

REACH Region III - Monthly Report for October 2019

[Click here](#) to view

Update

Clinical Corner



October Data

Adults

Referrals: 28
 Active Clients: 154
 Crisis Plan Hours: 101
 Prevention hours: 535

Calls to Crisis Line

Information: 14
 Prevention: 114
 Crisis/Face to Face
 Response: 38

Average Crisis/Face to



Supporting Individuals with Autism in Grief and Loss

aaidd.org

The holiday season can be tough. For anyone dealing with an illness, grief, or the loss of a loved one, the holidays can be a time of sadness, pain,

Face Response Time:
52.8 minutes

Crisis Therapeutic Home

Emergency Bed Days: 88
Step-down Bed Days: 94
Prevention Bed Days: 0

Children

Referrals: 32
Active Clients: 91
Crisis Plan Hours: 40
Prevention Hours: 270

Calls to Crisis Line

Information: 7
Prevention: 28
Crisis/Face to Face Response: 31

Average Crisis/Face to Face Response Time: 68 minutes

anger, or dread. It can be difficult to cope, especially when you see the sights and sounds of holiday happiness all around you.

This webinar will focus on supporting individuals with autism in grief and loss. Lara Palay will highlight grief as an unseen stressor and additional needs and issues for individuals with I/DD. She will also discuss strategies for support.

Julia Bascom will provide a self advocate perspective discussing communication differences in individuals with autism as they relate to grief and grieving.

She will also focus on emotional processing differences and alexithymia, as well as ways to look at cognitive strengths; such as love of ritual, sensory profiles, etc., as tools for coping with grief.

[Click here](#) for the webinar.

We have a new referral form!

Please replace the old form with this new form.

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

REACH Region III

Email: info@swvareach.org
Fax: 540.267.3403

Videos



Eating at the Table Social Story Video

YouTube.com by: belikebuddy

Click on video above or [click here](#) to view.

Apps



Calm Counter Social Story & Anger Management Tool

by Touch Autism

Calm Counter is a visual and audio tool to help people calm down when they are angry or anxious. The app includes a social story about anger, and audio/visual tools for calming down.

[Click here](#) to learn more.
[Click here](#) or on image above to view a review from BridgingApps.

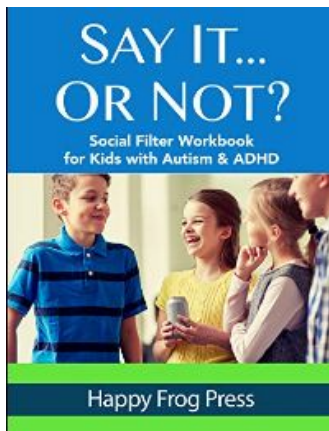


Paper Plate Turkey Craft

YouTube.com by: Red Ted Art

Click on video above or [click here](#) to view.

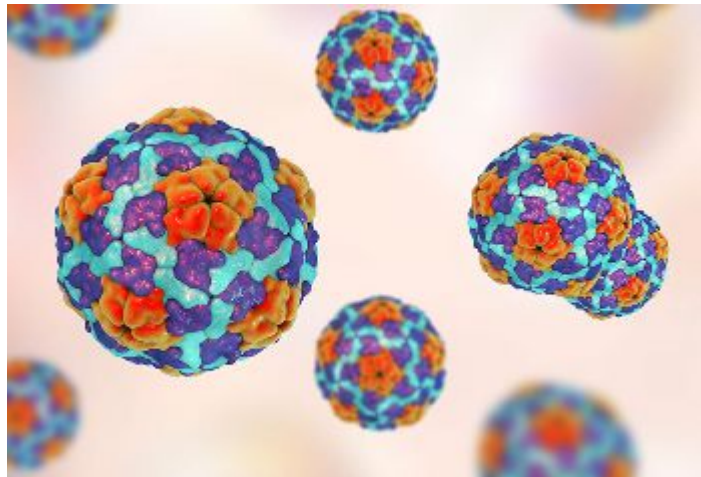
Books & Podcasts



Say It...Or Not? Workbook
-Social Filter Workbook for Kids with Autism & ADHD
by Janine Toole, PhD

These worksheets help children with ASD/ADHD understand and practice what

Medical News



Hepatitis A

cdc.gov

What is hepatitis?

Hepatitis means inflammation of the liver.

The liver is a vital organ that processes nutrients, filters the blood, and fights infections. When the liver is inflamed or damaged, its function can be

to say... and what not to say...
in real-life social situations.

Your learner will begin by thinking about how people will feel if you say something nice versus something rude or awkward.

Next, they'll evaluate specific examples to decide whether it is okay to say, or not. Finally, given a specific scenario, learners will decide what is a good thing to say in that situation.

[Click here](#) to learn more.

Diversity & Inclusion



Where 75% of Workers are on the Autistic Spectrum

By: Robbie Wojciechowski for
bbc.com

Our brains don't all work the same way. One New York-based software company sees that as a competitive advantage.

Rajesh Anandan founded his company Ultronauts (formerly Ultra Testing) with his MIT roommate Art Shectman with one aim: one aim: to prove

affected.

Heavy alcohol use, some medications, toxins, and certain medical conditions can cause hepatitis. Hepatitis is most often caused by a virus.

In the United States, the most common types of viral hepatitis are hepatitis A, hepatitis B, and hepatitis C.

Although all types of viral hepatitis can cause similar symptoms, they are spread in different ways, have different treatments, and some are more serious than others.

[Click here](#) for more information from the CDC.

[Click here](#) for the printable fact sheet in English.

[Click here](#) for the printable fact sheet in Spanish.

Health Trends Newsletter

Office Integrated Health/DBHDS



November 2019 Topics Include:

Chronic Obstructive Pulmonary Disease (COPD)

- What is COPD
- What are the risk factors?
- Symptoms
- Prevention
- Resources

that neurodiversity and autism could be a competitive advantage in business.

First Aid Steps

[Click here](#) to continue reading.

[Click here](#) for the newsletter!

Opportunities and Events



DISABILITY BENEFITS: VA's MEDICAID WAIVERS & SOCIAL SECURITY WORKSHOP

Presented by MCPS Parent Resource Center & Special Education in collaboration with PEATC

When:

Thursday, November 21st
4 - 5:30 pm

Where:

School Board Office
750 Imperial Street
Christiansburg, VA. 24073
540.382.5114

What:

Families with special needs children need to have an understanding of government benefits available to them as part of planning a future for their loved one.

These benefits can help supplement a person's income, qualify a person for extra help, and help them receive healthcare and community supports. Navigating the world of disability benefits can be tricky, time consuming and overwhelming.

This workshop will help make that process easier. join us as we discuss in clear understandable language: what are VA's Medicaid Waivers and what are Social Security benefits, who is eligible, and how do I apply.

THIS IS A FREE EVENT

To register: [Click here](#)

For flyer: [Click here](#)

For Directions: [Click here](#)



REACH Region III Presents

BEHAVIOR BASICS

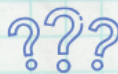
FRIDAY, DECEMBER 6, 2019 | 10 AM - 2 PM

Norwood Room | NRVCS Radford Center

401 W. Main St., Radford, VA 24141



Behavioral Principles



Functions of Behavior



Practical Strategies

Sign-Up in Eventbrite!

Questions? Contact REACHtrainings@nrvcs.org

Behavior Basics

presented by REACH Region III

When: Friday, December 6th, 2019/10am-2pm

Where: Norwood Room, NRVCS Radford Center

[Click here](#) to sign up in Eventbrite and [click here](#) for a printable flyer.



SENSORY FRIENDLY SCREENINGS

..... MONTHLY AT

 **PARAGON THEATERS**

Lights are Up, Sound is Down, and You are Totally Free to Move Around!



Saturday, November 23
10:00 AM



Saturday, December 14
10:00 AM



NOTE: FILM TITLES SUBJECT TO CHANGE · TICKETS AVAILABLE AT PARAGONTHEATERS.COM



Sensory Friendly Screenings

Monthly at Paragon Theaters

Lights are Up, Sound is Down, and You are Totally Free to Move Around!

[Click here](#) to learn more.

Sensitive Santa Movie Event

WHAT: Sensory friendly movie show.

Blue Mountain Therapy and Wytheville Marquee Cinemas Present Sensitive Santa.

WHEN: December 7, 2019 11:00 am

WHERE: [Marquee Cinemas Wytheville](#)



Experimental Phobia Treatment for Children with Autism

Who: Children 6-16 years old with ASD and a specific phobia and their parents.

Where: VT Child Study Center

No costs for treatment.

Earn up to \$300 for assessment (\$100 each for pre-treatment assessment sessions, post-treatment assessment sessions, and follow-up assessment sessions)

[Click here](#) for the printable flyer with more information.

Questions? Please contact us a or childstudycenter@gmail.com



Special Olympics New River Valley Fall Happenings

Have you heard about the exciting Fall Special Olympics happenings?

Click below to sign up and get more details on all Unified Sports.

[Click here](#) to Be An Athlete!

[Click here](#) to Be A Volunteer!



Schedule of Events Fall 2019

In partnership, IDA & Special Olympics is pleased to offer exciting fall programs & activities. Previous experience not required so come have fun!!

[Click here](#) for the schedule of events and [click here](#) to download the registration form.



Parent Led
Support
Group

AUTISM SUPPORT GROUP

For Parents
& Youth!



Separate
group for
youth with
activities &
socialization



1ST
THURSDAY
OF EVERY
MONTH
6-7:30 PM

NRVCS RADFORD CENTER

Norwood Room

401 W. Main St.
Radford, VA 24141



Food
Provided!

FOR MORE INFORMATION, CONTACT ERICA WHITING AT [EWHITING@NRVCS.ORG](mailto:ewhiting@nrvcs.org)

NRVCS Autism Support Group

What: A monthly support group meeting for local families. Meetings are educational, parent-driven, and supportive. Individuals with Autism Spectrum Disorders (including those previously diagnosed with Asperger's Syndrome, Pervasive Developmental Disorder, Childhood Disintegrative Disorder, Rett's Disorder), and other developmental and/or intellectual disabilities are welcomed to join.

When: Monthly

Where: NRVCS Radford Center, 401 W. Main Street, Radford, VA 24141 ([Click here](#) for Map)

Parents: Wadsworth Room (#119)*

Kids: Norwood Room (#108)

***Please sign in youth in the Norwood Room!**

[Click here for a printable flyer!](#)

[Click here](#) to subscribe to mailing list, so that you can be made aware of meeting dates/times/staff and menu!



Do you have an event that you would like to see in the newsletter? [Click here](#) to submit it!

Employment Opportunities

Come check out our job openings for REACH Region III.

[Click here](#) for the flyer.

For more information on available positions and to apply [click here](#).

DBHDS



[Click Here](#) for the website.

Office of Emergency Management

The OEM Weekly - A message from the DBHDS Office of Emergency Management

[Click here](#)

REACH Information

Crisis Services

The DBHDS website has been updated with more in depth information on REACH, has updated contact info, and contains links to some of the forms that may be helpful for consumers to access.

[Click here](#) to view.

Resources



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for Events and News!

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



Commonwealth Autism

[Click here](#) to view Resources compiled by **Commonwealth Autism**.



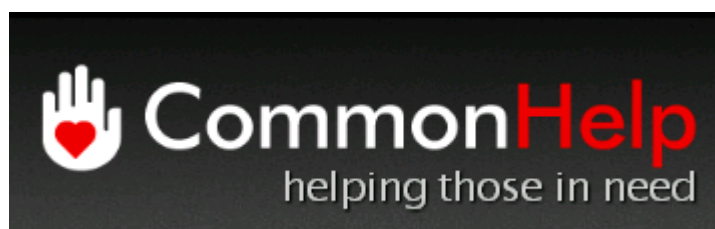
New River Valley Disability Resource Center

A non-profit Center for Independent Living serving the NRV

New River Valley Disability Resource Center

A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.



Virginia Common**Help**

Apply for help with food, child care, heating and cooling bills, health care and cash assistance. [Click here](#) for their website.

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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Local Calls - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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