

REACH Region III - Monthly Report for February 2019

[Click here to view](#)

Update

Clinical Corner



February Data

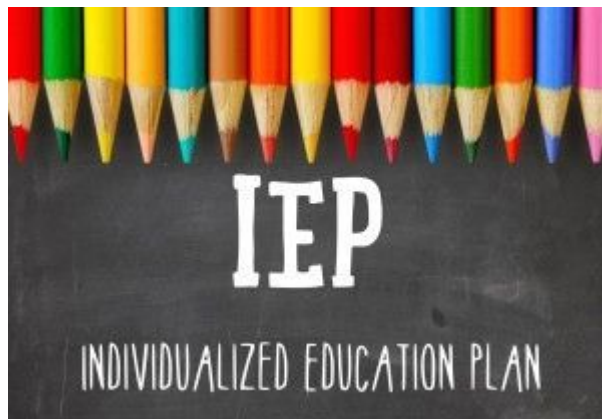
Adults

Referrals: 16
 Active Clients: 168
 Crisis Plan Hours: 128.4
 Prevention hours: 454.6

Calls to Crisis Line

Information: 3
 Prevention: 90
 Crisis/Face to Face
 Response: 20

*Average Crisis/Face to
 Face Response Time:*



Individualized Education Programs (IEP): 11 Facts To Know

Michael A. Ellis DO/Psychology Today

An Individualized education program, generally referred to as an IEP, is often necessary for a child with autism spectrum disorder or a developmental disability to succeed. The law supporting your child’s right for a fair and appropriate education is

58.5 minutes

Crisis Therapeutic Home

Emergency Bed Days:
119

Step-down Bed Days: 35
Prevention Bed Days: 0

Children

Referrals: 21
Active Clients: 68
Crisis Plan Hours: 55.3
Prevention Hours: 197.5

Calls to Crisis Line

Information: 5
Prevention: 7
Crisis/Face to Face
Response:
13
*Average Crisis/Face to
Face Response Time:*
56.6 minutes

We have a new referral form!

Please replace the old form with this new form.

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

REACH Region III

Email: info@swvareach.org
Fax: 540.267.3403

the Individuals with Disabilities Education Act (IDEA) of 1990. It has been amended multiple times since 1990.

To be eligible for an IEP, your child must meet certain criteria per the IDEA law.

There are 11 important points to understand about Individualized Education Programs (IEPs).

1. Remember that the IEP is a legally binding contract. This means that the school administrators and teachers must follow the plan. Failing to follow the IEP puts them “out of compliance”. You can file a formal complaint with the state if this happens. At the beginning of each IEP meeting, they will ask if you want a copy of your rights. Your answer should be, “yes.” Do not forfeit this.
2. There are five members of the IEP team: the parents, the regular education teacher, the special education teacher, a representative from the school district, and an individual “who can interpret the instructional implications of evaluation results”, such as a speech therapist or occupational therapist. Members of this team can only be excused if the child’s guardian agrees.

[Click here](#) to read complete article.

Craft

Apps



FitQuest Lite

An App for Reaction Time Practice

FitQuest Lite is an exercise adventure that is powered by your movements: jogging, hopping, dancing and more. The more you move, the more puzzles you unlock.

[Click here](#) to learn more.

Books & Podcasts



Why I Burned My Book and Other Essays on Disability

by Paul K. Longmore

This wide-ranging book shows why Paul Longmore is one of the most respected figures in disability studies today.

Understanding disability as a major variety of human experience, he urges us to establish it as a category of social, political, and historical analysis in much the same



How to Make a Sensory Bottle

Easy+Quick DIY/Little Learners

A quick and easy tutorial showing you how to make the infamous Sensory Bottle! Also known as 'Calming Jars', these bottles are great for helping to calm babies and children, as well as sensory stimulation for children and adults with Autism and other Special Needs.

Click on the video above or [click here](#) to view.

Medical News



Lower Your Risk for the Number 1 Killer of Women

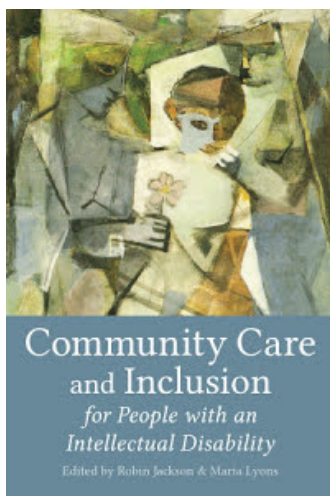
cdc.gov

way that race, gender, and class already have been.

The essays here search for the often hidden pattern of systemic prejudice and probe into the institutionalized discrimination that affects the one in five Americans with disabilities.

[Click here](#) to learn more.

Diversity & Inclusion



Community Care and Inclusion for People with an Intellectual Disability

Edited by Robin Jackson

Community care is a concept which has shaped government policy, provision and practice for people with an intellectual disability for four decades. Standing in contrast to institutional care, which held sway for much of the nineteenth and twentieth centuries. [Click here](#) to read more.

Heart attacks and strokes can be catastrophic, life-changing events that are all too common. Heart disease and stroke are preventable, yet they remain leading causes of death, disability, and healthcare spending in the US. Alarming, many of these events happen to adults ages 35-64—over 800,000 in 2016.

[Click here](#) to continue reading.

In the News



Dentists No Longer Permitted To Turn Away Patients Due To Disabilities

by Blythe Bernhard

People with developmental disabilities may find it easier to get dental care after a national board changed its ethics policy to be more inclusive.

The American Dental Association recently revised its code of conduct to prohibit denial of care to patients with physical, developmental or intellectual disabilities. In cases where a dentist does not have the equipment or expertise to meet a particular person's special needs, the code now requires them to refer the patient to an appropriate dentist

rather than simply turning them away.

[Click here](#) to continue reading on
disabilityscoop.com

Opportunities and Events





SAVE THE DATES!

MENTAL ILLNESS & IDD

PRESENTED BY:
ROBERT FLETCHER, PH.D. &
KARYN HARVEY, PH.D.

Coming to REACH Region III
April 24th - May 2nd

** Details on Next Page **

[CLICK HERE](#) FOR THE FLYER

SAVE THE DATES!

Mental Illness and I/DD

Presented by:
Robert Fletcher, PH.D & Karyn Harvey, PH.D.

1 Day Overview - April 30th

Where: NRV

2 Day Intensive - Offered in 3 Locations

2 Day Intensive - April 24th & 25th

Where: Roanoke

2 Day Intensive - April 26th & 29th

Where: NRV

2 Day Intensive - May 1st & 2nd

Where: Abingdon

Please note: You do not have to attend the 1 Day Overview in order to attend one of the 2 Day Intensive.

This is a save the date - an Eventbrite registration will follow.



Opening Doors Conference

Presented by DePaul Community Resources

When: Saturday, March 23, 2019 from 8:00 AM to 2:30 PM

Where: Bonsack Baptist Church - 4845 Cloverdale Road, Roanoke, VA 24019

What: Special Families of the Roanoke Valley and DePaul Community Resources invite families, caregivers, advocates, and those with a desire to inspire an inclusive community for adults and children with intellectual and/or developmental disabilities to attend this educational and informative event.

[Click here](#) for the flyer to learn more.

It's that time of year again!

Jersey Mike's in Blacksburg - home of the BEST subs is donating the entire day's profit on March 27 to IDA!

Jersey Mike's on March 27!

Here are some coupons you can use before March 27 to find out how great subs are at Jersey Mike's!

[\\$1 off 3.24-3.26](#)

[BOGO 3.99 3.10-03.16](#)

[Free Chip and Drink 3.17-03.22](#)

You will be showing support of a local business that supports the community.

IDA serves the children & adults with an intellectual disability that live in the New River Valley

Your donations stay in the community

IDA benefits over 200 New River Valley residents annually

IDA was started in 1965

There is only 1 IDA!!!

See you on March 27!

UNDERSTANDING SPECIAL EDUCATION

The Parent Educational Advocacy Training Center (PEATC) will provide this workshop that will help you identify your child's educational strengths and challenges and also organize important information about him or her, so it will be helpful in planning your education.

You will know and learn the seven phases of the special education process and identify the specific actions you can take during the special education process. You will become familiar with the rights to due process and learn ways to work as partners with teachers and other school personnel.

[Click here](#) for the flyer to learn more. Flyer is in English and Spanish.

Adult ASD Support Group - Blacksburg

Who: All adults with an autism spectrum disorder (Asperger's, Autism, PDDNOS, ASD) and their families are welcome.

What: A monthly support group on topics YOU want to talk about!

Where: Child Study Center - 460 Turner St. NW Suite 207

When: 6:30pm - 8:00 PM on the following dates

April 1st

May 6th

[Click here](#) for the flyer with more information.



Special Olympics
Virginia

Special Olympics - Play Unified

Changing the world is a team sport!

It's a NEW YEAR and we're hoping you will join our team! If you haven't already signed up, it's TIME!! Unified Basketball, Swimming, Cheerleading, Running and Walking Clubs, Bowling and Polar Plunge!

[Volunteers](#) - click here.

[Athletes](#) - click here.

Like Area 9 on Facebook to stay up to date on NRV happenings and weather related messages.

[Click here.](#)



Connecting Virginians to Affordable Health Insurance

What Should I Expect?

So you've used CoverVA's [eligibility screening tool](#) and believe you may qualify for health care coverage. What's next?

Here's some important information you should have ready when you apply:

- Full legal name, date of birth, Social Security number, citizenship or immigration status for you and anyone in your household who is applying for health care coverage
- Most recent federal tax filing information (if available)

- Job and income information (pay stubs, W-2s) for members of your household for the month prior or the current month
- Information about other taxable income for members of your household such as unemployment benefits, Social Security benefits, pensions, retirement income, rental income, and alimony received
- Policy numbers for any current health insurance

Once you've collected this information there are 3 easy ways to apply:

1. Call Cover Virginia at 1-855-242-8282 from 8:00 am to 7:00 pm on Monday through Friday, or call from 9:00 am to 12:00 pm on Saturday.
2. Apply online at commonhelp.virginia.gov or healthcare.gov.
3. Visit your local [Department of Social Services](#).

Have an Impact on Your Community - Apply for Partners in Policymaking

Partners make a difference.

Partners get things done.

Partners change their communities.

The Virginia Board for People with Disabilities is now accepting applications for the 2019-2020 Partners in Policymaking program.

Seven intense two-day sessions where you learn how to become an advocacy force in your community.

Hands-on instruction from experts and thought leaders from around the country to make you the best you can be.

[Click here](#) for more info and to apply today.

NRVCS Autism Support Group

What: A monthly support group meeting for local families. Meetings are educational, parent-driven, and supportive. Individuals with Autism Spectrum Disorders (including those previously diagnosed with Asperger's Syndrome, Pervasive Developmental Disorder, Childhood Disintegrative Disorder, Rett's Disorder), and other developmental and/or intellectual disabilities are welcomed to join.

When: Monthly

Where: NRVCS Radford Center, 401 W. Main Street, Radford, VA 24141 ([Click here](#) for Map)

Parents: Wadsworth Room (#119)*

Kids: Norwood Room (#108)

***Please sign in youth in the Norwood Room!**

[Click here](#) to subscribe to mailing list, so that you can be made aware of meeting dates/times/staff and menu!



Do you have an event that you would like to see in the newsletter? [Click here](#) to submit it!

Employment Opportunities

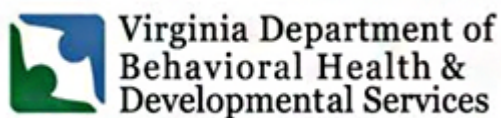
Come check out our job openings for REACH Region III.

[Click here](#) for the flyer.

For more information on available positions and to apply [click here](#).

Do you have an open position you would like to see in our newsletter? [Click here](#) to submit it.

DBHDS



Virginia Department of
Behavioral Health &
Developmental Services

[Click Here](#) for the website.

REACH Information

The DBHDS website has been updated with more in depth information on REACH, has updated contact info, and contains links to some of the forms that may be helpful for consumers to access.

[Click here](#) to view.

DBHDS - Dental Program

Program Goals

Community Integration

Train Providers

Equal Access to Care

Flouride Treatments

Revise care Models to Individualized Care and Needs

No Restraints, No Unnecesarry Sedation

We're On The Road! Services we offer in our mobile program:

Exams

X-rays

Referrals to specialists or participating practices

Cleanings

Basic fillings

Emergency Services

[Click here](#) to view the brochure with current program criteria, referral process and more.

[Click here](#) to review - **General Memo RE: HB 1775 ID to DD Change 2017**

Resources



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for their Blast Announcement with **Events, Research, and Monthly Group Meetings!**

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.



Special needs require special attorneys.

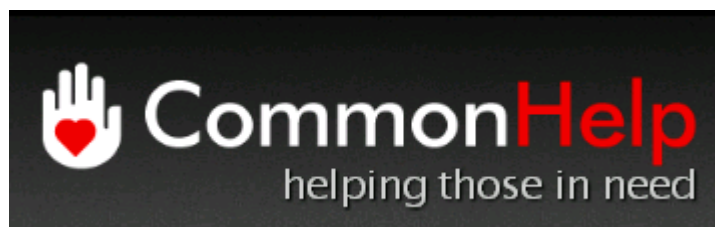
The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.



Commonwealth Autism

[Click here](#) to view State Resources compiled by **Commonwealth Autism**.



Virginia CommonHelp

Apply for help with food, child care, heating and cooling bills, health care and cash assistance. [Click here](#) for their website.

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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Local Calls - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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