

REACH Region III - Monthly Report for September 2020

[Click here](#) to view

Update

Clinical Corner



September Data

Adults

Referrals: 39
 Active Clients: 147
 Crisis Plan Hours: 276.76
 Crisis Prevention hours:
 550.05

Calls to Crisis Line

Information: 41
 Crisis Prevention: 109
 Crisis Face to Face



MHDD: Intellectual Disability 101

MHDD National Training Center

Following this module participants will be able to:

- Define intellectual disability
- Describe the self-advocacy movement
- Recognize the history of inequality faced by people with disabilities and mental health

Response: 22 Face to Face + 12 Telehealth
Total Calls: 184

Average Crisis/Face to Face Response Time:
49.2 minutes

Crisis Therapeutic Home

Emergency Bed Days: 20
Step-down Bed Days: 128
Prevention Bed Days: 0

Children

Referrals: 26
Active Clients: 97
Crisis Plan Hours: 163.85
Crisis Prevention Hours: 276.65

Calls to Crisis Line

Information: 19
Crisis Prevention: 11
Crisis Face to Face Response: 10 Face to Face + 6 Telehealth
Total Calls: 46

Average Crisis/Face to Face Response Time:
31.3 minutes

We have a new referral form!

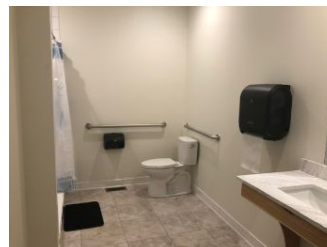
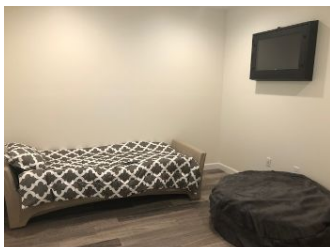
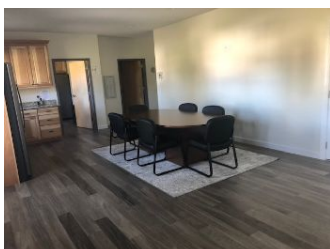
Please replace the old form with this new form.
-updated 05.2020

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

- conditions
- Identify communication methods to meet the needs of people with intellectual disabilities

[Click here](#) to access.

Announcement



Photos by Daniel Parker

REACH Region III Announces: Tara Lane II

Tara Lane II is a licensed 3 bed group home located in Fairlawn, VA. The site is complete and fully licensed. Staff hiring and training is finalizing and clients will begin moving in during the months

REACH Region III

Email: info@swvareach.org

Fax: 540.267.3403

Apps



Yoga/Down Dog

A new workout every time!

Something for all skill levels!

[Click here](#) to learn more.

Books & Podcasts



The Art of Advocacy: A Parent's Guide to a Collaborative IEP Process

by Charmaine Thaner

Charmaine gives examples of actual conversations and real scenarios to help you learn what to do and what not to do at special education meetings.

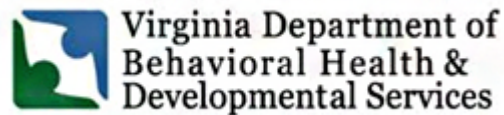
of October and November.

It was contracted and built to suit in collaboration with DBHDS, designed and constructed to support the needs of identified individuals with high behavior and complex care needs. The house is designed as a 3 bed residence with primary and secondary kitchen areas, two sensory support spaces, indoor and outdoor design to support individuals who have experienced long term and sustained housing and community integration barriers due to complex behavioral needs.

The environment of the home including design layout, furniture, bedroom, living and dining areas, indoor and outdoor space were carefully developed, designed and furnished for the focus and support of highly complex individual's ability to reside in an optimal and integrated setting.

Tara Lane II staff are specialized and trained to support these individuals with complex behavior care needs through specific current and ongoing training in an evaluated and individualized staffing pattern focused on individual support needs of residents enjoying and living their life in their community.

Medical News



DBHDS/Office of Integrated Health

Health Trends Newsletter: October 2020

Each chapter is written so busy parents can get to the point quickly.

[Click here](#) to learn more.

Diversity & Inclusion



DMAS: Training Sessions

"Uncomfortable Conversations on the Couch: Racial Trauma and Incorporating Culturally Sensitive Practices"

The SUPPORT Act Grant Team and the Virginia Department of Medical Assistance Services (DMAS) are proud to be hosting a training presented by Dr. Rae-Anne Dougan and Dr. Jeremy Walden from Dougan and Walden Wellness, PLLC.

The training sessions will provide education for healthcare providers and organizations on understanding race-based trauma and incorporating cultural humility in clinical practice.

When: Oct. 22nd

[Click here](#) to learn more.

Topics in this months newsletter include:

- Influenza (Flue) Vaccines & Pneumococcal Vaccines
- ABA Snippets
- Environmental Wellness
- Dental Facts and Tips
- COVID-19 Resources

[Click here](#) to view.

[Click here](#) to view safety alerts and newsletter archive..

Videos



5 Easy Halloween Activities

Science Kids/YouTube.com

[Click here](#) or on the video above to view.

Opportunities and Events



2020 Autism Hope Summit Virtual Conference

The Supporting Transformative Autism Research (STAR) initiative, led by the School of Education and Human Development in partnership with colleagues from across the University of Virginia, aims to improve the lives of individuals with autism and their families through ground-breaking interdisciplinary research and development of innovative models for care, support, and education.

This year's Autism Hope Summit theme, "Advocate. Educate. Innovate." is the common thread woven in all our research, training, and educational activities, from developing and testing new interventions to training recent graduates to be the next generation of autism researchers.

When: November 13th, 2020

[Click here](#) to learn more and to register.

10th Annual Hokie Bug Fest

WHAT:

This unique, virtual event will feature 10 days of activities for the entire family that culminate with a full day of online programming. Visit the website each day between October 7th and 17th as they release new and exciting content for you and your family to enjoy. The full festival begins on October 7 with over 30 virtual exhibits featuring insect videos, virtual tours, countless at-home activities, and other STEAM-inspired (Science, Technology, Engineering, Art, and Math) adventures for all ages.

WHEN:

October 7th through October 17th

HOW:

See more information in [this article](#) and visit hokiebugfest.org

Covid-19 Survey- Parents Living with Adult Children with Autism

WHAT:

Parents - we want to hear from you! We are seeking to understand the experiences of parents living with their adult children with autism (ages 18+) during the 2020 Coronavirus shutdown. Interested parents/caregivers will be asked to complete a 5-minute survey, followed by a 30-60 minute in-depth phone interview with a member of our lab. You will be compensated with a \$20 Amazon gift card after completing the study.

HOW:

[Click here](#) if you would like to learn more about the study.

For more information about our research lab, please visit our [website](#), or contact us at interactionlab@uscience.edu.

Parents. We know times are tough.

That's why we want to hear from you.

Help us understand your experience living with your **adult child with autism** during the COVID-19 pandemic.



PARTICIPANTS WILL BE COMPENSATED WITH A \$20 AMAZON GIFT CARD



APPROVED: 09/14/2020
EXEMPT

Medical Waiver Webinar- Introduction to Medicaid DD and CCC Plus Waivers

WHAT:

If you missed the webinar presentation from The Arc of Virginia's Lucy Cantrell, we're happy to announce that you can watch it any time by [clicking this link](#).

Please share it with anyone you think might be interested.

Autism On Call, LLC

WHAT:

Many schools are still closed and our children with ASD are at home in response to Covid-19. This situation may be presenting families with some unique circumstances that normally would not be occurring and/or increasing complications to existing ASD related challenges.

Given these difficult times, Dr. Rydell is offering a **FREE consultation** (phone or video conference) to all families with children with ASD to assist with existing or new challenges, questions or concerns.

HOW:

To schedule a free consultation with Dr. Rydell, go to:

www.autismoncall.com > Home Page > Schedule Your Free Consultation

Lunch and Learn - VCU Autism Center for Excellence

During these uncertain times, VCU-ACE is working to provide resources for families. Weekly, VCU- ACE will provide an opportunity for parents to join us for Lunch and Learn.

An interactive and secure Zoom meeting that will address different topics each week. There will be a short presentation with a time for Q&A.

[Click here](#) to register.

Blacksburg Adult ASD/Asperger's Monthly Support Group

WHAT:

This support group is to come together to discuss various topics of interest and engage in fun social activities!

WHO: Adults (ages 18 and up) with an autism spectrum disorder diagnosis, as well as their families/caregivers.

WHERE:

If there is interest in this support group it can be moved to a zoom meeting. Please contact Angela Dahiya by email: avdahiya@vt.edu or by phone: 504-231-3514.

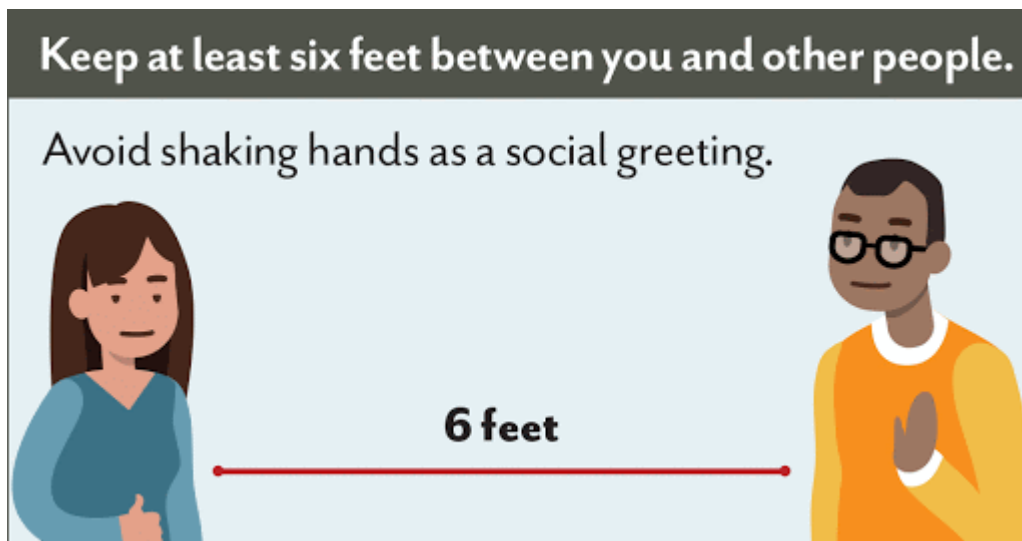
Do You Know Where to Go to Get a COVID-19 Test?

It's important to know where the COVID-19 testing sites are in case you or a loved one becomes symptomatic.

The Virginia Department of Health has provided resources around COVID-19 testing, including a map of COVID-19 testing sites throughout the state of Virginia. If you are symptomatic, you should consider contacting your healthcare provider to get a COVID-19 test. Symptoms of COVID-19 include:

Fever or chills
Cough
Shortness of breath
Loss of taste or smell

[Click here](#) to find your testing location.



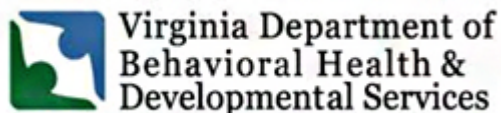
Employment Opportunities

Come check out our job openings for REACH Region III.

[Click here](#) for the flyer.

For more information on available positions and to apply [click here](#).

DBHDS



[Click Here](#) for the website.

[Click Here](#) for Provider Development.

New Fair Housing Protections in Virginia: Source of Funds Discrimination

[Click here](#) to learn more.

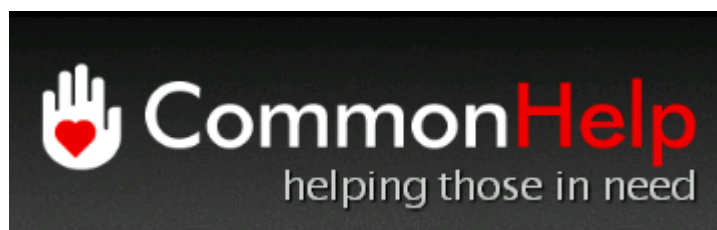
REACH Information

Crisis Services

The DBHDS website has been updated with more in depth information on REACH, has updated contact info, and contains links to some of the forms that may be helpful for consumers to access.

[Click here](#) to view.

Resources



Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit the [CommonHelp website](#) to learn more about the programs and government agencies that they partner with.

The Employment Toolkit for Job Seekers with Autism

readyjob.org

[Click here](#) to view.



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for Events and News!

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



commonwealth
>>> autism

The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.

Commonwealth Autism

[Click here](#) to view Resources compiled by **Commonwealth Autism**.



New River Valley Disability Resource Center

A non-profit Center for Independent Living serving the NRV

New River Valley Disability Resource Center

A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.

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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Local Calls - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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