

Update

Clinical Corner



April Data

Adults

Referrals: 33
 Active Clients: 157
 Crisis Plan Hours: 50
 Prevention hours: 397

Calls to Crisis Line

Information: 19
 Prevention: 78
 Crisis/Face to Face
 Response: 30

Crisis Therapeutic Home

Emergency Bed Days: 39
 Step-down Bed Days: 66
 Prevention Bed Days: 69



Webinar: **Grief, Loss, and Hospice Care for Individuals with ID**

This webinar offers an overview of hospice care, grief, grief support and how it can help individuals with intellectual disabilities cope during these difficult times.

Throughout the presentation Amy Tucci and Kenneth Doka from the Hospice Foundation of America will touch upon the special issues involving access and services for individuals with ID and focus on the ways that families and persons with ID can more effectively utilize the services of

Children

Referrals: 11
 Active Clients: 58
 Crisis Plan Hours: 99
 Prevention Hours: 154

Calls to Crisis Line

Information: 2
 Prevention: 5
 Crisis/Face to Face
 Response: 18



We have a new referral form!

Please replace the old form with this new form.

[Click here](#) to download it, and please share with anyone in your system that makes REACH referrals. Thank you!

REACH Region III

Email: info@swvareach.org
 Fax: 540.267.3403

Apps

hospice care, such as supportive counseling, pain management, and symptom control as well as grief counseling.

Learn about their new CE credited educational program that deals with the challenges of accessing end-of-life care and bereavement support for individuals with ID.

[Click here](#) to view.

Sensory Processing Issues: What Are They?

This week on childmind.org we explore what happens as kids with sensory issues get older, and the combination of factors that often contribute to improvement as they mature. [Click here](#).

In The News



Mental Health Month

Each year millions of Americans face the reality of living with a mental illness. During May, NAMI and the rest of the country are raising awareness of mental health. Each year we fight stigma, provide support, educate the public and advocate for policies that support people with mental illness and their families.



Swaha

Price: Free

Swaha is an awesome talking photo album for users of all ages and abilities.

The social and educational uses are endless with Swaha. Users upload photos to the app and then record personalized captions.

[Click here](#) to learn more.

Books & Podcasts



May: Audio

The Struggle Of Finding Help For 'A Dangerous Son'

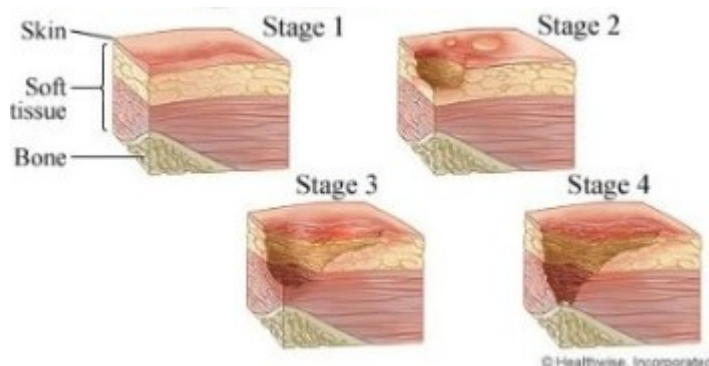
NPR: Weekend Edition Sunday

A new HBO documentary tells a story about families with children who have psychiatric disorders that lead to violent behavior.

[Click here](#) to listen.

[Click here](#) to learn more about how to become involved.

Medical News



Skin Breakdown

Nurse Carrie Browder

Did you know that the skin is the largest organ in the body? Skin acts as a protective barrier against infection and trauma and helps regulate temperature variations from the environment. It maintains hydration and is associated with overall health and well-being.

Promoting skin integrity and preventing skin breakdown is paramount in maintaining quality of life.

Risk factors

Risk factors for skin breakdown include age, lack of sensory perception, weight loss, immobility, poor nutrition and hydration, excess moisture and/or dryness, bowel and urinary incontinence, medical conditions, and exposure to shear and/or friction. Individuals with the following conditions/in the following situations are at risk for developing skin breakdown:

Diversity & Inclusion



Community Inclusion for People with Mental Health Conditions:

Caregivers' Views

Psychiatry.org

An estimated 65 million people, 29 percent of the U.S. population, provide care for a chronically ill, disabled or aged family member or friend during any given year, according to the Caregiver Action Network.

[Click here](#) to continue reading.

- Poor nutrition and dehydration
- Incontinence
- Generalized weakness or weakness on one side of the body
- Paralysis, sedation, or coma
- Non-ambulatory (utilize wheelchair for mobility)
- Post-surgical procedure

Complications

Complications from skin breakdown include pressure ulcers (pressure sores, decubitus ulcers), cellulitis (skin infection), bone and joint infections, and sepsis (life-threatening blood infection).

Signs and symptoms

Pressure sores are categorized in stages:

- **Stage 1** – skin appears red and does not blanch (turn white) when touched. Site may be tender, but skin is not broken (i.e. intact blister from poor fitting shoes).

[Click here](#) to continue reading.

Opportunities and Events



EFFORT

Enabling Friends For Our Response Teams

Food! Fun! Training!

The Montgomery County Sheriff's Office in conjunction with the Fire & Rescue Depts of the County have joined forces to develop a program focusing on our Community of Individuals with Disabilities

What: We are inviting your loved one to participate in a One-Day Event where they will be introduced to:

- OBSTACLE COURSES ADAPTED FOR ALL ABILITIES
- PROPER METHOD FOR CONTACTING 911
- PROPER WAYS OF EFFECTIVE BANDAGING
- UNDERSTANDING SAFE MEANS FOR EXTINGUISHING FIRES
- TRY ON OUR FIRE FIGHTER GEAR

When: JULY 14 10:00a-1:00p

Where: Christiansburg Recreation Center

[Click here](#) for the flyer.

For more information please call:

Kim Haug: 540.357.2302

Potsie Smith: 540.357.2316

*This is a joint effort with the MCSO, County Fire and Rescue Departments.
Location sponsored by the Christiansburg Parks and Recreation Department.
Collaborative event with Department for Aging and Rehabilitative Services.*



Skills for Living...and Working

As you transition to work, life skills such as problem solving and decision-making, effective communication, financial management and coping strategies become more important than ever. Many young adults age 18 through 35 are either living on their own or becoming more independent for the first time.

While parents and other family members of youth with disabilities play a large role in teaching these skills, there are many organizations ready to assist with additional life skills training.

[Click here](#) to continue reading and explore resources.



Parent Survey

The Virginia Department of Education (VDOE) is asking for your assistance in promoting the completion of the survey by each of your families who has a child with a disability and is provided special education services through an individualized education program (IEP) by whatever means you deem appropriate. Families who have more than one child receiving special education services should be afforded the opportunity to complete a survey for each of their children.

Collection of survey data may begin immediately upon receipt of the printed survey and the opening of the online survey. This year's timeline for completion and submission of survey responses, in any modality, is set at September 30, 2018. The VDOE has renewed its goal of increasing the number of survey responses we receive. As such, during the collection window, the VDOE will engage in a number of technical assistance outreach efforts to parents and parent organizations to ensure that every parent of a child with a disability in the Commonwealth has the opportunity to participate in the survey.

Thank you for your ongoing commitment toward ensuring that we involve each parent in his/her child's special education program. If you have questions or need assistance concerning this survey process, please contact Hank Millward via email at Hank.Millward@doe.virginia.gov or by telephone at [\(804\) 371-0525](tel:(804)371-0525).

English Version <https://www.surveymonkey.com/r/VDOE2018English>

Spanish Version <https://www.surveymonkey.com/r/VDOE2018Espanol>



VIRGINIA PSYCHIATRIC REHABILITATION ASSOCIATION

CALL FOR PAPERS AND PRESENTERS

Can You Present at the 2018 VAPRA Conference?

Our theme is

“Pickin a Path to Recovery”

The Virginia Psychiatric Rehabilitation Association is pleased to announce the 34rd Annual Statewide Conference

Where: Holiday Inn Bristol Conference Center, Bristol, VA

When: November 14th-16th

[Click here](#) for flyer.

[Click here](#) for vendor registration form.

NRVCS Autism Support Group

What: A monthly support group meeting for local families. Meetings are educational, parent-driven, and supportive. Individuals with Autism Spectrum Disorders (including those previously diagnosed with Asperger’s Syndrome, Pervasive Developmental Disorder, Childhood Disintegrative Disorder, Rett’s Disorder), and other developmental and/or intellectual disabilities are welcomed to join.

When: Monthly

Where: NRVCS Radford Center, 401 W. Main Street, Radford, VA 24141 ([Click here](#) for Map)

Parents: Wadsworth Room (#119)*

Kids: Norwood Room (#108)

***Please sign in youth in the Norwood Room!**

[Click here](#) to subscribe to mailing list, so that you can be made aware of meeting dates/times/staff and menu!

SUBMIT YOUR



Do you have an event that you would like to see in the newsletter? [Click here](#) to submit it!

Employment Opportunities

Come check out our job openings for REACH Region III.

[Click here](#) for the flyer.

For more information on available positions and to apply [click here](#).

Do you have an open position you would like to see in our newsletter? [Click here](#) to submit it.

DBHDS



[Click Here](#) for the website.

[Click here](#) to review - **DBHDS Fiscal Year 2017 Annual Report**

[Click here](#) to review - **General Memo RE: HB 1775 ID to DD Change 2017**

Resources

**Tax Benefit Checklist
For Families Caring for Children with Special Needs 2017**

[Click Here](#)



The Arc of Virginia



The Virginia Tech Autism Clinic

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for their Blast Announcement with **Events, Research, and Monthly Group Meetings!**

[Click here](#) for their website.



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website.



Commonwealth Autism

[Click here](#) to view State Resources compiled by **Commonwealth Autism.**

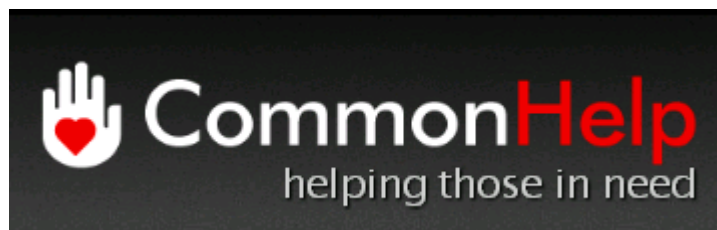
DDHSN Dental Services

[Click here](#) to download the application for dental services through DDHSN.

The forms are to be used if you are giving patients/ARs information about the DDHSN community programs that will eventually replace the RCSC clinics.

Casey Tupea is now taking referrals from Regions 1 and 3 to get clients in her system before the training center closes.

Once the programs is in place they will receive an office assignment. Casey.Tupea@dbhds.virginia.gov



Virginia CommonHelp

Apply for help with food, child care, heating and cooling bills, health care and cash assistance. [Click here](#) for their website.

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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

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