MCPP Minutes: October 16, 2018

Attendees: Nycole deLeeuw, Nick Bilbro, Lynn Baluh, Richelle Price, Malinda Britt, Lisa Clause, Stephanie Bryson, Sophie Wenzel, Hollie Fitzgerald, Pam Ray, Christina Laws, Amy Reilley, Doug Perry, Loren Beasley, Jen Baldwin

Topic	Actions/Decisions
1. Introductions & Announcements Christina Laws, EHS	● Community updates 　○ NRVCS - working with all coalitions - PCPP doing a hygiene bag project - working with school counselors to get to students in need. Giles looking at doing as well. Need to look at where can get donations. Presentations ● Embraced Healthy Solutions (EHS) 　○ Clients referred out of hospitalization - when ready then referred to case management 　○ 2 to 4 days a week - 4 to 6 hours - 3 months to a few years 　○ 50% in community/50% in-home 　○ Mental Health Skill building for adults 　○ Create ISP with goals to allow them to be more independent in community 　○ Mental Health management - learn about diagnosis - mastery of coping skills specific to them 　○ Accessing resources 　　▪ PCP 　　▪ food pantry 　　▪ SA treatment 　○ Ind. Living skills 　　▪ hygiene 　　▪ healthy eating 　　▪ resources 　　▪ housing 　○ 4 criteria 　　▪ previous higher level of care 　　▪ diagnosed with severe MH disorder 　　▪ w/in last 12 months prescribed antipsychotic 　○ Can self-refer, be referred by current provider, etc. 　○ Funded by Medicaid and do have private pay 　○ Must be QMHP
2. Logic Model	● Review sample Logic Model and terminology
3. Expanding Coalition	● Review 12 sectors chart

	● Determine missing sectors and who will contact them ○ Waiting on all membership agreements and will then share
4. Community Assessment	● In progress ● Send "needs data" to: ndeleeuw@nrvcs.org
5. SA/MH Workgroups	● Identify local conditions (make a plan to collect data) ● Prepare to develop logic models in November
Next meeting: November 20th– Speaker: Pam Ray, NRHD	

Mental Health Work Group Notes:

Online community focus

- How bullying, cyberbullying plays into it
- MCPS piloting STOPIT app for reporting bullying - starting with BMS - admins being trained this week

Problem statement - Online bullying negatively affects self-esteem and interpersonal relationships of youth (middle/high).

- Why?
  - Data - YRBS, STOP IT app, Court services data, NRVCS TDT counselors?
  - Brainstorm
    - isolation
    - lack of social interaction and support
    - victimization
    - social acceptance
    - anxiety/school avoidance
    - peer pressure
    - diversity
    - desensitized

Reach parents during MCEAP Christmas store

Substance Abuse Workgroup notes:

Decided to focus on youth vaping (12-18 y/o) for now in order to start taking action

Risk Factors/Root Causes:

- Favorable attitudes/low perception of harm
- Accessibility (Retail- online, vape shops)

Will have logic model finished by November meeting and will begin strategic planning