunately, the field of positive psychology has shed light on a lot of ways to actively promote thriving.

In this free webinar, you’ll learn the factors necessary for maximizing your wellbeing. You’ll also learn evidence-based strategies and interventions to help boost your wellbeing, happiness, and life satisfaction, despite anxiety or depression. You’ll walk away with a good understanding of what you need to thrive!

When: Friday, July 23rd, 1:00pm

Presenter: Ashley Smith, PhD

[Click here](#) for more information and to register.

Spanish Virtual Lives Events

The second STAR Spanish-language webinar is coming up. You don't want to miss it!

Manejo del estrés en la familia del niño y niña con autismo [Stress Management in Families with children with autism]

Presented by: Michaela DuBay, PhD

When: Wednesday June 30, 10:00-11:00am

[Click here](#) to register.

Infinity Acres Ranch Summer Camps



ANIMAL ADVENTURE SUMMER CAMP

INFINITY ACRES RANCH: Ridgeway
BOYS & GIRLS: AGES 7-17

CALL NOW TO RESERVE
LIMITED SPACE
Download Registration Form
www.InfinityAcres.org

2021 SUMMER DATES

Session 1: Different Abilities Camp
June 7 - June 10
Mon-Thurs: 9am - 1pm
Ages 6-17 (DD, ASD, ADHD etc)
LIMIT: 10 FREE for Qualified Families

Session 2: All Inclusive Kids Camp
June 21 - June 25
Monday - Friday: 9 am - 2 pm

Session 3: Different Abilities Camp
June 28 - July 1
Mon-Thurs: 9am - 1pm
Ages 6-17 (DD, ASD, ADHD etc)
LIMIT: 10 FREE for Qualified Families

Session 4: All Inclusive Kids Camp
July 12 - July 16
Monday - Friday: 9 am - 2 pm

EACH CAMP INCLUDES: Animal handling activities, games, crafts & lots of FUN!!
INCLUDES LUNCH AND SNACK

(limited scholarships available: call for details)



276-358-2378

FORMS AVAILABLE ON WEBSITE:
www.INFINITYACRES.ORG
136 Joppa Rd, Ridgeway VA



For more information about Animal Adventure Summer camp, [click here](#).

UNC TEACCH Autism Program: Virtual Trainings for Professionals Working with Individuals with ASD - June and July NEW

Early Learners Foundations of Structured TEACCHing Virtual Trainings:

July 26-30, 2021 [More Information and Registration](#)

Strategies for Success in General Education for Individuals with ASD: July 26-28, 2021

[More Information and Registration](#)

Weill Cornell Medicine Global Autism International Network (GAIN): Differential Diagnosis Workshops - Summer NEW

The purpose of the differential diagnosis workshop series is to provide training about issues to consider when attempting to differentiate between ASD and other disorders associated with social-communication deficits and/or restricted and repetitive behaviors. The workshops are intended for clinicians and researchers involved in diagnostic assessment of ASD. We will present recent research, including studies detailing use of specific diagnostic instruments in particular populations, as well as clinical case examples and video clips about diagnostically differentiating behaviors.

UPCOMING WORKSHOPS:

ASD vs. Attention Deficit Hyperactivity Disorder (2 workshops available)

Friday, August 6, 2021 - 11am-3pm EST

Saturday, August 7, 2021 - 11am-3pm EST

PEERS® Evidence Based Social Skills Program - Beginning Mid-May

The Program for the Education and Enrichment of Relational Skills (PEERS®) was originally developed at UCLA by Dr. Elizabeth Laugeson, Founder and Director of the UCLA PEERS® Clinic, and Dr. Fred Frankel. “PEERS® is a manualized, social skills training intervention for youth with social challenges. It has a strong evidence-base for use with adolescents and young adults with autism spectrum disorder but is also appropriate for adolescents and young adults with ADHD, anxiety, depression, and other socio-emotional problems.”

This is not the kind of social group you and your child may have experienced in the past, but rather a setting in which to teach students the skills to make and keep friends and find their own friend group based on common interests. PEERS is a 16-week class that meets virtually. Classes are approximately an hour-and-a-half. There is a college age class beginning in May.

For more information, visit PEERSRVA at www.peersrva.com (DARS and FAPT vendors)

Virtual Monthly Autistic Adult Support Group

Are you an adult on the autism spectrum and live in Virginia?
Our free, monthly support group for autistic adults will be held virtually on Zoom on the first **Tuesday of the month from 6:30-7:30pm, starting February 2.**

This online support meeting will discuss what YOU want to talk about. Examples of past topics: setting personal goals, dealing with angry or sad emotions, identifying personal learning styles.

Meetings will be moderated by a VT clinical psychology graduate clinician; however, any discussion will be mainly facilitated by the autistic adults in the group.

To sign up for a meeting visit

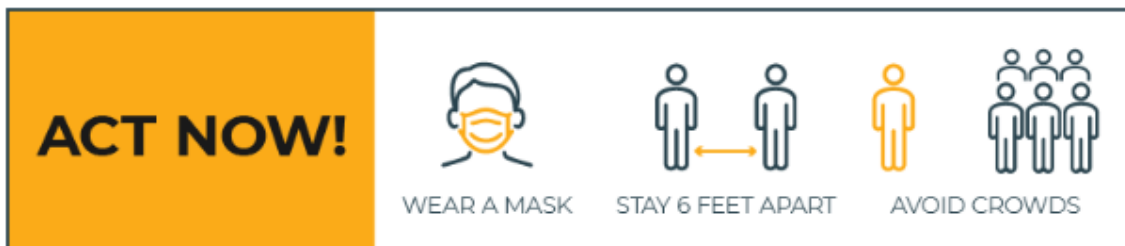
<https://virginiatech-hipaa.zoom.us/meeting/register/tZAKfu2gqz0pE9RIOModcaxCwXQVqfV3KKXp>

Please sign up to join no later than 12pm the day of

Address questions to Megan at mfok@vt.edu

Vaccine Information Center - Virginia Department of Health

[Click here](#) for information on VDH COVID-19 Vaccination Response.



Employment Opportunities

Come check out our job openings for REACH Region III.

[Click here](#) for the flyer.

For more information on available positions and to apply [click here](#).

DBHDS



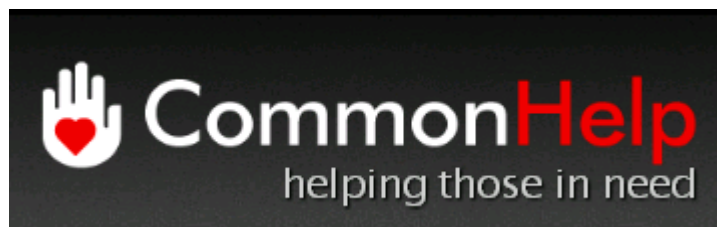
[Click Here](#) for the website.

[Click Here](#) for Provider Development.

New Fair Housing Protections in Virginia: Source of Funds Discrimination

[Click here](#) to learn more.

Resources



Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit the [CommonHelp website](#) to learn more about the programs and government agencies that they partner with.

The Employment Toolkit for Job Seekers with Autism

readyjob.org

[Click here](#) to view.



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for Events and News!

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.

Commonwealth Autism

[Click here](#) to view Resources compiled by **Commonwealth Autism**.



New River Valley Disability Resource Center

A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.

Copyright © 2015 NRVCS, All rights reserved.

[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Business - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)

[Visit Our Website](#)

[Feedback and Submissions!](#)

[Last Month's Newsletter](#)

[Subscribe!](#)



Share



Tweet



Forward