

REACH Region III - Monthly Report for January 2019

[Click here to view](#)

Update

In the News



January Data

Adults

Referrals: 30
 Active Clients: 176
 Crisis Plan Hours: 191.7
 Prevention hours: 505.3

Calls to Crisis Line

Information: 6
 Prevention: 142
 Crisis/Face to Face
 Response: 33

*Average Crisis/Face to
 Face Response Time:*



Celebrating Black History Month

Spotlight: Lois Curtis

Lois Curtis is a black artist and activist with a mental health disability and intellectual/developmental disability.

During her childhood and early adulthood, she lived in state-run institutions, and her requests to live in the community were repeatedly denied.

She sued the state of Georgia, and her case went to the Supreme Court. In the now-famous L.C. v. Olmstead decision, the Court declared that Curtis

70.1 minutes

Crisis Therapeutic Home

Emergency Bed Days: 111
Step-down Bed Days: 71
Prevention Bed Days: 0

Children

Referrals: 8
Active Clients: 68
Crisis Plan Hours: 18.8
Prevention Hours: 189.2

Calls to Crisis Line

Information: 3
Prevention: 6
Crisis/Face to Face Response: 8

Average Crisis/Face to Face Response Time: 46.3 minutes

We have a new referral form!

Please replace the old form with this new form.

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

REACH Region III
Email: info@swvareach.org
Fax: 540.267.3403

Apps

and other people with disabilities have a right to live in the community and to be provided adequate supports.

The Court said the unnecessary institutionalization is a form of segregation and is illegal under the Americans with Disabilities Act. Curtis now lives in the community.

[Click here](#) to read more from respectability.org

Click the below video or [here](#) for a clip of

"The Art of Being Lois"



Clinical Corner





DayCape

DayCape is an app that allows therapists, teachers, parents, and even the child themselves to set up visual schedules.

Benefiting grades pre-k through 5th, this app is an excellent way to help children with a variety of disabilities to manage their day.

The app allows a user to set up activities for for the child using pre-set pictures, or by uploading personalized images.

Once the activities are set up, notifications show up on the child's device to remind them of the activities they have been assigned.

[Click here](#) to learn more.

Books & Podcasts



allautismtalk

Social Skills Training (SST)- Free

SST refers to any adult-directed instruction in which social skills are targeted for improvement.

What Will I Learn?

The AFIRM model guides the learner through four lessons to facilitate:

*Learning basic knowledge about social skills training (SST).

*Applying SST in activity based scenarios that promote real-world application.

The SST module will take approximately 1.5 to 2 hours to complete. However, the module is broken into individual lessons to help guide your learning:

[Click here](#) to learn more.

Craft



Click on video above or [click here](#) to view.

DIY 3 Ingredient Scratch and Sniff Paint

PBS Parents

Connecting the Autism Community: One Podcast at a Time

This podcast offers a friendly conversation with inspiring individuals in the autism community.

The aim is to provide valuable insights and information as well as access to support in communities throughout the United States.

[Click here](#) for on-demand episodes.

Diversity & Inclusion



Health Disparities for Adults with IDD Make Inclusive Health a Worthy Goal

www.eparent.com

Did you know that people with intellectual and developmental disabilities die an average of 16 years earlier than typical Americans?

And unlike other Americans, women with IDD die earlier

This easy to make, three-ingredient scratch and sniff paint is a great sensory activity!

For full instructions [click here](#).

Medical News



Bed Bugs- Resources for Health Professionals

www.cdc.gov

Where are bed bugs found?

Bed bugs are found across the globe from North and South America, to Africa, Asia and Europe. Although the presence of bed bugs has traditionally been seen as a problem in developing countries, it has recently been spreading rapidly in parts of the United States, Canada, the United Kingdom, and other parts of Europe.

Bed bugs have been found in five-star hotels and resorts and their presence is not determined by the cleanliness of the living conditions where they are found.

than men with IDD.

This is not information any of us really want to hear.

So why is this happening?

[Click here](#) to continue reading.

[Click here](#) to read more from cdc.gov.

[Click here](#) for a bed bug action plan for home health care and social workers from vdacs.virginia.gov.

Opportunities and Events



SAVE THE DATES!

MENTAL ILLNESS & IDD

PRESENTED BY:
ROBERT FLETCHER, PH.D. &
KARYN HARVEY, PH.D.

Coming to REACH Region III
April 24th - May 2nd

** Details on Next Page **

[CLICK HERE](#) FOR THE FLYER

SAVE THE DATES!

Mental Illness and I/DD

Presented by:

Robert Fletcher, PH.D & Karyn Harvey, PH.D.

1 Day Overview - April 30th

Where: NRV

2 Day Intensive - Offered in 3 Locations

2 Day Intensive - April 24th & 25th

Where: Roanoke

2 Day Intensive - April 26th & 29th

Where: NRV

2 Day Intensive - May 1st & 2nd

Where: Abingdon

Please note: You do not have to attend the 1 Day Overview in order to attend one of the 2 Day Intensive.

This is a save the date - an Eventbrite registration will follow.



Opening Doors Conference

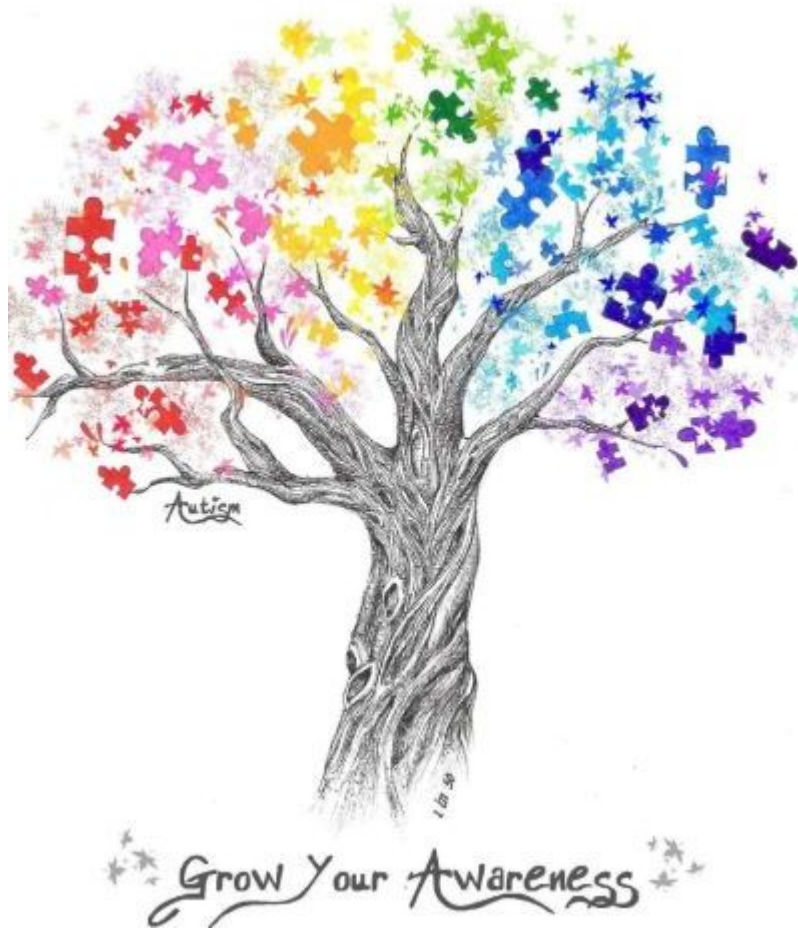
Presented by DePaul Community Resources

When: Saturday, March 23, 2019 from 8:00 AM to 2:30 PM

Where: Bonsack Baptist Church - 4845 Cloverdale Road, Roanoke, VA 24019

What: Special Families of the Roanoke Valley and DePaul Community Resources invite families, caregivers, advocates, and those with a desire to inspire an inclusive community for adults and children with intellectual and/or developmental disabilities to attend this educational and informative event.

[Click here](#) for the flyer to learn more.



REGISTER NOW! Autism Workshop

**MCPS Special Education and PRC Presents:
Grow Your Awareness Autism Workshop**

When: March 11th, 2019, 6:00pm - 7:30pm

Where: Main Level of School Board Office - Conference Room A

[Click here](#) for directions.

[Click here](#) for more information on how to register.

Family-Friendly Sensory Saturdays

[Marquee Cinemas](#) - Wytheville

11:00 AM Second Saturday of each Month

- *Lower Audio Levels
- *Open Captioning
- *Lights Turned Up
- *Freedom to Move Around
- *Talk, Sing, & Clap

[Click here](#) for more information.

Adult ASD Support Group - Blacksburg

Who: All adults with an autism spectrum disorder (Asperger's, Autism, PDDNOS, ASD) and their families are welcome.

What: A monthly support group on topics YOU want to talk about!

Where: Child Study Center - 460 Turner St. NW Suite 207

When: 6:30pm - 8:00 PM on the following dates

March 4th

April 1st

May 6th

[Click here](#) for the flyer with more information.



Special Olympics
Virginia

Special Olympics - Play Unified

Changing the world is a team sport!

It's a NEW YEAR and we're hoping you will join our team! If you haven't already signed up, it's TIME!! Unified Basketball, Swimming, Cheerleading, Running and Walking Clubs, Bowling and Polar Plunge!

[Volunteers](#) - click here.

[Athletes](#) - click here.

Like Area 9 on Facebook to stay up to date on NRV happenings and weather related messages.

[Click here.](#)



POLAR PLUNGE
FESTIVAL

New River Polar Plunge - Feb 23rd

Changing the World is a Team Sport!

When you Plunge, we Play Unified!

Our Unified Community is made up of 1200+ athletes and volunteers including **YOU** and some fanatics who will brrrrrave the icy waters of the New River to fund our sports programs! Having **YOU** on our team makes a difference **EVERY DAY!**

Don't miss the coolest event of the year: the New River Polar Plunge!

Join New River Valley athletes, partners and volunteers and *Plunge* so we all can *Play!* To register you and your friends go to polarplunge.com and click on the **New River** tab. All money raised goes to support athletes across Virginia! Join a team now to be part of the action. If you'd like to support your local program, be sure to add "Area 9" to your TEAM NAME. Members on a team can work together to make sure everyone reaches the minimum \$\$ to plunge.

Act now to ***make a Splash*** on Saturday, February 23 at Dudley's Landing on the New River in Radford. Even if you can't Plunge on 2/23, you can still support plungers and teams!

Schedule of Events: Winter 2019

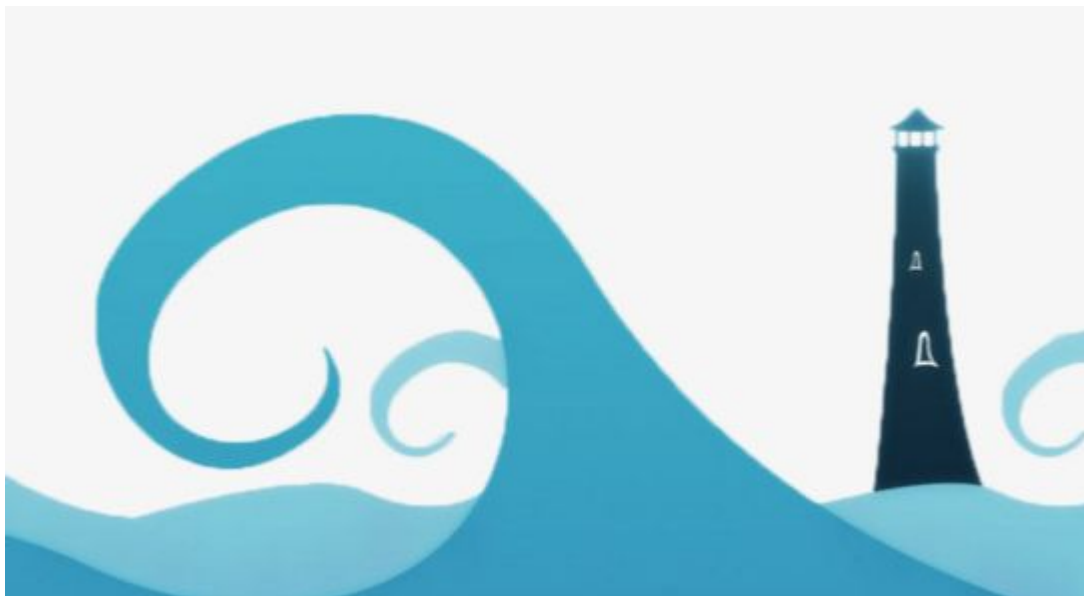
In partnership, IDA & Special Olympics is pleased to offer exciting fall programs & activities.

Previous experience not required, so come have fun!!!

Inclusive programs for people with & without intellectual disabilities. All are challenged to improve skills, develop friendships & understanding of each others capabilities through a spirit of equality & team unity.

[Click here](#) for flyer.

[Click here](#) to download registration form.



Open House - Lighthouse PSR Program - Roanoke

Click here for the [flyer](#) and click here for the [brochure](#).



What Should I Expect?

So you've used CoverVA's [eligibility screening tool](#) and believe you may qualify for health care coverage. What's next?

Here's some important information you should have ready when you apply:

- Full legal name, date of birth, Social Security number, citizenship or immigration status for you and anyone in your household who is applying for health care coverage
- Most recent federal tax filing information (if available)
- Job and income information (pay stubs, W-2s) for members of your household for the month prior or the current month
- Information about other taxable income for members of your household such as unemployment benefits, Social Security benefits, pensions, retirement income, rental income, and alimony received
- Policy numbers for any current health insurance

Once you've collected this information there are 3 easy ways to apply:

1. Call Cover Virginia at 1-855-242-8282 from 8:00 am to 7:00 pm on Monday through Friday, or call from 9:00 am to 12:00 pm on Saturday.
2. Apply online at commonhelp.virginia.gov or healthcare.gov.
3. Visit your local [Department of Social Services](#).

Have an Impact on Your Community - Apply for Partners in Policymaking

Partners make a difference.

Partners get things done.

Partners change their communities.

The Virginia Board for People with Disabilities is now accepting applications for the 2019-2020 Partners in Policymaking program.

Seven intense two-day sessions where you learn how to become an advocacy force in your community.

Hands-on instruction from experts and thought leaders from around the country to make you the best you can be.

[Click here](#) for more info and to apply today.

NRVCS Autism Support Group

What: A monthly support group meeting for local families. Meetings are educational, parent-driven, and supportive. Individuals with Autism Spectrum Disorders (including those previously diagnosed with Asperger's Syndrome, Pervasive Developmental Disorder, Childhood Disintegrative Disorder, Rett's Disorder), and other developmental and/or intellectual disabilities are welcomed to join.

When: Monthly

Where: NRVCS Radford Center, 401 W. Main Street, Radford, VA 24141 ([Click here](#) for Map)

Parents: Wadsworth Room (#119)*

Kids: Norwood Room (#108)

***Please sign in youth in the Norwood Room!**

[Click here](#) to subscribe to mailing list, so that you can be made aware of meeting dates/times/staff and menu!



Do you have an event that you would like to see in the newsletter? [Click here](#) to submit it!

Employment Opportunities

Come check out our job openings for REACH Region III.

[Click here](#) for the flyer.

For more information on available positions and to apply [click here](#).

Do you have an open position you would like to see in our newsletter? [Click here](#) to submit it.

DBHDS



[Click Here](#) for the website.

REACH Information

The DBHDS website has been updated with more in depth information on REACH, has updated contact info, and contains links to some of the forms that may be helpful for consumers to access.

[Click here](#) to view.



DBHDS - Dental Program

Program Goals

Community Integration

Train Providers

Equal Access to Care

Flouride Treatments

Revise care Models to Individualized Care and Needs

No Restraints, No Unnecessary Sedation

We're On The Road! Services we offer in our mobile program:

- Exams
- X-rays
- Referrals to specialists or participating practices
- Cleanings
- Basic fillings
- Emergency Services

[Click here](#) to view the brochure with current program criteria, referral process and more.

[Click here](#) to review - **General Memo RE: HB 1775 ID to DD Change 2017**

Resources



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for their Blast Announcement with **Events, Research, and Monthly Group Meetings!**

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping

families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.

individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website and [here](#) for **The Voice -Special Needs Alliance Newsletter**.

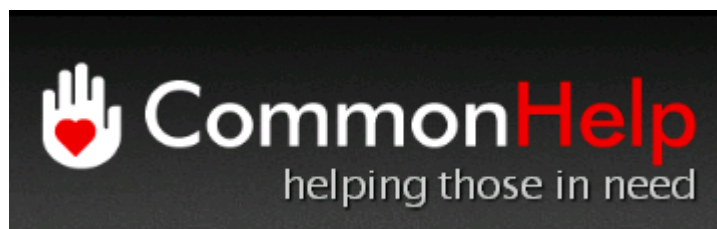


The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.

Commonwealth Autism

[Click here](#) to view State Resources compiled by **Commonwealth Autism**.



Virginia CommonHelp

Apply for help with food, child care, heating and cooling bills, health care and cash assistance. [Click here](#) for their website.

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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Local Calls - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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