

A Brief Resource Guide with Information and Services

For Aging in Place in the New River Valley



The New River Valley Agency on Aging provides information to individuals concerning programs, services and resources for older adults, adults with disabilities and their care supporters that are available both within the Agency and from other agencies and organization. Information is provided regarding possible options, along with assistance to access services and resources as needed.

Contact the NRV Agency on Aging by phone at 540-980-7720 or toll free at 1-866-260-4417.

Email inquiries can be sent to: nrvaaa@nrvaaa.org. Also, see the Fact Sheet (Attachment A) in this booklet.

This resource guide is a compilation of limited information and services and not an endorsement of any organization. It is organized by subject categories and does not include all possible local, state or national services or resources available. Criteria for eligibility for each of the services are best determined by contacting the agency or organization providing the service.

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AFFORDABLE RENTAL HOUSING INFORMATION:

*See Attachment C for Income Based Rental Apartments

CAREGIVER SUPPORTS:

- **Community Based Care and In-home Services:**

Giles Health and Family Center – Adult Day Care

540-921-3024

701 Wenonah Ave., Pearisburg, VA 24134

<https://gilesfamilyservices.wordpress.com/>

Adult Day Care is a program for adults who need supervision, care and support during the daytime while their caretaker(s) rest or work. Services provided include rehabilitation, therapeutic recreation, socialization, health and nutrition monitoring, supervision for safety and assistance with activities in daily living. We also provide breakfast, lunch and two nutritional snacks during the day, as well as medication administration.

Pulaski Adult Day and Fall Prevention Services, Inc.

540-307-5487

211 Fifth Street, Dublin, VA 24084

www.pulaskiadultdayservice.org

The Adult Day Service provides day time care for dependent adults age 18 and over while providing family caregiving support. Physical, medical and mental dimensions of care are addressed. The Fall Prevention Center provides comprehensive fall risk assessments, intervention planning, and scheduled follow-up services.

VT Adult Day Services

540-231-3160

http://www.humandevlopment.vt.edu/centers/old_site/ads/ads.html

Offers personal care, health monitoring, meals, therapeutic activities, dementia care, and recovery assistance during rehab for older adults as well as support, education, and respite for the caregiver.

- **NRV Agency on Aging:**
540-980-7720
6226 University Park Drive, Suite 3100, Fairlawn, VA 24141

*See Attachment A

- **NRV Personal Care Agencies**
*See attachment D

COMMUNITY BASED MENTAL HEALTH SERVICES:

- **New River Valley Community Services:**
540-961-8400
www.nrvcs.org
Provides services in areas of mental health, intellectual disabilities, substance use disorders and related prevention services.

COMMUNITY HEALTH CLINICS/DENTAL CLINICS/FREE CLINICS

- **Community Health Center:**
www.chcnrv.org

The Montgomery Center
215 Roanoke Street
Christiansburg, Virginia 24073
Phone: 540.381.0820

The Giles Center
219 South Buchanan St.
Pearisburg, Virginia 24134
Phone: 540.921.3502

The Radford/Pulaski Center
5826 Ruebush Road
Dublin, VA 24084
Phone: 540-585-1310

Programs provide medical, dental, behavioral health and medication assistance services

Free Clinic – Pulaski
25th & 4th Street
Pulaski, Virginia 24301
Phone: 540.980.0922

- **Virginia Dental Association Foundation:**

804-264-9010

<http://www.vdaf.org/>

Founded in 1996, the VDAF is a 501(c) 3 non-profit that provides access to dental care for low income Virginians. It accomplishes this mission through its three nationally-recognized programs -- Mission of Mercy, Donated Dental Services, and Give Kids A Smile.

- **Virginia Department of Health:**

Floyd County Health Department

123 Parkview Road, NE, Floyd, VA 24091

Phone: (540) 745-2142 | Fax: (540) 745-4929

Giles County Health Department

120 North Main Street, Pearisburg VA 24134

Phone: (540) 235-3135 | Fax: (540) 921-1335

Montgomery County Health Department ~ District Office

210 South Pepper Street-Suite A, Christiansburg, VA 24073

Phone: (540) 585-3300 | Fax: 381-7104

Pulaski County Health Department

170 4th Street NW | Pulaski, VA 24301

Phone: (540) 440-2188 | Fax: 994-5036

Radford City Health Department

212 Third Avenue, Radford, VA 24141

Phone: (540) 267-8255 | Fax: (540)831-6109

Health Departments may be able to help provide programs and needs for the following: Baby Care, Care Connection for Children, Communicable Disease Prevention and Control, Environmental Health, Family Planning, Health Education, Immunizations for Children and Adults, International Travel, Maternity Care, Pre-Admission Nursing Home Screenings, Resource Mothers, Safety (Car) Seat Program, Vital Records and Health Statistics, Women, Infants, & Children (WIC)

DISABILITY ASSISTANCE:

- **The Division of Rehabilitative Services:**

8 Radford Street, Suite 102-B

Christiansburg, VA 24073

Phone: 540.381.7122

The Division of Rehabilitative Services offers vocational rehabilitation to assist people with disabilities to prepare for, secure, retain or regain employment. You may be eligible for these

services is you have a physical, mental or emotional disability; this disability keeps you from working; you live, work or attend school in Virginia; and DRS certifies that there is a good chance that these services will result in your employment. Service may include vocational/career exploration, vocational/job training, job place assistance, situational assessment, job development/job coaching, and assistive technology devices, services for accommodation to help consumers live and work independently.

Department for the Blind and Vision Impaired:

540-561-7475

1351 Hershberger Road, Suite 215, Roanoke VA 24012

Provides services and resources which empower Virginians who are blind, vision impaired or deaf blind to achieve their desired levels of employment, education, and personal independence.

- **Department for the Deaf and Hard of Hearing:**

1-800-552-7917

1602 Rolling Hills Dr, Suite 203, Henrico, Virginia 23229-5012

The Virginia Department for the Deaf and Hard of Hearing (VDDHH) works to reduce the communication barriers between persons who are deaf or hard of hearing and those who are hearing, including family members, service providers, and the general public.

EMERGENCY SHELTER and ASSISTANCE INFORMATION:

- **New River Family Shelter:**

540-382-6188

www.civic.bev.net/nrfs

Provides safe emergency shelter to families in the New River Valley and connects families with supportive services to promote self-sufficiency and lasting stability.

- **Women’s Resource Center of the NRV:**

Office: (540) 639-9592

Hotline: (540) 639-1123 – Available 24/7

Radford, VA 24141

The shelter is a comfortable, attractive home with facilities for 26 women and children. Crisis intervention counselors and trained volunteers supervise the shelter 24 hours a day. Provides safe shelter for domestic violence, sexual assault victims or a one night stay for persons that may be homeless. WRC may also provide shelter options for male

victims of domestic violence and sexual assault. Provides companion services to sexual assault victims at the hospital and also victim/witness advocacy services and supports.

- **Women's Shelter**

Contact Reverend David Rose before coming
Grace Episcopal Church
210 Fourth Street
Radford, Virginia 24141
540.639.3494

- **Family Promise of Greater Roanoke**

37 East Clay Street
Salem, Virginia
540.444.7374

This service is for children and their families. Call to make an appointment.

- **The Warming Place**

223 North Washington Avenue
Pulaski, Virginia 24301
Charlie.barbettini@gmail.com
276.620.4293

This is a service that only operates when the temperature is below 40 degrees. One must register by phone before going.

- **Rescue Mission of Roanoke**

402 4th Street South East
Roanoke, Virginia
www.rescuemission.net
540.343.7227

- **To Our House - Intake Center**

110 Roanoke Street
Christiansburg, Virginia 24073
540.382.6186
www.ToOurHouse.org

This service is available Nov-March, every night. It provides a multi-night stay for single, homeless men. **One must arrive before 5pm.**

- **American Red Cross:**
Montgomery/Floyd: 540-443-3606
Greater NRV: 540-639-2140
www.redcrossnrv.org
 Can provide disaster relief, emergency assistance and communications for military service persons and their families.

- **NRV Community Action Emergency Assistance Program:**

Floyd: 540.745-2102
Giles: 540.921-2146
Montgomery: 540.382-6186
Pulaski: 540.980.5525
Radford: 540.731.3663 ext 6994

Through the Virginia Department of Housing and Community Development, Homeless and Housing Programs offer financial services to those at-risk of becoming homeless (Prevention) and those already homeless (Rapid Rehousing) to help them obtain or maintain permanent housing. Clients must meet strict grant criteria to receive financial services through Homeless and Housing Programs and adhere to program policies and guidelines for continued services. Funding is used for participant financial assistance in the form of renter education, rent deposits and last month's rent, rent payments, utility deposits and utility arrears, and application fees.

FOOD BANK RESOURCES and NUTRITIONAL SERVICES:

- **Radford Meals on Wheels:**
540-639-2575
 Provides a hot meal to homebound persons in Radford Monday-Friday.
- **Radford/Fairlawn Daily Bread:**
540-639-0290
 Provides a free, nutritious and hot meal at noon five days a week, year-round to economically disadvantaged persons and families.
- **Pulaski Daily Bread:**
540-980-2131
 First Presbyterian Church hosts Pulaski Daily Bread, a program that serves mid-day community meals, five days a week. For more information on Daily Bread please contact Debra Harrell.
- **Blacksburg Interfaith Food Pantry:**
540-382-6186 or 951-8134 (Sign-up at MCEAP in Christiansburg)

For residents or transients within Blacksburg, the program offers food once a month.

- **MCEAP Food Bank**

540-381-1561

Individuals in need of assistance will need to go in person to the MCEAP Administrative Office located at 110 Roanoke Street to complete an application and provide documentation for eligibility determination.

- **Giles Community Action:**

540-921-2146

122 Elm Street, Pearisburg, VA

Provides a box of shelf stable food one time per month. Based on income.

- **New River Valley Agency on Aging Nutrition Program:**

540.980.7702

6226 University Park Drive, Suite 3100

Fairlawn, VA 24141 * See Attachment A

- **PLENTY!:**

540-745-3898

192 Elephant Curve Rd, Floyd, VA 24091

Plenty! nourishes and feeds hungry neighbors by growing and sharing food in Floyd County Virginia. They value freshness in produce, generosity in giving and receiving, welcoming each and every person, preserving Floyd County's land and culture. Do not have a ride to the food bank? Give Plenty! a call!

- **Supplemental Nutrition Assistance Program (SNAP):**

Departments of Social Services

Radford City: 540-731-3663

Montgomery County: 540-382-6990

Pulaski County: 540-980-7995

Giles County: 540-726-8315

Floyd County: 540-745-9316

<http://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program-snap>

SNAP offers nutrition assistance to millions of eligible, low-income individuals and families and provides economic benefits to communities. To apply, contact local Department of Social Services OR call the hotline option for Virginia: 1-800-552-3431 or 804-726-7000.

- **Virginia Cooperative Extension:**

540-980-7761

**143 Third Street NW, Suite 3
Pulaski, VA 24301**

Through educational programs based on research and developed with input from local stakeholders, they help the people of Pulaski County improve their lives. They provide education through programs in Agriculture and Natural Resources, Family and Consumer Sciences, 4-H Youth Development, and Community Viability. They also help with budgeting related to food spending, meal planning, and cooking instructions.

HOME REPAIR AND ASSISTANCE:

- **Community Housing Partners – Emergency Home Repair Program:**

**540-381-9446 ext. 5000 Dave Bourdon
400 Industrial Drive, Christiansburg, VA 24073**

The Emergency Home Repair Program provides repairs such as roofing, electrical, plumbing and safety improvements to increase the self-sufficiency and quality of living conditions for low income families.

This program is federally funded and is only allowed to help 5-10 families per year and they are currently out of funds until July/August 2016. For heating emergencies, CHP refers to Department of Social Services.

- **Community Housing Partners – Weatherization:**

CHP Energy Solutions New River Valley Office

**400 Industrial Drive
Christiansburg, Virginia 24073**

mmcmillen@chpc2.org

540-381-9446 x5006

CHP Energy Solutions New River Valley office provides weatherization services for the New River Valley area of Virginia; serving the following counties and city: Floyd, Giles, Montgomery, and Pulaski counties and the city of Radford. This program works with households to reduce energy cost by improving the energy efficiency of homes, while also assessing and eliminating related health and safety issues. The service is typically income based and targeted particularly toward households with older adults, adults with disabilities and families with children.

- **New River Community Action:**

HIP (Homeless Intervention Program)

110 Roanoke St., Christiansburg, VA – only serves Montgomery County

540-381-1561 Melissa Poindexter

14 6th St. NW, Pulaski, VA

540-994-5740

Provides no-interest loans for mortgages and grants to help with the payments of temporary rent and deposit assistance to eligible people in the NRV who are homeless or in danger of becoming homeless. A homeless Counselor assists approved applicants with a self-sufficiency plan.

- **Emergency Assistance Program:**

New River Community Action, Inc.
540-633-513

Provides food, clothing, and financial assistance to meet temporary emergency needs for families and individuals in crisis.

**Neighbor to Neighbor Program:* administered by New River Community Action: This is a grant to help people who may be behind on their electric bill through AEP.

- **Town of Blacksburg:**

540-951-4336
www.blacksburg.gov

Provide the following services fee-free to Town of Blacksburg residents: Pre/Post Purchase homeownership counseling, financial literacy/credit counseling, foreclosure prevention counseling, and fair housing counseling.

- **Energy Assistance through Department of Social Services:**

Radford City: 540-731-3663
Montgomery County: 540-382-6990
Pulaski County: 540-380-7995
Giles County: 540-726-8315
Floyd County: 540-745-9316
www.dss.virginia.gov/benefit/ea/

The purpose of this program is to help eligible low-income households offset expenses associated with heating and/or cooling their home. Also provides weatherization and crisis assistance.

- **Southeast Rural Community Assistance Project:**

540-345-1184
347 Campbell Ave., S.W., Roanoke, VA 24016
sercap.org

Rehabilitates homes of low-income rural residents without complete indoor plumbing. It is a state-funded program in Virginia. When the home proves too decrepit for rehabilitation to meet HUD Section 8 housing standards, a new home is constructed.

- **VHDA Rental Unit Modification Grant Program:**

Debbie L. Griner

Community Outreach Program Coordinator

Phone: 804-343-5579

debbie.griner@vhda.com

<http://www.vhda.com/Renters/Pages/AccessibleRentalHousing.aspx>

Provides up to \$2800 for adaptation or modifications to rental unit for persons with disabilities.

***See Attachment B for additional Financial Resources for Home Modifications**

LEGAL SERVICES:

- **Legal Aid Society of the NRV:**
155 Arrowhead Trail, Christiansburg, VA 24073
540-382-6157
www.svlas.org
Provides high quality, courteous, and effective legal services to low-income families and individuals facing serious threats to their personal, economic or family stability and to work with others to identify and respond to problems faced by those in the low-income community within our region.
- **Virginia Lawyers Referral Service:**
800-552-7977
To set up a 30 minute consult with an attorney who specifies in your area of concern. Cost is \$35 for 30 minute consult.
- **Disability Law Center of Virginia:**
1-800-552-3962
<http://dlcv.org/>
The Disability Law Center helps with disability-related problems like abuse, neglect, and discrimination. They also help people with disabilities obtain services and treatment. All callers receive help with these problems. Individuals with problems, targeted in their program goals, may also receive advocacy services and/or legal representation.

TRANSPORTATION SERVICES:

- **NRV Senior Services:**
6226 University Park Drive, Suite 3100, Fairlawn, VA 24141
540-980-7720

Disability Transportation: New River Valley Senior Services and the Community Services Board work together providing transportation services for those with disabilities

(physical or sensory). There are no age limits and the cost is based on the client's monthly income. Funding received from the counties of Montgomery, Pulaski, Floyd, Giles and the City of Radford help to pay for this most important program.

- **Medical Transportation:** Senior Services provides medical assistance transportation throughout the 4th Planning District. The program is much like a taxi service. We will pick you up at your home and take you to your doctor's appointment; advance notice is required. This is a NON-EMERGENCY Service. The Agency does accept Medicaid as a payment source
- **Med Ride:**
6226 University Park Drive, Suite 3100, Fairlawn, VA 24141
Toll Free: 1-888-633-7433
The Med-Ride Program will utilize available volunteers to transport clients in the New River Valley. This service is available to those who have no transportation or cannot afford public transportation. It operates on a sliding scale (taking into consideration both income and expenses). There is a minimum fee of \$5.00 per trip. Advanced notice is required.
- **Mobility Coordination:**
6226 University Park Drive, Suite 3100, Fairlawn, VA 24141
Toll Free: 1-855-489-4583
A “one-stop” call for transportation information in the New River Valley and a connection to additional transportation assistance for older adults and adults with disabilities.
- **Giles Health and Family Center**
701 Wenonah Ave., Pearisburg, VA 24134
540-921-3024
Non-emergency medical transportation. Private pay and Medicaid payment options.
- **Blacksburg Transit Options:**
540-961-1185
2800 Commerce St., Blacksburg, VA 24060
<http://www.blacksburg.gov/Index.aspx?page=236>
For all transportation services: exact fare is required.
Adults: \$.50/ride or \$8/month pass
Adults 65+: \$.25/ride or \$4/ month pass

BT Access:

540-961-1803

Provides service to those who are unable to ride a bus due to a disability. They are equipped with vans and small buses along with ADA trained operators. The service is provided within the town limits of Blacksburg.

Two Town Trolley:

540-961-1185

Email: btransit@blacksburg.gov

Provides transportation connecting Blacksburg and Christiansburg.

- **Christiansburg Transit Options:**

<http://www.christiansburg.org/index.aspx?nid=641>

Explorer:

540-961-1185

Serves transportation needs in Christiansburg downtown Business District and surrounding neighborhoods

Go Anywhere:

540-443-7111

Provides transportation with required advanced reservations within town limits.

- **Radford Transit Options:**

540-831-5911

www.radfordtransit.com

Adults 65+: \$ Free

General Fare: \$1.00

Transit services are provided for the entire city of Radford with buses that are also accessible for the disabled. The buses also provide wheelchair securement. There are 6 different routes that are accessible at bus stops located throughout the city.

Radford transit also services as medical transportation with a community transit vehicle. The service will meet client at the Hub (East Main Street beside Suntrust) and will transport client to the emergency room entrance at Carilion New River Valley Medical Center. To return back to the hub, call 540-831-5911 after the appointment by 5:00pm and the vehicle will return client to the hub.

- **Pulaski Area Transit:**

540-980-5040

<http://www.pulaskitransit.org/Times-Schedules-Fares.html>

7:00 – 5:00 Monday – Friday

9:00 – 3:00 Saturday

\$.75 Town Trips

\$2.00 ADA Qualified Pre-Arranged Trips

\$2.00 Pulaski Co./Dublin/Fairlawn Trips

\$20.00 Month pass for unlimited trips

Can Purchase online or in Agency on Aging Office (141 East Main Street, Pulaski, VA 24301)

- **LogistiCare:**

1-866-810-8305

<http://www.logisticare.com/index.php>

Transportation Company that networks with local transportation services in the area. It is Non-emergency medical transportation and provides personal mobility solutions that make life easier for individuals with full Medicaid coverage.

VETERANS SERVICES:

- **Virginia Department of Veterans Services:**

Rhonda Back

Western Regional Outreach Coordinator

Veterans Service Representative

Office: 276-228-5211

Cell: 540-494-9043

Email: Rhonda.Back@dvs.virginia.gov

180 South 4th Street, Suite 201, Wytheville, VA 24382

Provides services to Veterans or spouses of veterans with benefit connections and services planning.

- **Aid & Attendance Program:**

<http://www.veteranaid.org/about.php>

The Aid and Attendance (A&A) Pension provides benefits for veterans and surviving spouses who require the regular attendance of another person to assist in eating, bathing, dressing and undressing or taking care of the needs of nature. It also includes individuals who are blind or a patient in a nursing home because of mental or physical incapacity. Assisted care in an assisting living facility also qualifies.

How To Apply: <http://www.veteranaid.org/apply.php>

Or contact: Wytheville Benefits Field Office

180 South 4th Street, Suite 201

Wytheville, VA 24382

276-228-5211

Attachments:

Attachment A –

The New River Valley Agency on Aging “Fact Sheet.”

This Fact Sheet details and explains the services available through the Agency on Aging.

Attachment B –

Financial Resources available for Home Modifications.

This attachment provides a list of resources available to help assist with modifying one’s home.

Attachment C –

Income Based Rental Apartments located in the New River Valley.

A list of income based apartments are provided on attachment C.

Attachment D –

Personal Care Agencies located in the New River Valley.

Attachment D offers contact information for personal care agencies available
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6226 University Park Dr, Suite 3100
Fairlawn, VA 24141
Phone: (540) 980-7720
For persons living in Giles, Floyd, Shawsville or Elliston.
Call toll free at 1-866-260-4417.
Fax: (540) 980-7724
Email: [nrvaoo@nrvaoo.org](mailto:nrvaoa@nrvaoo.org)
www.nrvaoa.org

Fact Sheet

The New River Valley Agency on Aging provides support services, advocacy, resources, and information to aging and disabled adults, as well as to their caregivers, to enable them to achieve maximum independence, maintain their dignity, and strengthen their social support systems within their communities while enhancing their quality of life. A description of services available is listed below. These services are provided in the counties of Montgomery, Pulaski, Giles and Floyd and the City of Radford.

Home Delivered Meals: Provide a nutritionally balanced meal Monday through Friday to persons who are age 60 and older, who are confined to their home due to health problems, have difficulty preparing meals, and have no one on a regular basis to prepare meals. In most cases hot meals are delivered which also provides a good opportunity to check on the recipient's well being. In the service areas that are more remote, frozen meals or canned shelf stable meals can be delivered. For person's having income at the poverty level, there is no charge for the meals. Persons having income over the poverty level pay on a sliding scale fee after deductions are given for medical expenses.

The Friendship Café: Provides hot, well-balanced meals to persons who are age 60 and older, two-three days per week at a group setting. Friendship Café's are located throughout the New River Valley to provide meals and socialization. Transportation may be provided to a Café, if needed. There is no charge to attend, however contributions are welcomed.

Homemaker Services: are provided to persons who are age 60 and older and need help with light housekeeping tasks. The service can also provide respite for a caregiver. The homemaker service is provided by a trained and supervised aide usually one day per week for an average of 3 hours. For persons having an income at poverty level there is no charge. Persons having income over the poverty level pay on a sliding scale fee after deductions are given for medical expenses.

Communication, Referral, Information and Assistance: provides older adults, adults with disabilities, caregivers, professionals, or other individual's general information on programs, services, supports and resources that are available and as appropriate, links them to either Agency on Aging services or other agencies. There is no charge for this service.

Care Coordination Services: provides an in-depth assessment for persons who are age 60 and older and works with the individual and/or their caregiver to identify and obtain services, equipment, information, etc. Persons who receive care coordination services are monitored through home visits and telephone contacts to determine if their needs are being met. Fees are determined on a sliding scale after deductions are given for medical expenses.

ATTACHMENT: A

A

Options Counseling: is a person-centered, interactive, decision-support process whereby individuals are supported in their deliberation to make informed long-term support choices in the context of their own preferences, strengths, and values. Options Counseling can be provided to all individuals age 18 and over with a disability and adults age 60 and over. Fees are determined on a sliding scale after deductions are given for medical expenses.

Legal Services: the Agency on Aging's sub-contractor, Southwest Virginia Legal Aid Society, Inc. provides limited legal assistance to persons age 60 and older. There is no fee charged, however contributions are welcomed.

Elder Abuse Prevention: A specialist is available to answer questions and make appropriate referrals when someone needs help with a suspected elder abuse, neglect, or exploitation situation.

Ombudsman Program: provides assistance to residents and their families who are served through the long-term care system. The program offers counseling, information, and advocacy on behalf of residents in nursing homes, adult homes and home health care. The Ombudsman is available to investigate and resolve complaints about long-term care services. There is no fee for this service.

Respite Care: provides respite for caregivers who provide 24 hour care to persons 60 years of age or older or persons who have Alzheimer's disease or related disorder. Respite care can be provided in the home or in the community through Adult Day Care Services. A maximum of 40 hours per month of respite care is allowed. This service cannot meet the needs of caregivers requiring full-time/ or emergency respite care. Persons having income over the poverty level pay on sliding scale fee after deductions are given for medical expenses.

Virginia Insurance Counseling Program: is for individuals and their families when they need help understanding Medicare, Medicaid, and medical bills, or assistance in making decisions about Medicare Supplement or Long-Term Care insurance.

Medical Transportation Services: the Agency on Aging's sub-contractor, Senior Services Inc. provides transportation to medical appointments to persons who are age 60 and older. Fees are charged on a sliding scale. There is no fee charged for persons whose income is at or below the poverty level. For more information on this service, call (540) 980-7720. For transportation for adults with a sensory or physical disability, call 1-800-650-7661.

Mobility Coordination: a "one-stop" call for transportation information in the New River Valley and a connection to additional transportation assistance older adults and adults with disabilities. For more information, call 1-855-489-4583.

The New River Valley Agency on Aging is one of twenty-five area Agencies on Aging in Virginia. The Agency has provided services since 1975. It is a governmental cooperative and receives funding primarily from the Older Americans Act. Additional funding comes from the Virginia General Assembly, local government and client contributions and fees.

**ELDER CARE LOCATOR
1-800-677-1116
A NATION WIDE SERVICE TO HELP FAMILIES AND
FRIENDS FIND INFORMATION ABOUT COMMUNITY
SERVICES FOR OLDER PEOPLE**

Financial Resources for Home Modifications

Below are some resources to explore if you are looking for financing to do home modifications in Southwest Virginia. Some may have specific income eligibility, so be sure to get specifics on any program you are considering.

Veterans Administration – The Department of Veteran Affairs has many programs that provide grants to veterans with disabilities who need to make modifications to their home. Please go to <http://www.benefits.va.gov/homeloans/sah.asp> for more information.

Granting Freedom – Virginia’s grant program for home modifications for disabled veterans or disabled servicemen or women who sustained a line of duty injury resulting in a service connected disability. Grant funds can be used to widen doorways and add ramps to make a home wheelchair accessible, to install grab bars in a bathroom or to make other modifications recommended by the VA that help eligible recipients feel more at home. For more information, please visit <http://www.vhda.com/Programs/Pages/GrantingFreedom.aspx#>.

Money Follows the Person – Money Follows the Person (MFP) is a program that offers eligible older adults and individuals with disabilities living in long term care facilities for at least 90 days the chance to move back into the community by providing extra support and access to resources. Individuals who choose to participate in the MFP project may be able to access funds for home modifications up to \$5,000. You must qualify for the Elderly or Disabled with Consumer Direction (EDCD) Medicaid Waiver or Program for All Inclusive Care for the Elderly (PACE). For more information, please visit http://www.dmas.virginia.gov/Content_pgs/ltc-mfp.aspx.

VHDA – Rental Unit Modification Assistance – Up to \$2,800 per rental unit is available to tenants with disabilities who earn 80% or less of the area median income (AMI). Funds can be used for any renovations that are needed to make the unit accessible for the person who is disabled. Visit <http://www.vhda.com/Renters/Pages/AccessibleRentalHousing.aspx> or contact your local Center for Independent Living for more information.

Virginia Department for Aging and Rehabilitative Services – If you are living with disability and want to work, and are eligible for services, the Virginia Department for Aging and Rehabilitative Services may provide accessibility modification assistance in your home for the adaptations needed in order to obtain or continue to work. Visit <http://www.vadars.org/learnmore/htm> or contact your local DARS office at 540-381-7122 for more information.

ATTACHMENT: B

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US Department of Agriculture - Rural Housing Repair & Rehabilitation Loans: These loans are available to very low-income rural residents, 62 years or older who own and occupy a dwelling in need of repair or modernize, or to remove health and safety hazards. This is a 1% loan that may be repaid over a 20-year period and homeowner-occupants must be unable to obtain affordable credit elsewhere.

Rural Housing Repair & Rehabilitation Grants: A grant is available to dwelling owner/occupant who is 62 years of age or older. Funds may only be used for repairs or improvements to remove health and safety hazards, or to complete repairs to make the dwelling accessible for household members with disabilities. The amount of the grant is based on the applicant's ability to repay and must be used in conjunction with the Repair and Rehabilitation Loan. Visit http://www.rurdev.usda.gov/HAD-RR_LoansGrants.html for more information.

Rebuilding Together Roanoke – A nonprofit organization working to preserve affordable homeownership and revitalize communities. Rebuilding Together Roanoke provides free habilitation and critical repairs to the homes of low-income individuals, particularly the elderly or persons with disabilities. Please visit <http://rebuildingtogetherroanoke.org> for more information. Homeowner Qualifications:

- Applicant must own the home, have resided in the home for a minimum of 2 years, and be up-to-date on tax payments.
- The home must be in our service area (cities of Roanoke and Salem, Town of Vinton, counties of Roanoke, Botetourt, Craig, Franklin, and Floyd).
- Household income must be at or below 80% of area median income. Determination is based on household size.
- Priority is given to households with at least one member over the age of 60, living with a disability, or a veteran or surviving spouse of a veteran.

Civic and Religious Organizations – There are many civic and religious organizations that provide help to individuals on a wide variety of issues. You should reach out to those in your community who may know more about what is available.

Livable Homes Tax Credit – The Virginia Livable Tax Credit (LHTC) program is designed to improve accessibility of Virginia's residential units by providing state tax credits for the purchase of new units or the retrofitting of existing housing units. Tax credits are available for up to \$5,000 for the purchase of a new accessible residence and up to 50 percent for the cost of retrofitting existing units, not to exceed \$5,000. More information is available at <http://www.dhcd.virginia.gov/index.php/housing-programs-and-assistance/tax-credit->

[programs/livable-homes-tax-credit.html](https://www.irs.gov/programs/livable-homes-tax-credit.html).

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IRS Tax Credits (consultation with a tax professional is strongly advised when claiming these deductions).

The entire cost of renovations and home improvements, if made for bona fide medical purposes, may be an IRS tax deduction as long as they do not increase the property value of your home on a real estate appraisal. Some of the most common home improvements that can be deducted as medical expenses include, but are not limited to: entrance or exit ramps, handrails or grab bars, railings, support bars, or other modifications to bathrooms; lowered or modified kitchen cabinets and equipment; moved or modified electrical outlets and fixtures; porch lifts and other lifts; elevators; and widened doorways at entrances or exits. A prescription from a physician is needed to document that these renovations are based on medical need. Visit <http://www.irs.gov/pub/irs-pdf/p502.pdf> for more information.

Income Based Rental Apartments

C

New River Valley Area

Pulaski County

- **Meadowview Apartments**
107 Hidden Valley Court , Pulaski, VA
24301
(540)980-8375
- **Washington Square**
201 Washington Square , Pulaski, VA
24301
(540)980-3919

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- **Pulaski Village**
988 Memorial Drive, Pulaski, VA
24301
540-980-7479
- **Bluegrass Apartments**
230 N Washington Ave Pulaski, VA
24301
540-980-0992
- **Maple Garden Apartments**
110 Linkous Ave Dublin, VA 24084
540-674-8994
- **Bradley's Ridge Apartments**
Hatcher Road, Dublin, VA 24084
540-674-8444

Montgomery County and Radford

- **Hunting Hills Apartments**
3153 Hillman Lane , Blacksburg, VA
24060
(540)382-7045
- **Warm Hearth Village**
2603 Warm Hearth Drive , Blacksburg, VA
24060 (540)552-2419
- **Fairfax Village Apartments**
332 Fairfax Street , Radford, VA 24141
(540)731-1786
- **Landings**
6899 Sunset Terrace Lane , Radford, VA
24141
(540)382-7045
- **Melinda's Melody**
100 Thaddeus Lane, Christiansburg, VA
24073
540-251-3116
- **Ridgewood Senior Living Apartments**
100 Ridgewood Lane
Radford, VA 24141 (54) 633-6166
- **Willow Woods Apartments**
222 Allen Ave., Radford, VA 24141
(540)639-0458
- **Christiansburg Bluff**
595 Republic Road Christiansburg, VA
24073
540-382-1977
- **Linden Green**
1600 Simpson Road Christiansburg, VA
24703 (540-674-8444
- **Grissom Lane Apartments**
1511 Grissom Lane, Blacksburg, VA 24060
540-951-0004

Giles County

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| <ul style="list-style-type: none">• Old Orchard Place 1202 Curve Road Pearisburg, VA 24134 540-921-4125• Gateway Apartments 303 Knob Street Rich Creek, VA 540-726-7317• Westview Apartments 105 South Main Street Pearisburg, Virginia 24134• Glen Mountain 100 Pine Crest Lane Glen Lynn, VA 540-726-2175 | <ul style="list-style-type: none">• Elm Tree Apartments 205 Tazewell Street Pearisburg, VA 24134 540-961-8384• Sam Robinson Apartments 100 Sam Robinson Drive Pembroke, VA 24134 540-626-7208• Hillside Apartments Church Ave & South Main Street Pearisburg, VA 24134 540-921-4010• Summit Place/ Supportive Living 109 Old Virginia Avenue Rich Creek, VA 24147 540-358-0220 |
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Floyd County

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| <ul style="list-style-type: none">• Pine Ridge Apartments 316 Penn Ave, NW Floyd, VA 24091 540-745-4007• Blue Ridge Manor Apartments 134 Blue Ridge Circle, NE Floyd, VA 24091 540-745-3939 |
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*Highlighted listings have an age requirement (some 55+; others 62+) or require that the individual has a disability.

For more affordable rental housing listings and requirements go to: <https://nrvc.org/what-we-do/housing/> It is recommended that for the most up-to-date information, that individuals call the management for each listing they are interested in.

Personal Care Agencies

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|------------------------|---------------|----------------------------|---|----------------|
| AMERICARE PLUS-PULASKI | Personal Care | DD Waiver MR Waiver: MR | 1184 EAST MAIN STREET PULASKI, VA 24301-5314 | (540) 980-3555 |
|------------------------|---------------|----------------------------|---|----------------|

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|--|------------------|-------------------------------|---|--------------------|
| HUMAN TOUCH HOME HEALTH CARE AGENCY | Personal Care | DD Waiver MR Waiver: MR | 2890 N FRANKLIN ST STE A CHRISTIANSBURG, VA 24073- 6690 | (540) 382- 6800 |
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| INTERIM HEALTHCARE | Personal Care | DD Waiver MR Waiver: MR | 2175 PALMER ST CHRISTIANSBURG, VA 24073-1341 | (540) 381-2757 |
|--------------------|---------------|----------------------------|--|----------------|

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| PRO CAREERS | Personal Care | DD Waiver MR Waiver: MR | 7 N FRANKLIN ST STE 105 CHRISTIANSBURG, VA 24073- 2966 | (540) 382- 4552 |
| Stay At Home Personal Care | Personal Care | | 201 Wheatland Court Blacksburg, VA | 540-808-1180 |

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|-----------------------------------|---------------|--|---|--------------|
| Team Nurse | Personal Care | | 795 East Main St. Wytheville, VA 24382 | 276-228-8002 |
| Virginia Home Health & Hospice | Personal Care | | 544 North Main St. Rural Retreat, VA 24368 | 276-686-6321 |