

REACH Region III - Monthly Report for July 2019

[Click here](#) to view

Update

Clinical Corner



July Data

Adults

Referrals: 30
 Active Clients: 166
 Crisis Plan Hours: 159
 Prevention hours: 447

Calls to Crisis Line

Information: 12
 Prevention: 106
 Crisis/Face to Face
 Response: 36

*Average Crisis/Face to
 Face Response Time:*



Critical Decision Points for Families of Children with Disabilities

indetermined.org

Free Training Modules

Parents and caregivers have certain goals in mind

55.7 minutes

Crisis Therapeutic Home

Emergency Bed Days: 88
Step-down Bed Days: 31
Prevention Bed Days: 62

Children

Referrals: 17
Active Clients: 78
Crisis Plan Hours: 81
Prevention Hours: 189

Calls to Crisis Line

Information: 7
Prevention: 10
Crisis/Face to Face
Response: 10

Average Crisis/Face to Face Response Time:
55.9 minutes

We have a new referral form!

Please replace the old form with this new form.

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

REACH Region III

Email: info@swvareach.org
Fax: 540.267.3403

when their children go to school. Regardless of whether children have disabilities or not, all parents want them to learn, explore, and experience as much as they possibly can.

The purpose of this guide is to assist you in understanding four things:

- What are some of the keys to your child's academic success?
- What decisions will you need to make regarding your child's educational path?
- At what point will you be making these decisions? In this guide, we refer to these as critical decision points.
- What information will you need so that you can make the most well-informed decisions possible for your child?

There are a total of five modules that range in length from three to five minutes, which can be completed in a single viewing or broken up over time to meet individual time constraints.

[Click here](#) to learn more and begin.

The curriculum for these modules is also available in print and online.

A fully accessible online version is located at the following web link: [Virginia Department of Education's Special Education - Parents Section](#).

Medical News

Apps



Tinycards - Flashcards

Duolingo

Free! The app uses spaced repetition and other smart learning techniques to help users remember new material.

Pick from thousands of educational topics or create your own.

[Click here](#) to learn more.

Books & Podcasts



Many Ways To Be Mighty: 25 Books Starring Mighty Girls with Disabilities
amightygirl.com

[Click here](#) to find out which books made the list!

Diversity & Inclusion



National Immunization Awareness Month

cdc.gov

August is National Immunization Awareness Month (NIAM). This annual observance highlights the importance of getting recommended vaccines throughout your life.

During NIAM, we encourage you to talk to your doctor, nurse, or other healthcare professional to ensure you and your family are up to date on recommended vaccines.

We also encourage you to visit CDC's Interactive Vaccine Guide, which provides information on the vaccines recommended during pregnancy and throughout your child's life. [Click here.](#)

August is also a key time to make sure you are up to date on all the vaccines you need to stay healthy. To use CDC's adult vaccine assessment tool to see which vaccines might be right for you,



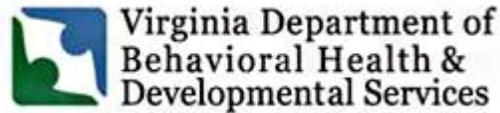
**Supporting Students with Autism:
10 Ideas for Inclusive Classrooms**

readingrockets.org

Students with autism may have unique needs with learning, social skills, and communication. These ten simple ideas will help teachers address some of these needs and provide guidance for bringing out the best in learners with autism.

[Click here](#) to read.

[click here.](#)



Health Trends Newsletter

Office Integrated Health/DBHDS

August 2019 Topics Include:

- Health and Safety Awareness: Stroke
- Free Hands On Training Course/Oral Health
- Going the Distance with Durable Medical Equipment (DME)

[Click here](#) to view or print!

News



Kids and Adults With Autism Flying Easier In Pittsburgh, With Airport's Help

Morning Edition/NPR

Pittsburgh International Airport recently opened a suite of "sensory rooms" inside its airside terminal.

It's one of a handful of airports internationally that's made changes to be more accommodating to people with special needs.

Crafting and DIY



Click video above or [click here](#) to view.

Paper Mache - DIY Watermelon Bowl

youtube.com

This is a fantastic craft for Shredded Paper - so if

[Click here](#) to continue reading or to listen.

you are doing some shredding in the house, save that shredded paper and turn it into these fabulous fruit bowls - we particularly love the DIY Watermelon and DIY Kiwi.

Opportunities and Events

REACH Region III Presents

SUPPORTING INDIVIDUALS WITH SENSORY NEEDS

LEARN ABOUT THE 7 SENSES, HOW TO SUPPORT SOMEONE WITH SENSORY NEEDS, & DIY SENSORY ACTIVITIES

FRIDAY AUGUST 30, 2019 | 1-3 PM



NRVCS RADFORD CENTER | NORWOOD RM

401 W. MAIN ST | RADFORD, VA 24141

SIGN UP IN EVENTBRITE!

QUESTIONS?
EMAIL REACHTRAININGS@NRVCS.ORG

Supporting Individuals With Sensory Needs

Presented by REACH Region III

**Learn About The 7 Senses
How To Support Someone With Sensory Needs
DIY Sensory Activities**

When: Friday, August 30th, 2019, 1-3pm.

Where: NRVCS Radford Center,
Norwood Room (Room 108)
401 W. Main St., Radford, VA 24141

[Click here](#) for a printable flyer.

[Click here](#) to sign up in Eventbrite!

Spots are limited, so sign up now!

Come Join Us *for an* **OPEN HOUSE**

Danville-Pittsylvania Community Services

What: Open House

When: August 29th, 2019, 3:00pm - 6:00pm

3:00pm - 6:00pm - Children's Activities & Food Truck, Agency Tours, Refreshments!

4:30pm - 5:00pm - Welcome, Ribbon Cutting, Dedication of Lenard D.Lackey, Jr. Training Room

Where: DPCS, 245 Hairston Street, Danville, VA

Join us for Food, Fun & Dedications!



Parent Led Support Group

AUTISM SUPPORT GROUP

For Parents & Youth!

Separate group for youth with activities & socialization

1ST THURSDAY OF EVERY MONTH 6-7:30 PM

NRVCS RADFORD CENTER
Norwood Room
401 W. Main St.
Radford, VA 24141

Food Provided!

FOR MORE INFORMATION, CONTACT ERICA WHITING AT [EWHITING@NRVCS.ORG](mailto:ewhiting@nrvcs.org)

NRVCS Autism Support Group

What: A monthly support group meeting for local families. Meetings are educational, parent-driven, and supportive. Individuals with Autism Spectrum Disorders (including those previously diagnosed with Asperger's Syndrome, Pervasive Developmental Disorder, Childhood Disintegrative Disorder, Rett's Disorder), and other developmental and/or intellectual disabilities are welcomed to join.

When: Monthly

Where: NRVCS Radford Center, 401 W. Main Street, Radford, VA 24141 ([Click here](#) for Map)

Parents: Wadsworth Room (#119)*

Kids: Norwood Room (#108)

***Please sign in youth in the Norwood Room!**

[Click here for a printable flyer!](#)

[Click here](#) to subscribe to mailing list, so that you can be made aware of meeting dates/times/staff and menu!



Do you have an event that you would like to see in the newsletter? [Click here](#) to submit it!

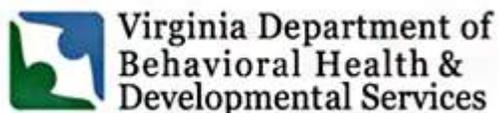
Employment Opportunities

Come check out our job openings for REACH Region III.

[Click here](#) for the flyer.

For more information on available positions and to apply [click here](#).

DBHDS



Virginia Department of
Behavioral Health &
Developmental Services

[Click Here](#) for the website.

Supports For People On Virginia's DD Waiver Waiting List

The Department of Behavioral Health and Developmental Services is contacting individuals on Virginia's

Developmental Disabilities (DD) Waiver Waiting List to make sure that you are aware of supports and resources that you may be eligible for while waiting for a waiver.

DBHDS is excited to feature our new web resource to help individuals and families find the information that they need. We have partnered with disAbilityNavigator to provide [My Life, My Community](#), an online tool that helps individuals and families gain knowledge and connect to resources in their community.

Additional details on the information featured in this message can be found at

<http://www.mylifemycommunityvirginia.org/>.

While you are waiting on a waiver, you or your family member may be able to access the following supports:

Financial assistance through the [Individual and Family Support Program \(IFSP\) Funding Program](#).

Please note the IFSP-Funding program opens on September 9, 2019. All individuals on the waiver waiting list are eligible to apply. Application timelines are included with this message.

Assistance for individuals on the waiver waiting list to rent their own housing through one of [DBHDS's Integrated, Independent Housing Resources](#).

Mentoring and advice from a family like yours through the [VCU Center for Family Involvement Family to Family \(F2F\) Program](#).

General information on [waivers](#), [providers](#), and [services](#) via the [My Life, My Community](#) website operated by disAbilityNavigator.

Connections to other families in your community through the [IFSP Regional Councils](#).

Case managers who can answer questions for you at your local [Community Services Board \(CSB\)](#).

If you have a child who is under the age of 3 years old, you may be eligible for Early Intervention Services through the [Infant and Toddler Connection](#).

If you have run into barriers with accessing supports for health and/or safety related issues, please contact your local [Community Services Board \(CSB\)](#) to see if you are eligible for assistance from the DBHDS Office of Integrated Health.

If at any time you experience a behavioral or mental health crisis, [contact your local CSB](#).

If you need help finding your CSB, [search the online CSB Directory](#).

If you would prefer to speak with a live operator, you can contact My Life, My Community at 844-603-9248 (Monday through Friday 9:00 a.m. - 4:00 p.m.). Operators can assist you with finding the CSB that serves your community as well as help you navigate the My Life, My Community website.

If you would like to receive updates about programs and supports that you may be eligible for, please sign up for our email list at <http://tinyurl.com/ifsplist>. This is the best way to get the most up-to-date information including updates on the IFSP-Funding Program.

FY 2020 IFSP Funding Timeline

September 9, 2019 is the first day to access and save an application. You will not be able to submit your application before the submission date.

On **October 1, 2019** at 9:00 a.m., applicants will be able to submit an application. You will not be able to submit your application before the submission date. Remember, the IFSP Funding Program provides assistance on a first-come, first-served basis. Early applications are encouraged.

October 11, 2019 is the last day to submit an application. The application will close at 5:00 p.m.



For more information visit <http://www.mylifemycommunityvirginia.org/> and select "Resources for Families".

If you need this message provided in Spanish or another language, please contact us at 804-663-7277 so that we can send you a translation.

Si necessita este mensaje proporcionado en Español u otro idioma, por favor contáctenos en 804-663-7277 para que podamos enviarle una traducción.

To learn more about the IFSP, visit us on-line at [Virginia Department of Behavioral Health and Developmental Services- IFSP](#)

REACH Information

Crisis Services

The DBHDS website has been updated with more in depth information on REACH, has updated contact info, and contains links to some of the forms that may be helpful for consumers to access.

[Click here](#) to view.

Resources



The Arc of Virginia



The Virginia Tech Autism Clinic

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for their most recent Blast Announcement with **Events, Research, and Monthly Group Meetings!**

[Click here](#) for their website.



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



Commonwealth Autism

[Click here](#) to view State Resources compiled by **Commonwealth Autism**.



New River Valley Disability Resource Center
A Non-Profit Center for Independent Living; Serving the NRV

[Click here](#) for their website for Events and Resources.



Virginia CommonHelp

Apply for help with food, child care, heating and cooling bills, health care and cash assistance. [Click here](#) for their website.

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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Local Calls - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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