

REACH Region III - Monthly Report for May 2020

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Update

Clinical Corner



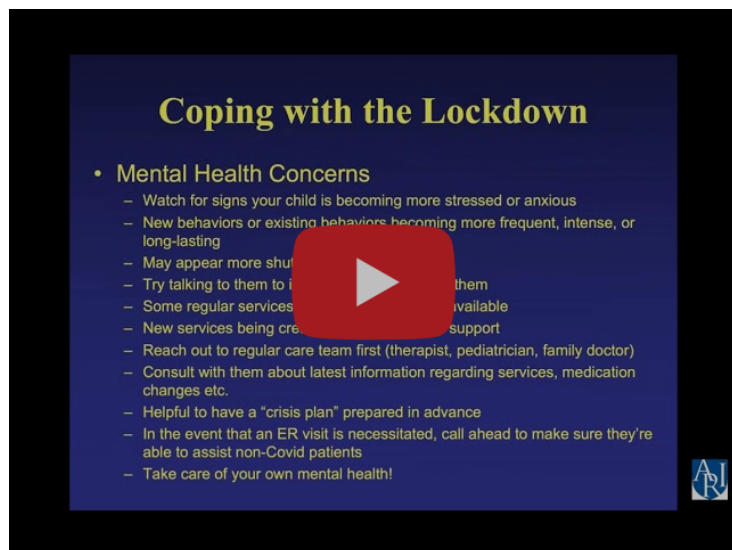
May Data

Adults

Referrals: 30
 Active Clients: 115
 Crisis Plan Hours: 219.16
 Prevention hours: 401.13

Calls to Crisis Line

Information: 48
 Prevention: 118
 Crisis/Face to Face
 Response: 24



Click on video above or [click here](#) to view.

Support for Individuals with ASD: Coping with Family and Virtual Interactions During COVID-19

(14 of which were by telehealth)

Average Crisis/Face to Face Response Time: 29 minutes

Crisis Therapeutic Home

Emergency Bed Days: 61
Step-down Bed Days: 124
Prevention Bed Days: 0

Children

Referrals: 12
Active Clients: 83
Crisis Plan Hours: 144.33
Prevention Hours: 253.93

Calls to Crisis Line

Information: 6
Prevention: 13
Crisis/Face to Face Response: 11
(6 of which were by telehealth)

Average Crisis/Face to Face Response Time: 34.45 minutes

We have a new referral form!

Please replace the old form with this new form.

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

REACH Region III

Email: info@swvareach.org

Autism Research Institute

Learn skills to manage day-to-day disagreements, resources for virtual social interactions, and general guidelines about coping with the lockdown for individuals with ASD and their families.

[Click here](#) to learn more.

Free certificates of participation are available upon successful completion of a brief, online quiz that can be found by clicking [here](#).

Handouts are online and can be found by clicking [here](#).

Coping with the COVID-19 Pandemic: Resources for Individuals and Families

Autism Research Institute

Disruptions to our personal and professional lives, schedule changes, and school closings present unique challenges individuals on the autism spectrum and their families. In these challenging times, we are sensitive to the needs of these individuals and their families. To help, we have compiled these resources aimed at reducing anxiety and restoring a sense of routine during the COVID-19 pandemic.

[Click here](#) to learn more.

Awareness

Fax: 540.267.3403

Apps



Visual Countdown Timer

Watch as the timer runs from green to amber to red.

A fun picture is slowly revealed as the timer runs down and when the time is up you are rewarded with an exciting sound and the picture spins.

[Click here](#) to learn more.



LGBTQ+ Adults with Intellectual Disabilities Need Supportive Caregivers

mayinstitute.org

Adults with intellectual disabilities (ID) are often victims of discrimination simply because they have a disability. People with ID who identify as LGBTQ+ face further bullying and harassment simply because of whom they choose to love or how they express their identity.

[Click here](#) to read more.

Books & Podcasts



IntersectionAllies: We Make Room for All

Videos



Click on video above or [click here](#) to view.

by *Chelsea Johnson*

Featuring gorgeous illustrations on every page by Ashley Seil Smith, as well as powerful introductions by activist and law professor Dr. Kimberlé Crenshaw, who coined the term “intersectionality,” and Dr. Ange-Marie Hancock Alfaro, author of *Intersectionality: An Intellectual History*.

[Click here](#) to learn more.

Diversity & Inclusion



Overcoming Bias - Building Authentic Relationships Across Differences

by: *Tiffany Jana and Matthew Freeman*

Everybody's biased. The truth is, we all harbor unconscious assumptions that can get in the way of our good intentions and keep us from building authentic relationships with people different from ourselves.

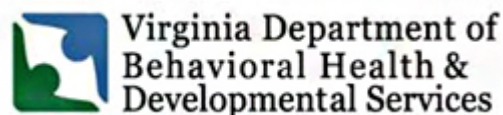
[Click here](#) to learn more.

Easy Summer Craft Ideas

YouTube.com

Here are 3 Easy Summer Crafts for you to make this season. You will have fun making funky popsicles, paper plate watermelons and paper plate citrus fruit.

Medical News



DBHDS/Office of Integrated Health

Topics included in the June Newsletter:

- June is National Safety Month
- ABA Snippets
- App of the Month - The FEMA Mobile App
- Dental Facts and Tips
- The Wellness Corner
- Coronavirus-COVID-10 Resources

[Click here](#) to view.

Opportunities and Events



Pivotal Response Treatment for Minimally Verbal Children with ASD

WHEN: Wednesday, Jun 17, 10:30am-12:30pm (Part 1) and Wednesday, Jun 24, 2pm-4pm (Part 2) EDT
(Rescheduled from the earlier dates.)

LIVE WEBINAR. Cost for this two part training is \$150.

FOR REGISTRATION:

[Click here.](#)

Presented by: Angela Scarpa Ph.D. and Angela Dahiya, M.S. (Virginia Tech). Hosted by CA Human Services

This 2-part series is for professionals or parents who would like foundational information on Pivotal Response Treatment (PRT), which is aimed at teaching language skills to minimally-verbal children. We will provide an overview of the treatment, PRT motivational strategies, and how to generalize this treatment to other target behaviors.

This training will provide a foundational overview of:

- Autism Spectrum Disorder interventions and PRT treatment
 - PRT behavioral basics (the ABC's of behaviors)
 - How to structure learning opportunities
 - How to generalize PRT strategies to improve future target behaviors
- Questions can be directed to Nick Fields at nick.fields@cahumanservices.org.

Autism 101 Webinar: Best Practices for Psychosocial Assessment and Treatment

WHEN: Monday, June 22, 11:30am-3:30pm

LIVE WEBINAR. Cost is \$50.

FOR REGISTRATION:

[Click here.](#)

Presented by: Angela Scarpa Ph.D., Jennifer Bertollo, B.A. & Angela Dahiya, M.S. (Virginia Tech).
Hosted by CA Human Services.

This training is for professionals or parents who would like foundational information about Autism Spectrum Disorder. Specifically, we will provide an overview of history of the diagnosis, prevalence, early signs, symptoms, associated characteristics, and primary psychosocial evidence-based practices.

This training is designed to provide a foundational overview of:

- Autism spectrum disorder diagnostic criteria and history
- ASD associated characteristics, strengths, weaknesses
 - Evidence-based diagnostic assessment
- Evidence-based treatments for social skills, behavior challenges, emotion regulation.

Questions can be directed to Nick Fields at nick.fields@cahumanservices.org.

Lunch and Learn - VCU Autism Center for Excellence

During these uncertain times, VCU-ACE is working to provide resources for families. Weekly, VCU- ACE will provide an opportunity for parents to join us for Lunch and Learn.

An interactive and secure Zoom meeting that will address different topics each week. There will be a short presentation with a time for Q&A.

[Click here](#) to register.

Blacksburg Adult ASD/Asperger's Monthly Support Group

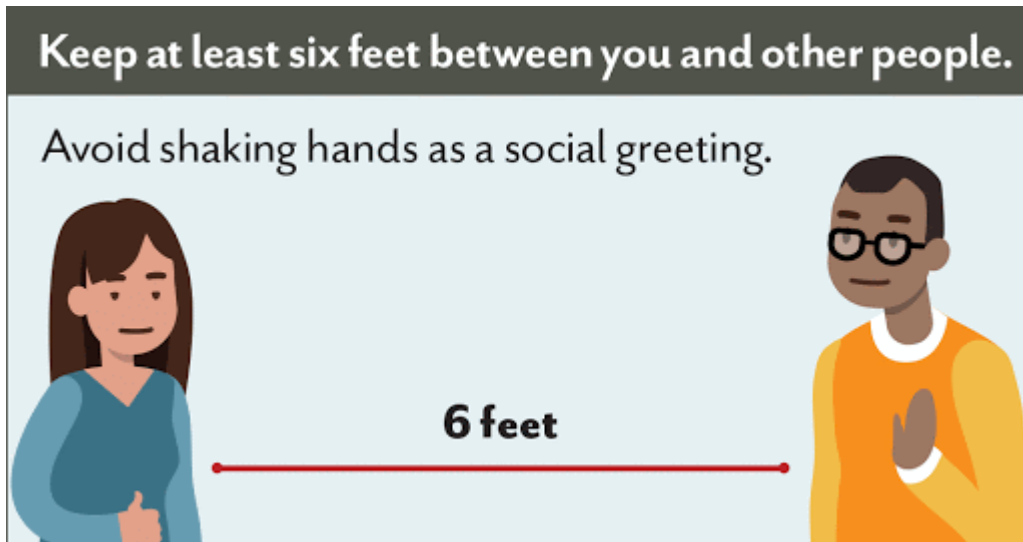
WHAT:

This support group is to come together to discuss various topics of interest and engage in fun social activities!

WHO: Adults (ages 18 and up) with an autism spectrum disorder diagnosis, as well as their families/caregivers.

WHERE:

If there is interest in this support group it can be moved to a zoom meeting. Please contact Angela Dahiya by email: avdahiya@vt.edu or by phone: 504-231-3514.



Employment Opportunities

Come check out our job openings for REACH Region III.

[Click here](#) for the flyer.

For more information on available positions and to apply [click here](#).

DBHDS



Virginia Department of
Behavioral Health &
Developmental Services

[Click Here](#) for the website.

REACH Information

Crisis Services

The DBHDS website has been updated with more in depth information on REACH, has updated contact info, and contains links to some of the forms that may be helpful for consumers to access.

[Click here](#) to view.

Resources



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for Events and News!

[Click here](#) for their website.



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



Commonwealth Autism

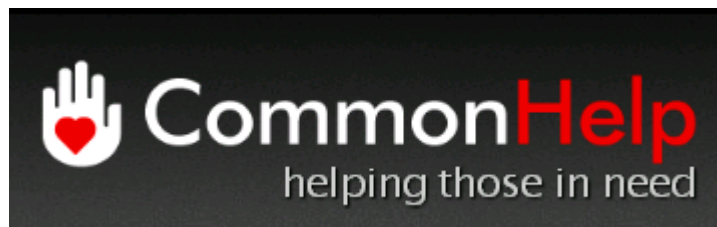
[Click here](#) to view Resources compiled by **Commonwealth Autism**.

development and knowledge regarding autism in Virginia. [Click here](#) for more information.



New River Valley Disability Resource Center
A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.



Virginia CommonHelp

Apply for help with food, child care, heating and cooling bills, health care and cash assistance. [Click here](#) for their website.

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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Local Calls - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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