

Update

Clinical Corner

August Data

Adults

Referrals: 27
Active Clients: 208
Crisis Plans: 6
Prevention hours: 438

Crisis Therapeutic Home

Emergency Bed Days: 58
Step-down Bed Days: 95
Prevention Bed Days: 27

Children

Referrals: 16
Active Clients: 64
Crisis Plans: 7
Prevention hours: 167

[Click here to download current REACH Referral Form.](#)

The logo for the National Suicide Prevention Lifeline features the word "NATIONAL" in white on a green bar, "SUICIDE" in large black letters with a green telephone handset icon replacing the 'I', "PREVENTION" in large black letters, and "LIFELINE™" in white on another green bar. Below this, the phone number "I-800-273-TALK" and the website "www.suicidepreventionlifeline.org" are displayed in large, bold, black text.

It's National Suicide Prevention Month

Suicide is one of the leading causes of death today in the Western world, and most people have had suicidal ideation at some time during their life.

In the population of persons with intellectual

Apps



Number Therapy

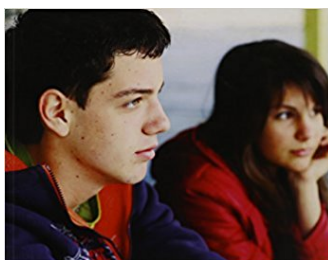
Speech Practice for Aphasia

Numbers communicate so much, yet they are often left out of communication therapy.

Practice understanding, saying, and typing numbers at home to improve these essential life skills.

[Click here](#) to learn more from the iTunes store.

Reading



**Mental Health
and Wellness Supports
for Youth with IDD**

EDITED BY
Daniel J. Baker, Ph.D. and E. Richard Blumberg, Ph.D.

Mental Health and

disability, some researchers have thought that impaired intellectual capacity could act as a buffer to suicidal behavior, but the fact is that the few studies conducted in that population contest this assumption and show that the characteristics of suicidality in this population are very similar to persons without intellectual disability.

[Click here](#) for complete article:

Suicidal Behavior in Persons with Intellectual Disabilities

- Joav Merrick, Efrat Merrick, Yona Lunsky, and Isack Kandel.

[Click here](#) for an additional informative article from The Journal of Special Populations further exploring the topic.

National Suicide Prevention Lifeline - 1.800.273.8255

<https://suicidepreventionlifeline.org/>



Tedx Talk

Why We Choose Suicide - Mark Henick

Medical News

Wellness Supports for Youth with IDD - E BOOK

By: Daniel J. Baker, PhD & E. Richard Blumberg, PhD

While a significant body of research has been amassed on mental wellness supports for adults with intellectual or developmental disabilities (IDD), far less attention has been paid to these same issues among youth with IDD.

This ground-breaking book is a first step to changing that.

[Click here](#) to view in NADD Store.



Exercise is for Everyone!

With Nurse Carrie Browder.

About five years ago, the Arc received a grant from the Centers for Disease Control and Prevention to fund a project called "HealthMeet." HealthMeet intends to reduce health disparities among individuals with disabilities and individuals without disabilities through health promotion.

[Click here](#) to continue reading and for the **'Top 5 Exercises for People with Intellectual and Developmental Disabilities.'**

Diversity & Inclusion



How My Child With Down Syndrome Changed My Perspective on Diversity

By Lissy Shutwell for The Mighty

Before I was pregnant with my son, Augie, I had only met one person with [Down syndrome](#). My limited experience, both in breadth and depth, resulted in stereotypical perspectives of Down syndrome molded by general information anyone could find on Google. It wasn't a negative perspective; it was just narrow and lacked any real substance. I had a textbook understanding.

And then I had Augie. [Click here](#) to continue reading on The Mighty.

Opportunities and Events



DEEJ Film Screening

WHO: Interested families and children.

WHAT: The Department of Human Development, The College of Liberal Arts and Human Sciences, and the Virginia Tech Center for Autism Research, are pleased to be sponsoring a premiere of the documentary “Deej” at the Lyric Theater, free, on Sept. 26, at 4 pm.

The film will be open captioned. There will be a resource table and discussion afterwards in the lobby.

The film profiles, and is co-written by, DJ Savarese, currently a student at Oberlin College. As described on the website: “In this first-of-its-kind collaboration between a veteran filmmaker and a nonspeaking autistic, Robert Rooy and DJ Savarese share editorial control as they attempt to navigate the challenges of representing autism. *Deej*, the result of this often difficult partnership, is a story told largely from the inside, by DJ – not by his parents or autism experts or even the camera. At its core, *Deej* reflects the sort of participation that disability rights advocates insist upon: “**Nothing about us without us.**”

WHERE: The Lyric Theatre
135 College Avenue
Blacksburg, VA

WHEN: Tuesday, September 26th
Doors open at 3:30 pm
Film Screening at 4 pm
Discussion Begins immediately following film

If you have any questions please contact VT Center for Autism Research, 540-231-8747, vtcar2013@gmail.com

To see the flyer for more information, [Click here](#).

Charlottesville Public Safety Forum

WHO: Anyone affected by disabilities, including family members and educators.

WHAT: Local first responders, community leaders, and families will unite for a dialogue on public safety for individuals with autism and other disabilities. Working with local first responder agencies, this event will

raise awareness and understanding to discuss tools that promote safety within the community.

WHERE: MLK Performing Arts Center -- Charlottesville H.S.
1400 Melbourne Road
Charlottesville, VA 22901

WHEN: Saturday, September 30, 2017 from 9:00 AM to 12:00 PM EDT

Register [Here](#).

For more information visit the website [here](#).

A Better Understanding: Alzheimer's, Autism and Special Needs Awareness Training

WHAT: This training is intended to inform the public of how to understand the behavior of those with various special needs. The Blue Ridge Autism and Achievement center recommends this course for any public or other professionals who engage in interactions with this population or the public.

WHEN: October 18th, 2017 8:00 am - 5:00 pm

PRICE: No fee

WHERE: Cardinal Criminal Justice Academy

View this [flyer](#) for more information.

To register for this course please call (540) 375-3095 or email Cindy at csarver@cardinalacademy.org

Autism Diagnostic Observation Schedule (ADOS-2) Clinical Training, October 2017

Date: October 19, 2017 to October 20, 2017

Time: 8:00am to 4:00pm

Location: Cherokee Health Systems, Knoxville TN

[Click here](#) for more information.

SUBMIT YOUR



Do you have an appropriate event that you would like to see in the newsletter? [Click here](#) to submit it!

DBHDS



News and Press Releases

[Click Here](#) for the latest!

VIRGINIA LAUNCHES NEW PROJECT: DISABILITY AWARENESS TRAINING FOR LAW ENFORCEMENT OFFICERS

[Click here for more information!](#)

Office of Integrated Health Newsletter - September 2017

[Click here](#) to view.

Health and Safety Information - Scalding

Scalding incidents cause life threatening and painful injuries. - [Click here](#) to view pdf.

[Click here](#) to review - **General Memo RE: HB 1775 ID to DD Change 2017**

Pilot Mobile Rehab Engineering Team

Mission: To provide mobility equipment maintenance and repair services in the community to individuals with I/DD.

[Click here](#) for more information and MRE team assessment form

HEALTH EQUITY IN BEHAVIORAL HEALTH AND DEVELOPMENTAL SERVICES

The DBHDS Office of Health Equity Advancement (OHEA) leads efforts to provide improved services to diverse and under-served individuals and works toward eliminating the disparities within the state's mental health, intellectual disability and substance-use disorder system.

[Click here](#) for the website.

Resources

[Click here](#) for a few good resources for information on social emotional development, prioritizing connection over behavior, etc.



The Arc of Virginia

Our Mission. The Arc of Virginia promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.

Our Vision. People with intellectual and developmental disabilities are valued as classmates, coworkers, neighbors, citizens and friends.

[Click here](#) for their website.



The Virginia Tech Autism Clinic

VTAC in the Psychology Department of Virginia Tech, opened in the Fall of 2005 to provide clinical services to individuals with Autism Spectrum Disorders and their families in the surrounding New River Valley.

[Click here](#) for their Blast Announcement with **Events, Research, and Monthly Group Meetings!**

[Click here](#) for their website.



NADD

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental



Special needs require special attorneys.

The Special Needs Alliance

The Special Needs Alliance is a national, non-profit organization committed to helping individuals with disabilities, their families and the

disabilities and mental health needs. [Click here](#) for their website.

professionals who serve them. [Click here](#) for their website.



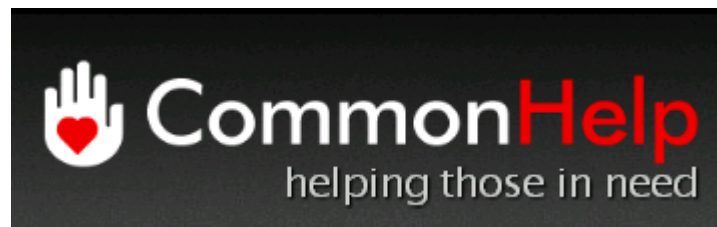
The Virginia Autism Council

The Virginia Autism Council is a council of autism experts seeking to define needed skill competencies and to advance higher education, training and educational opportunities for personnel and caregivers supporting individuals with autism.

This website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia. [Click here](#) for more information.



[Click here](#) to view State Resources compiled by **Commonwealth Autism**.



Virginia CommonHelp

Apply for help with food, child care, heating and cooling bills, health care and cash assistance. [Click here](#) for their website.

[About REACH](#)

[Fact Sheet-Adult](#) [Fact Sheet-Children](#)

[Contact REACH Region III](#)

Our mailing address is:

824 W. Main St., Radford, VA 24141

Crisis and Information Line - 1.855.887.8278

Local Calls - 540.267.3435

Fax - 540.267.3403

Email - info@swvaREACH.org

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