

Update

Clinical Corner



March Data

Adults

Referrals: **14**
 Active Clients: **138**
 Crisis Plans: **4**
 Prevention hours: **479**

Calls to Crisis Line

Information: **9**
 Prevention: **102**
 Crisis/Face to Face
 Response: **16**

Crisis Therapeutic Home

Emergency Bed Days: **35**
 Step-down Bed Days: **89**
 Prevention Bed Days: **56**



Why Many Autistic Girls Are Overlooked

childmind.org

Many more boys than girls are diagnosed on the autism spectrum: more than four boys for every autistic girl, according to the latest numbers from the Centers for Disease Control.

[Click here](#) to continue reading.

April is Autism Awareness Month.

Children

Referrals: **11**
Active Clients: **60**
Crisis Plans: **2**
Prevention hours: **210**

Calls to Crisis Line

Information: **3**
Prevention: **10**
Crisis/Face to Face
Response: **11**

**To download current
REACH Referral Form -
[Click here](#)**

Apps



One-Moment Meditation

No time? No problem.

At the heart of the One-Moment Meditation® App is one simple exercise that really takes just one minute to be amazingly effective.

[Click here](#) to learn more.

Books &

[Autism Society](#) launched the observance month to “promote autism awareness, inclusion and self-determination for all, and assure that each person with ASD is provided the opportunity to achieve the highest possible quality of life.”

How can you get involved in the movement?
[Click here](#) to learn more.

ConnectABILITY.ca

For a great resource on Autism across the lifespan from ConnectABILITY - [Click here](#).

There are tabs across the top for kids, youth, adults, and seniors, and they cover a number of good topics.

[Click here](#) for Fact Sheets.

CLICK BELOW



[Click here](#) for a collection of other useful articles and webinars relating to Autism and Developmental Disabilities.

Medical News

Podcasts



April: Podcasts

[Click here](#) for:
Parenting Children with Special Needs

[Click here](#) for:
Gender Dysphoria & Autism

Diversity & Inclusion



Community Inclusion

Autism Society

Being a part of a community and feeling included is extremely important in people's lives.

[Click here](#) to continue reading.



Fatal Five (Plus!) Focus: Dehydration

Nurse Carrie Browder

What is dehydration?

Dehydration is the result of a loss of fluid from the body faster than it can be replaced. The body requires water to carry out normal function, and if the amount of water available is insufficient, illness and even death can occur.

What are the signs and symptoms?

Signs and symptoms of dehydration include thirst, dizziness, headache, confusion, weakness, and less frequent urination and/or dark colored urine.

How is it treated?

Who is at risk?

How is it prevented?

[Click here](#) to learn the answers to these questions.

Opportunities and Events



Special Olympics
Virginia



Click above to start video.

Special Olympics Volunteers Needed!

Spring Games -- Track and Field

When: Sunday, April 22nd, 11am to 5pm.

Where: Cupp Stadium, Radford University

[Click here](#) to learn more and to sign up.

[Click here](#) to learn of more opportunities to volunteer with the Special Olympics in the Southwest Virginia Region!



Autism Awareness Night with the Salem Red Sox

Where: at Salem Memorial Ballpark, Salem.

When: Friday, April 27th, 7:05 PM

What: Autism Awareness Jerseys, Silent Auction plus BRAAC students participating with different aspects of the game! Purchase tickets today from a BRAAC student/staff member or visit our Roanoke site and a portion of your ticket benefits BRAAC!

Puzzled: Car, Truck & Bike Show

When: May 11th - 13th

Where: Glen Maury Park, 101 Maury River Dr., Buena Vista, VA

[Click here](#) for more information on all BRAAC events.



Aerial Yoga for Special Kids

WHAT: In Balance Yoga has 14 Aerial Hammocks with a double attachment point hung from four ceiling steel beams. For students with little to no experience with Aerial Yoga. Learn the basic skills with us! Experience the feel of the hammock, learn proper alignment, and practice safe entry on and off hammock. Introduction to aerial poses, simple flowing sequences & basic inversions. Strengthen upper body muscles and develop core strength. The hammock is suspended at hip height – release chronic tension, experience “lightness” and have a lot of fun!

- Beginner Friendly
- No Heat
- No Humidity
- No tanks tops or jewelry, must be short or long sleeves
- No yoga mat required

WHO: Ages 6-16

WHEN: Saturday, April 21, 2018 2:30 pm - 3:30 pm (Please arrive 10 minutes early)

WHERE: *In Balance Yoga*
1512 N. Main St. Blacksburg

COST: Monetary donations will be accepted in support of The ARC of the NRV

REGISTRATION: Contact Nicole at *In Balance Yoga* [540.961.1030](tel:540.961.1030)

For more information see [flyer here](#).

Research Study:

Detecting Self-Injurious Behaviors with Technology in Children with Autism

We are conducting a research study on non-invasive technology to detect and predict self-injurious behavior in children with autism spectrum disorders (ASD). We are enrolling children 5-12 year olds with an ASD diagnosis who also engage in self-injurious behavior and live within an hour from Virginia Tech, as well as their parents. Enrollment is now open.

The research study involves collecting a child's movement and/or physiological data to track self-injurious behavior using non-invasive technology like sensors used in smart watches. Movement data will be collected during a clinical and a home session. There is no charge for participation in this research study. Participants will receive \$45 for participating in the clinical session and \$75 for the home session, with a maximum total of \$120 and additional compensation for long-distance travel. Children will select a small toy prize at the end of the clinical session and another toy at the end of the home session.

[Click here](#) for the flyer.

If you would like more information concerning the research, please send an email to kdc14@vt.edu.

NRVCS Autism Support Group

What: A monthly support group meeting for local families. Meetings are educational, parent-driven, and supportive. Individuals with Autism Spectrum Disorders (including those previously diagnosed with Asperger's Syndrome, Pervasive Developmental Disorder, Childhood Disintegrative Disorder, Rett's Disorder), and other developmental and/or intellectual disabilities are welcomed to join.

When: Monthly

Where: NRVCS Radford Center, 401 W. Main Street, Radford, VA 24141 ([Click here](#) for Map)

Parents:

Kids:

*Please sign in children

[Click here](#) to subscribe to mailing list, so that you can be made aware of meeting dates/times/staff and menu!



Do you have an event that you would like to see in the newsletter? [Click here](#) to submit it!

Employment Opportunities

Come check out our job openings for REACH Region III.

[Click here](#) for the flyer.

For more information on available positions and to apply [click here](#).

Do you have an open position you would like to see in our newsletter? [Click here](#) to submit it.

DBHDS



[Click Here](#) for the website.

[Click here](#) to review - **DBHDS Fiscal Year 2017 Annual Report**

[Click here](#) to review - **General Memo RE: HB 1775 ID to DD Change 2017**

Resources

Tax Benefit Checklist For Families Caring for Children with Special Needs 2017

[Click Here](#)



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs. [Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for their Blast Announcement with **Events, Research, and Monthly Group Meetings!**

[Click here](#) for their website.



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the professionals who serve them. [Click here](#) for their website.



The Virginia Autism Council

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.

Commonwealth Autism

[Click here](#) to view State Resources compiled by Commonwealth Autism.

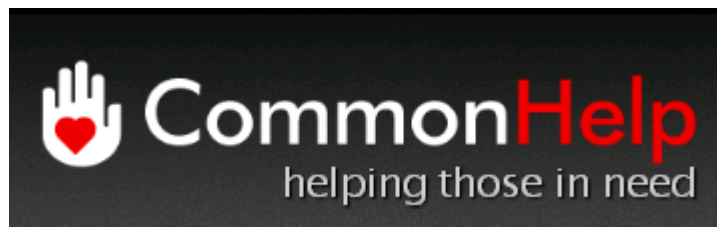
DDHSN Dental Services

[Click here](#) to download the application for dental services through DDHSN.

The forms are to be used if you are giving patients/ARs information about the DDHSN community programs that will eventually replace the RCSC clinics.

Casey Tupea is now taking referrals from Regions 1 and 3 to get clients in her system before the training center closes.

Once the programs is in place they will receive an office assignment. Casey.Tupea@dbhds.virginia.gov



Virginia CommonHelp

Apply for help with food, child care, heating and cooling bills, health care and cash assistance. [Click here](#) for their website.

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[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

Contact REACH Region III

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Local Calls - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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