

Update

Clinical Corner



September Data

Adults

Referrals: 29
 Active Clients: 144
 Crisis Plan Hours: 57.75
 Prevention hours: 564

Calls to Crisis Line

Information: 18
 Prevention: 128
 Crisis/Face to Face
 Response: 23

Crisis Therapeutic Home

Emergency Bed Days: 66
 Step-down Bed Days: 66
 Prevention Bed Days: 27



National Bullying Prevention Month.

www.autismspeaks.org

"For you, this interaction is over the moment you walk away. For me, this will live on for the rest of my life and the memories of your words can be triggered at any moment during the most innocent of times. Personally, when I hear the 'R word', I automatically go back to being a 16-year-old hearing a group of teenagers calling me that as I boarded my short bus." - Phil Martin

Bullying is far too common in today's world, and

Children

Referrals: 22
 Active Clients: 64
 Crisis Plan Hours: 4.25
 Prevention Hours: 154

Calls to Crisis Line

Information: 9
 Prevention: 12
 Crisis/Face to Face
 Response: 8

We have a new referral form!

Please replace the old form with this new form.

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

REACH Region III

Email: info@swvareach.org
 Fax: 540.267.3403

Apps



Super Stretch Yoga

No need to be perfect, to “succeed” or do it “right”. We

unfortunately, research has proven it to be even more common in the autism and special needs community. As we work to further our mission to spread understanding and acceptance of people with autism, we hope we are moving closer to a world without bullying.

The information and personal stories below are a small sampling of our growing number of tools and resources we have available to help prevent bullying and promote inclusion of all people.

What Is A Bully? - Illustrations from an autism mom. [Click here](#)



6 Things People With Autism Want Bullies To Know. [Click here.](#)

The Day My Son Taught A Bully A Lesson. [Click here.](#)

The Autism Speaks School Community Tool Kit - Download and share with your child's school today. [Click here.](#)

are allowing ourselves to be present, in the moment. It's ok to fall out of poses. It's ok to laugh, to roar like a lion – in fact, that's the whole point. Be courageous, creative and just try.

[Click here](#) to learn more.

Books & Podcasts



My Magic Breath: Finding Calm Through Mindful Breathing

by Nick Ortner

Discover calm through the magic of mindful breathing.

[Click here](#) to learn more.

Diversity & Inclusion



The Power of Inclusion at Work.

The most frightening things about transition is how will we be treated in “the real world”?

In The News



National Disability Employment Awareness

The purpose of National Disability Employment Awareness Month is to educate about disability employment issues and celebrate the many and varied contributions of America’s workers with disabilities.

To learn more about The Autism Society's efforts regarding employment visit, [click here](#).

Medical News



Have the services and supports we've received prepared us? What will the future hold?

In today's climate, any surety around the answers to those questions is lost, but there is something we can do about it. We can advocate for Disability Civil Rights.

[Click here](#) to read the Autism Society's latest guest blog post, from Carly Fulgham.

To Manage Dementia Well, Start With The Caregivers

Lauren Gravitz for [NPR](#)

When Kate Sieloff's husband, Karl, began acting strange, she didn't know where to turn. Her hard-working, affectionate spouse was suddenly having fits of anger and aggression. He stopped paying the bills. Karl, 56 at the time, was an engineer at General Motors, where he'd worked for more than 40 years. But some days he didn't even show up for work, finding it too hard to get out of bed.

[Click here](#) to continue reading.

Opportunities and Events

Here's
What's
Happening!





The Polar Plunge Festival

Click above for video.

The Polar Plunge® Festival is Special Olympics Virginia's premier, annual fundraising drive for those brrrr-ave enough to take the challenge! Participants – or “plungers” – raise funds to get wild and plunge into icy water at four different locations across Virginia in February and now June!

It's the coolest event in VA – literally – and it's all for an amazing cause! All proceeds help Special Olympics Virginia provide year-round training and services for thousands of athletes.

Want to keep your toes in the sand? Sign up to volunteer at any of our event locations.

[Click here](#) to learn more.

TEAL Pumpkin Project

Every child should be able to experience the joy and tradition of trick or treating on Halloween. But kids with food allergies are often left out of the fun, since most candy is off limits.

The Teal Pumpkin Project helps make sure all children will come home on Halloween night or from Halloween events with something they can enjoy. It just takes one simple act: offering non-food treats, such as glow sticks, pencils, stickers, play-doh, or small toys, as an alternative to candy.

Please see link for more information:

<https://www.foodallergy.org/education-awareness/teal-pumpkin-project>

PRC OPEN HOUSE

Come explore the Parent Resource Center and meet the Special Education Advisory Committee!

Chance to win prizes!

Refreshments donated by: Ruby Tuesdays, Olive Garden, Domino's Pizza, and Hethwood Market.

The Children's Museum of Blacksburg will host an interactive playroom for children!

And much more! [Click here](#) for the flyer.

When: Thursday, November 1st, 4pm-6pm

Where: PRC, Montgomery Central, 208 College St, Christiansburg, VA.

Cost: **FREE**

The Individual and Family Support Program Registration is **NOW OPEN**

The Individual and Family Support Program (IFSP) assists individuals with developmental disabilities and their families with accessing person-centered and family-centered resources, supports, services and other assistance.

The program's primary target population is individuals on the waiting list for Virginia's Developmental Disabilities (DD) Medicaid waivers.

[Click here for more information!](#)

Collaboration & Communication for Parent and Schools

WHAT: This workshop provides information for parents on how to most effectively work with schools in order to achieve the best outcomes for their children with disabilities. We will discuss communication skills and strategies, information on preparing for and actively participating IEP and other meetings, and parental rights in special education.

PRESENTER: Mrs. Tracy Lee, Family Engagement Specialist VDOE

COST: FREE

WHO: Parents, guardians, teachers, service providers, and community members

WHEN: October 29, 2018
6-7:30pm

WHERE: School Board Office
750 Imperial St.
Christiansburg, VA

For more information see [flyer here](#).

Schedule of Events: Fall 2018

In partnership, IDA & Special Olympics is pleased to offer exciting fall programs & activities.

Previous experience not required, so come have fun!!!

Inclusive programs for people with & without intellectual disabilities. All are challenged to improve skills, develop friendships & understanding of each others capabilities through a spirit of equality & team unity.

[Click here](#) for flyer.

[Click here](#) to download registration form.



Virginia's Medicaid Expansion New Health Coverage for Virginia Adults. **A Toolkit for Advocates**

VIRGINIA MEDICAID EXPANSION OVERVIEW:

The rules for health coverage in Virginia have changed, and we need everyone's help to spread the word.

Soon, many of our neighbors, friends and family members will be eligible for a new coverage option that offers quality, low-cost services. Beginning January 1, 2019, this coverage will be available for up to 400,000 adults, including many people who work in retail, construction, childcare, landscaping, food service or other jobs that don't provide health insurance.

Virginians who may have applied for Medicaid in the past and been denied may be eligible beginning January 1, 2019.

[Click here](#) for **A Toolkit for Advocates** to learn more.

Access the eligibility tool on www.coverva.org to see if someone you know may be eligible for coverage

NRVCS Autism Support Group

What: A monthly support group meeting for local families. Meetings are educational, parent-driven, and supportive. Individuals with Autism Spectrum Disorders (including those previously diagnosed with Asperger's Syndrome, Pervasive Developmental Disorder, Childhood Disintegrative Disorder, Rett's Disorder), and other developmental and/or intellectual disabilities are welcomed to join.

When: Monthly

Where: NRVCS Radford Center, 401 W. Main Street, Radford, VA 24141 ([Click here](#) for Map)

Parents: Wadsworth Room (#119)*

Kids: Norwood Room (#108)

***Please sign in youth in the Norwood Room!**

[Click here](#) to subscribe to mailing list, so that you can be made aware of meeting dates/times/staff and menu!

SUBMIT YOUR



Do you have an event that you would like to see in the newsletter? [Click here](#) to submit it!

Employment Opportunities

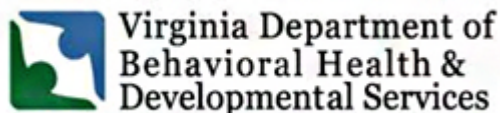
Come check out our job openings for REACH Region III.

[Click here](#) for the flyer.

For more information on available positions and to apply [click here](#).

Do you have an open position you would like to see in our newsletter? [Click here](#) to submit it.

DBHDS



[Click Here](#) for the website.

[Click here](#) to review - **General Memo RE: HB 1775 ID to DD Change 2017**

Resources



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for their Blast Announcement with **Events, Research, and Monthly Group Meetings!**

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.



Special needs require special attorneys.

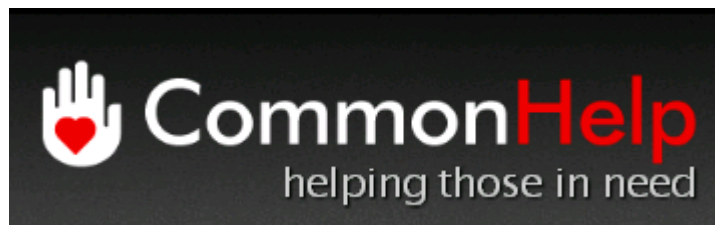
The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website.



Commonwealth Autism

[Click here](#) to view State Resources compiled by **Commonwealth Autism**.



Virginia CommonHelp

Apply for help with food, child care, heating and cooling bills, health care and cash assistance. [Click here](#) for their website.

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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Local Calls - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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