

REACH Region III - Monthly Report for July 2020

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Update

Clinical Corner



July Data

Adults

Referrals: 46
 Active Clients: 129
 Crisis Plan Hours: 161.42
 Crisis Prevention hours: 558.37

Calls to Crisis Line

Information: 38
 Crisis Prevention: 126
 Crisis Face to Face



Webinar - Autism/MH: Concrete Tools and Techniques for Direct Care

Free webinar giving concrete tools and techniques for direct care from complexmhidd-nc.org - [click here](#) to access or download the presentation.

Response: 20 (face to face) + 13 (telehealth) = 33

Total Calls: 197

Average Crisis/Face to Face Response Time:
28.4 minutes

Crisis Therapeutic Home

Emergency Bed Days: 74
Step-down Bed Days: 94
Prevention Bed Days: 0

Children

Referrals: 26
Active Clients: 90
Crisis Plan Hours: 61.32
Crisis Prevention Hours: 274.98

Calls to Crisis Line

Information: 27
Crisis Prevention: 9
Crisis Face to Face Response: 8 (face to face) + 2 (telehealth) = 10
Total Calls: 46

Average Crisis/Face to Face Response Time: 22 minutes

We have a new referral form!

Please replace the old form with this new form.
-updated 05.2020

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

Schools & Education: COVID-19

autism-society.org

The Autism Society understands how challenging this disruption will be for our families, and has put together these resources to help the individuals we serve continue to achieve academic success.

[Click here](#) for COVID-19 Education resources.

Videos



Lockdown DIYs

youtube.com

Click on video above or [click here](#) to view.

REACH Region III
Email: info@swvareach.org
Fax: 540.267.3403

Apps



Ambi Pro

Ambi Pro is an ambient noise generator designed to aid relaxation and concentration by masking extraneous noise.

[Click here](#) to learn more.

Books & Podcasts



Autism POVs

The goal of "Autism POVs" podcast is to inspire the autism community, spark dialogue and make society a more understanding and accepting place for people with autism and their families.

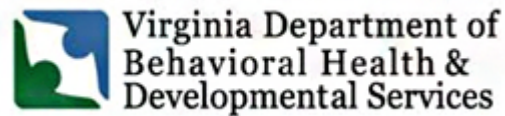


Social Distancing at School - A Story

[youtube.com](https://www.youtube.com)

Click on video above or [click here](#) to view.

Medical News



DBHDS/Office of Integrated Health

Topics included in the August Newsletter:

- Skin Integrity
- App of the month
- Dental facts and tips
- The benefits of sleep
- Covid-19 resources

[Click here](#) to view.

[Click here](#) to learn more.

Diversity & Inclusion

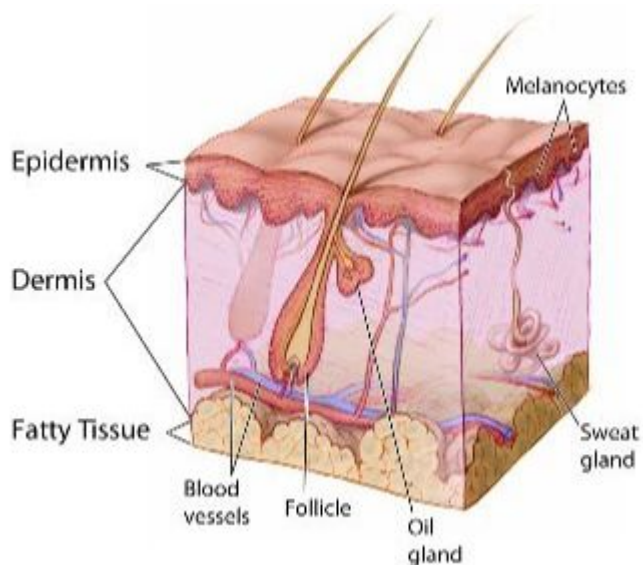


The effect of COVID-19 on diversity and inclusion progress

diversityq.com

Tobin Murphy-Coles Head of Commercial at MyKindaFuture offers his insights into what companies can do now to ensure they are able to engage and support the best and brightest diverse talent when they emerge from the pandemic.

[Click here](#) to read.



Maintaining Skin Integrity

woundsource.com

Skin Anatomy

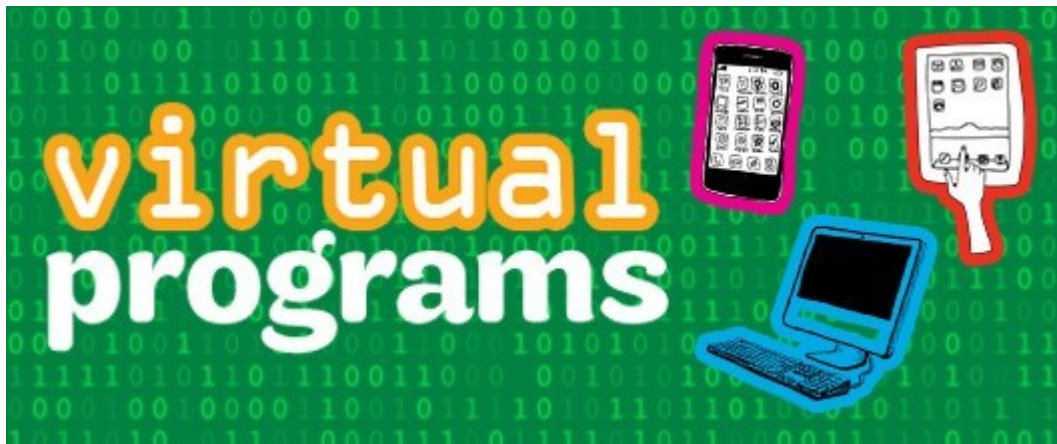
The skin is the largest organ of our body, covering 18 square feet and weighing approximately 12 pounds. Despite positive characteristics, the skin is always susceptible to and at risk of injury and breakdown.

Maintaining skin integrity equals maintaining skin health, and this includes people of any age.

Older adults are at a higher risk because of the skin aging process. As skin ages, the junction between the epidermis and dermis thins and flattens, reducing circulation. Moisturizing factors in older adults also reduce, thus causing dry, flaky skin and increased risk of skin breakdown.

[Click here](#) to continue reading.

Opportunities and Events



Autism Society Central Virginia

Virtual Programs Calendar



Wednesday, August 19, 2020

Virtual Support Group for Caregivers Ages 0-10: 12:30-1:30pm



Wednesday, August 19, 2020

ASCV Guys Group (Dads & other Paternal Caregivers): 6:30-7:30pm



Saturday, August 22, 2020

ASCV Sibling Game Club: 2-3pm



Monday, August 24, 2020

Virtual ASCV Adult Social Group: 7-8pm

ADULT SOCIAL GROUP

August Webinar Series Adult Resources Webinars

This 8 part series of free live webinars will be presented by various professionals presenting on several topics, including - SSI, transitioning to college, living independently, and more!

Content will take about 60 minutes and there will be time for questions and discussion afterwards for up to an additional 30 minutes.

These webinars are suitable for parents, caregivers, family members and professionals. Please feel free to share these resources.

Click on the events below to view specific information about each webinar and register. Space is limited, register soon!

[Click here](#) for: Tue, Aug 18, 2020 10:00 AM EST - Adult Resources Webinar: SSI/ SSDI

[Click here](#) for: Thu, Aug 20, 2020 1:00 PM EST - Adult Resources Webinar: Case Management

[Click here](#) for: Tue, Aug 25, 2020 10:00 AM EST - Adult Resources Webinar: Transition to College

[Click here](#) for: Thu, Aug 27, 2020 1:00 PM EST - Adult Resources Webinar: ABLE Now/ VA529



Every person deserves an opportunity to work and that includes you!

Work is a pathway to discovering your talent, making new friends and becoming financially independent. Many people who have been away from work because of a disability miss these aspects of having a job.

If this sounds like you, then you may want to look into Social Security's Ticket to Work (Ticket) program.

Ticket program service providers are ready to support you on your journey to financial independence and offer free resources to help you succeed in the workplace.

[Click here](#) to learn more

Lunch and Learn - VCU Autism Center for Excellence

During these uncertain times, VCU-ACE is working to provide resources for families. Weekly, VCU- ACE will provide an opportunity for parents to join us for Lunch and Learn.

An interactive and secure Zoom meeting that will address different topics each week. There will be a short presentation with a time for Q&A.

[Click here](#) to register.

Blacksburg Adult ASD/Asperger's Monthly Support Group

WHAT:

This support group is to come together to discuss various topics of interest and engage in fun social activities!

WHO: Adults (ages 18 and up) with an autism spectrum disorder diagnosis, as well as their families/caregivers.

WHERE:

If there is interest in this support group it can be moved to a zoom meeting. Please contact Angela Dahiya by email: avdahiya@vt.edu or by phone: 504-231-3514.

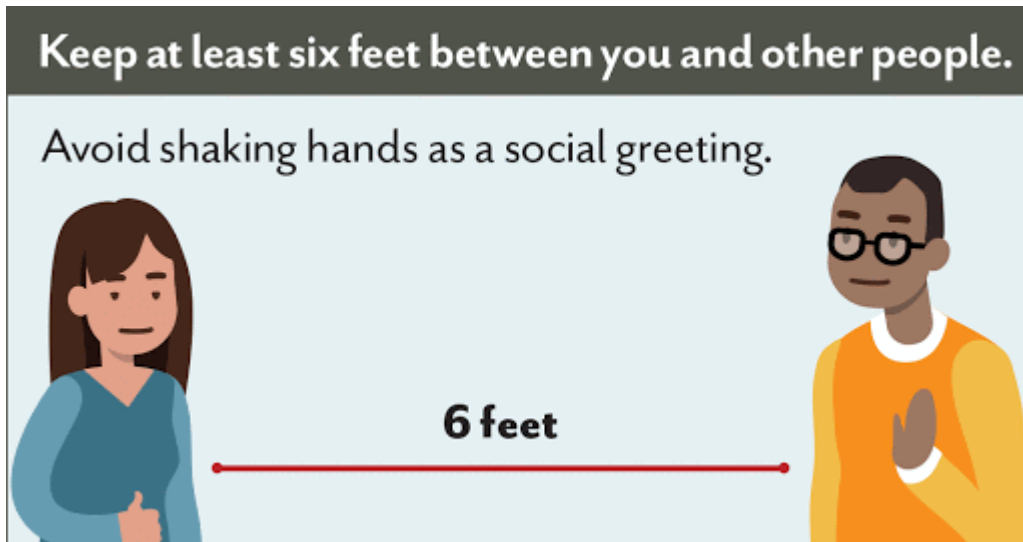
Do You Know Where to Go to Get a COVID-19 Test?

It's important to know where the COVID-19 testing sites are in case you or a loved one becomes symptomatic.

The Virginia Department of Health has provided resources around COVID-19 testing, including a map of COVID-19 testing sites throughout the state of Virginia. If you are symptomatic, you should consider contacting your healthcare provider to get a COVID-19 test. Symptoms of COVID-19 include:

Fever or chills
Cough
Shortness of breath
Loss of taste or smell

[Click here](#) to find your testing location.



Employment Opportunities

Come check out our job openings for REACH Region III.

[Click here](#) for the flyer.

For more information on available positions and to apply [click here](#).

DBHDS



Virginia Department of
Behavioral Health &
Developmental Services

[Click Here](#) for the website.

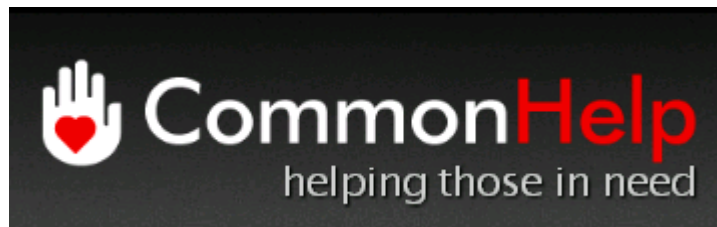
REACH Information

Crisis Services

The DBHDS website has been updated with more in depth information on REACH, has updated contact info, and contains links to some of the forms that may be helpful for consumers to access.

[Click here](#) to view.

Resources



Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit the [CommonHelp website](#) to learn more about the programs and government agencies that they partner with.



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for Events and News!

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.



Commonwealth Autism

[Click here](#) to view Resources compiled by **Commonwealth Autism**.



New River Valley Disability Resource Center

A non-profit Center for Independent Living serving the NRV

New River Valley Disability Resource Center

A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.

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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Local Calls - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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