

REACH Region III - Monthly Report for June 2020

[Click here](#) to view

Update



June Data

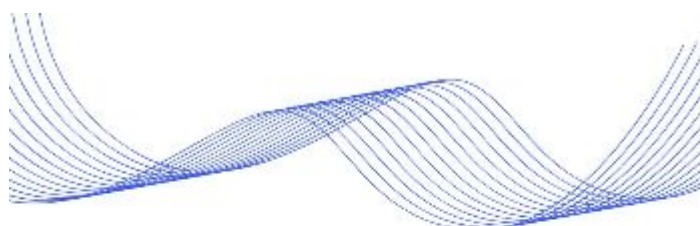
Adults

Referrals: 37
 Active Clients: 115
 Crisis Plan Hours: 273.15
 Crisis Prevention hours: 837.2

Calls to Crisis Line

Information: 41
 Crisis Prevention: 115
 Crisis Face to Face

Clinical Corner



COVID-19 TOOLKIT FOR DSPS IN CRISIS

WWW.NADSP.ORG/COVID-19RESOURCES/



COVID-19 Toolkit for DSPs

Resources to help DSPs take care of themselves during the crisis

nadsp.org

Response: 42

Total Calls: 198

Average Crisis/Face to Face Response Time:
33.47 minutes

Crisis Therapeutic Home

Emergency Bed Days: 66
Step-down Bed Days: 113
Prevention Bed Days: 0

Children

Referrals: 20
Active Clients: 82
Crisis Plan Hours: 109.38
Crisis Prevention Hours: 231.35

Calls to Crisis Line

Information: 7
Crisis Prevention: 6
Crisis Face to Face Response: 11
Total Calls: 24

Average Crisis/Face to Face Response Time:
53.8 minutes

We have a new referral form!

Please replace the old form with this new form.
-updated 05.2020

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

REACH Region III
Email: info@swvareach.org

With the coronavirus (COVID-19) global pandemic, there is a constant barrage of information being shared. Things are changing almost hourly across the country. The National Alliance for Direct Support Professionals (NADSP) is committed to sharing resources for Direct Support Professionals.

Included in the Toolkit -

Free DSP webinars:

- Self Care for DSPs in Crisis
- Meditation for DSPs in Times in Stress
- The Role of the DSP and the Coronavirus
- Competency in the Time of the Coronavirus
- Practical Applications for Hiring, Engaging and Keeping DSPs During (&After) COVID-19
- Frontline Initiative: Self Care for DSPs
- Grief and Loss for DSPs
- Let's Talk with Dave: When Death Happens at Work

Free COVID-19 Handouts

Links to additional online resources.

[Click here](#) to access.

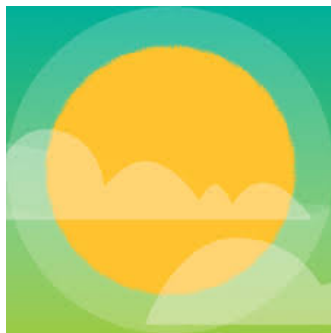
How to Get Support for Caregivers

VirginiaNavigator

COVID-19 has made life a lot more challenging for caregivers. Those who are caring for children *and* older relatives are stressed to the max.

- If you're caring for an older adult, check out [SeniorNavigator.org](https://senornavigator.org)'s huge library of resources and information for caregivers

Apps



COVID Coach

US Dept. of Veteran Affairs

The world as we know it has changed and we are living in unprecedented and uncertain times. COVID Coach is designed to help you build resilience, manage stress, and increase your well-being during this crisis. The app is free, secure, and helps connect you to important resources for coping and adapting during the COVID-19 pandemic.

Customized tools are available to help you cope with stress, stay well, stay safe, stay healthy, stay connected, and navigate parenting, caregiving, and working from home while social distancing, quarantined, or sheltered in place.

You can track your mood, visualize your progress, and find resources to seek additional help and support.

No account or password is required and user data is not

- If you're the parent of a child with a disability, you can find caregiving and family support resources on disAbilityNavigator.org.
- If you're a military caregiver, try the services listed on VeteransNavigator.org.
- If you're a long-distance or working caregiver, technology can make your life easier. Get customized recommendations from the [Caregiver Tech Tool Finder](https://CaregiverTechToolFinder.org).
- If you are a Commonwealth Coordinated Care Plus member, call your care coordinator or member services phone line for support.

Find simple answers to common caregiving challenges in [this guide](#) from VirginiaNavigator.

Caregiving resources are brought to you by the Lindsay Institute for Innovations in Caregiving, an arm of VirginiaNavigator and thought leader in the areas of caregiver health and innovation.

[Visit VirginiaNavigator](#)

Videos



Greet Someone Without Touching

Social Distancing Song

collected.

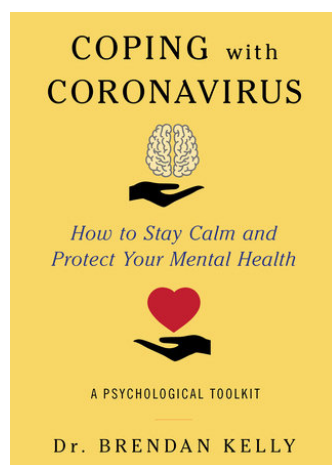
Jack Hartman/YouTube.com

COVID Coach was made by the mobile mental health team of the National Center for PTSD, Dissemination & Training Division.

Click on video above or [click here](#) to view.

[Click here](#) to learn more.

Books & Podcasts



Coping with Coronavirus

By Brendan Kelly

How worried should I be?
What information can I trust?
What should I tell the children? Can I survive the panic, let alone the virus?

These are certainly challenging, unprecedented times. Allow pre-eminent psychiatrist Dr. Brendan Kelly to help you understand and cope with the unique stresses of today, as we all try to deal with the threat of COVID-19 within our homes, communities and throughout the world.

Medical News



DBHDS/Office of Integrated Health

Topics included in the July Newsletter:

- Fatal Four: Seizures, Aspiration, Constipation, and Dehydration
- App of the Month: Drugs.com [Medication Guide](#)
- [Free Virtual Special Needs Dentistry Training](#)
- Dental Facts and Tips
- ABA Snippets

[Click here](#) to view.

Medicaid Expansion Has Provided More Virginians with Access to Care

dmas.virginia.gov

As of June 15th, 431,096 Virginians have gained access to health insurance through Medicaid Expansion. This means more Virginians can now access quality health care services so they do not have to worry about getting sick or having an accident.

[Click here](#) to read more.

Diversity & Inclusion



Case for Inclusion 2020 National Press Release

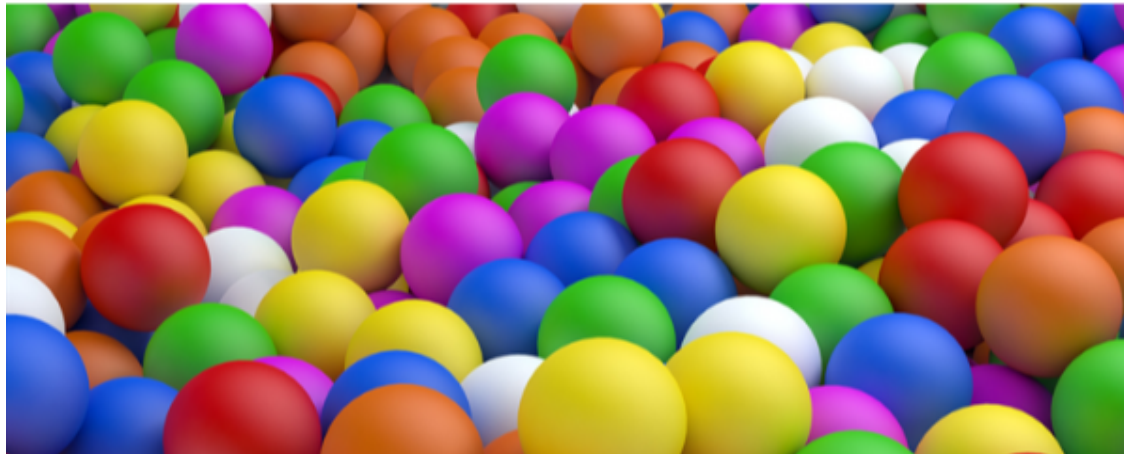
[Click here](#) to view.

[Click here](#) to visit the Medicaid Expansion Access and Health Services dashboard to learn more about what Medicaid Expansion means for Virginians.

We have updated our policies to waive co-pays, provide automatic approvals for many services, and encourage providers to use telehealth services. And, if you have recently lost health coverage through your employer, you can apply for Medicaid coverage at any time.

[Click here](#) to visit our website to learn more about our response and how to apply for coverage.

Opportunities and Events



Using Movement and Games to Enhance Learning, Social Skills and Inclusion for People with Intellectual Disabilities, Families and Professionals

Presented By: Eitan Eldar Ph.D. BCBA-D

LIVE Webinar Date: Thursday July 16, 2020

Time: 12:30-2:30 pm eastern (New York)

Recording Availability: Until 2/26/20 at 11:59pm eastern

Event Description:

In this webinar, Dr. Eldar will present his model for using movement and games as a uniquely ideal context enabling family members and clinicians to design a challenging learning and social atmosphere for their children. The model is based on a series of scripts offering a simulation of real-life situations. It can support a specific clinical goal such as developing self-control; support a school curriculum; serve as an extended behavioral program for individuals / groups.

The model has recently been implemented with Autistic children, supporting communication and social skills on an individual level and as a preparation for inclusion. The rationale behind developing the model will be discussed and specific behavioral procedures and principles supporting the model will be cited. In addition, the structure of the model will be described, followed by different examples of its optional implementation. Components of the model, modified during the past 20 years, will then be portrayed. The lecture will conclude with recommendations and examples for utilizing the model in a variety of educational and clinical settings applicable to various populations. Attention will be devoted to the potential of using these procedures as a part of an individual program for ASD populations and for supporting their inclusion in the regular education system.

[Click here](#) to register.



CA Human Services is offering 4 Parent Training Webinars in July!

This series of free live webinars will be presented by Chris Allen MS, BCBA, LBA, CA's Children's Program Behavior Analyst.

Content will take about 30 minutes and there will be time for questions and discussion afterwards for up to an additional 30 minutes.

These webinars are suitable for parents, caregivers, family members and professionals. Please feel free to share these resources.

Click on the events below to view specific information about each webinar and register. Space is limited, register soon!

[Click here](#) for: Thu, Jul 16, 2020 1:00 PM EST - Parent Resources Webinar- Functions of Behavior

[Click here](#) for: Tue, Jul 21, 2020 10:00 AM EST - Parent Resources Webinar- Behavior Reduction

[Click here](#) for: Thu, Jul 23, 2020 1:00 PM EST - Parent Resources Webinar: Replacement Behaviors

August Webinar Series Adult Resources Webinars

This 8 part series of free live webinars will be presented by various professionals presenting on several topics, including - SSI, transitioning to college, living independently, and more!

Content will take about 60 minutes and there will be time for questions and discussion afterwards for up to an additional 30 minutes.

These webinars are suitable for parents, caregivers, family members and professionals. Please feel free to share these resources.

Click on the events below to view specific information about each webinar and register. Space is limited, register soon!

[Click here](#) for: Tue, Aug 4, 2020 10:00 AM EST - Adult Resources Webinar Series: Guardianship

[Click here](#) for: Thu, Aug 6, 2020 1:00 PM EST - Adult Resources Webinar Series: Apartment Living

[Click here](#) for: Tue, Aug 11, 2020 10:00 AM EST - Adult Resources Webinar: SIS Assessment

[Click here](#) for: Thu, Aug 13, 2020 1:00 PM EST - Adult Resources Webinar: Special Needs Trust

[Click here](#) for: Tue, Aug 18, 2020 10:00 AM EST - Adult Resources Webinar: SSI/ SSDI

[Click here](#) for: Thu, Aug 20, 2020 1:00 PM EST - Adult Resources Webinar: Case Management

[Click here](#) for: Tue, Aug 25, 2020 10:00 AM EST - Adult Resources Webinar: Transition to College

[Click here](#) for: Thu, Aug 27, 2020 1:00 PM EST - Adult Resources Webinar: ABLE Now/ VA529



Every person deserves an opportunity to work and that includes you!

Work is a pathway to discovering your talent, making new friends and becoming financially independent. Many people who have been away from work because of a disability miss these aspects of having a job.

If this sounds like you, then you may want to look into Social Security's Ticket to Work (Ticket) program.

Ticket program service providers are ready to support you on your journey to financial independence and offer free resources to help you succeed in the workplace.

[Click here](#) to learn more

Lunch and Learn - VCU Autism Center for Excellence

During these uncertain times, VCU-ACE is working to provide resources for families. Weekly, VCU- ACE will provide an opportunity for parents to join us for Lunch and Learn.

An interactive and secure Zoom meeting that will address different topics each week. There will be a short presentation with a time for Q&A.

[Click here](#) to register.

Blacksburg Adult ASD/Asperger's Monthly Support Group

WHAT:

This support group is to come together to discuss various topics of interest and engage in fun social activities!

WHO: Adults (ages 18 and up) with an autism spectrum disorder diagnosis, as well as their families/caregivers.

WHERE:

If there is interest in this support group it can be moved to a zoom meeting. Please contact Angela Dahiya by email: avdahiya@vt.edu or by phone: 504-231-3514.

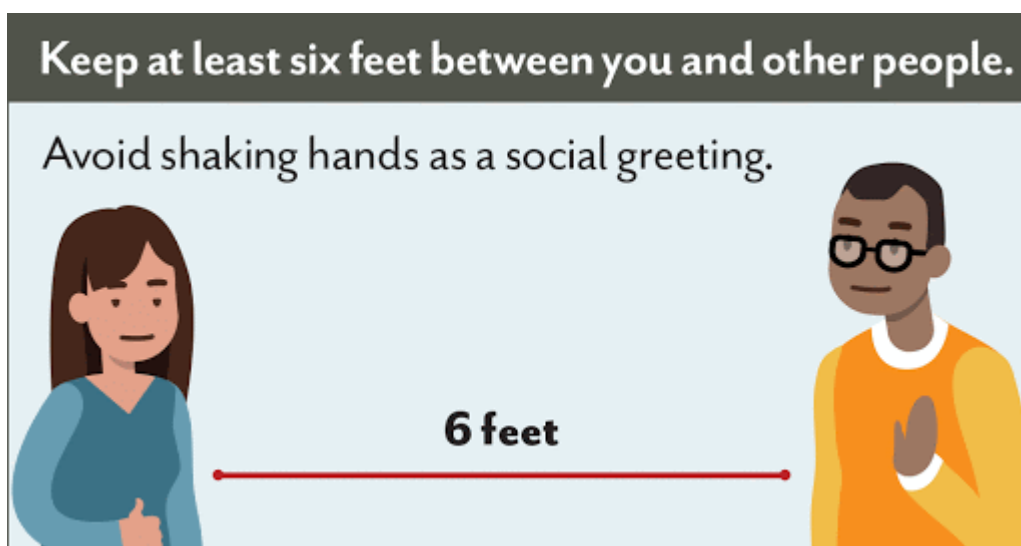
Do You Know Where to Go to Get a COVID-19 Test?

It's important to know where the COVID-19 testing sites are in case you or a loved one becomes symptomatic.

The Virginia Department of Health has provided resources around COVID-19 testing, including a map of COVID-19 testing sites throughout the state of Virginia. If you are symptomatic, you should consider contacting your healthcare provider to get a COVID-19 test. Symptoms of COVID-19 include:

Fever or chills
Cough
Shortness of breath
Loss of taste or smell

[Click here](#) to find your testing location.



Employment Opportunities

Come check out our job openings for REACH Region III.

[Click here](#) for the flyer.

For more information on available positions and to apply [click here](#).

DBHDS



[Click Here](#) for the website.

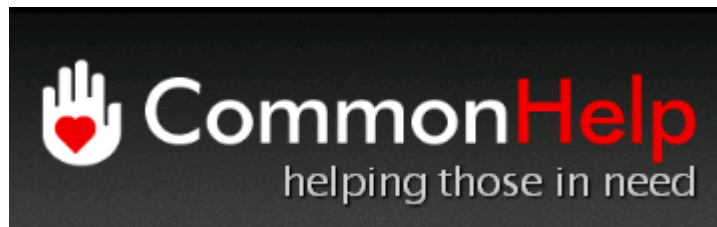
REACH Information

Crisis Services

The DBHDS website has been updated with more in depth information on REACH, has updated contact info, and contains links to some of the forms that may be helpful for consumers to access.

[Click here](#) to view.

Resources



Virginia CommonHelp

In these difficult times, many Virginians are looking for assistance with essential services.

Virginia CommonHelp makes it easy for you to apply for multiple Department of Social Services programs using one online application.

CommonHelp partners with several government agencies to offer Virginians a fast and easy way to apply for a wide range of services:

- Help with paying for childcare
- Home energy assistance
- Help with buying food
- Low or no-cost healthcare
- Temporary cash assistance for families with children

To determine your eligibility for one or more programs, you can complete CommonHelp's [online eligibility portal](#). The portal will tell you which programs you qualify for and how to apply for them online. Visit the [CommonHelp website](#) to learn more about the programs and government agencies that they partner with.



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for Events and News!

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel



Commonwealth Autism

[Click here](#) to view Resources compiled by **Commonwealth Autism**.

development and knowledge regarding autism in Virginia. [Click here](#) for more information.



New River Valley Disability Resource Center
A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.

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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Local Calls - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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