



REACH Newsletter, Volume 1.1, March 2015

REACH utilizes a team approach to provide: clinical assessment; crisis prevention, stabilization, and intervention planning and education; community and home based crisis intervention and stabilization to both adults and children diagnosed with an intellectual or developmental disability and a co-occurring mental health diagnosis or challenging behavior; and facility-based, therapeutic, emergency, and limited planned stays for individuals 18 and over.

The goal of REACH is to stabilize current or emerging crisis events and strengthen the individuals' support systems. With intervention and training, REACH increases capacity to support individuals served and promote person-centered positive outcomes. REACH serves adults and children with an intellectual or developmental disability and a co-occurring mental health diagnosis or challenging behavior that is affecting their quality of life.

REACH Region III Updates

REACH Crisis Therapeutic House Updates

During the month of February, 2015, we had the following house stays:

- 5 Emergency Stays
- 3 Prevention Stays
- 2 Step Downs from Psychiatric Hospitals

Website

[REACH has a new link](#) on the NRVCS website! We will keep you posted with new information and resources monthly. Archived copies of this newsletter will be available.

Check out these links:

- [Region III Provider Resources](#)
- [ID Residential Resources by CSB Area](#)
- [Adult Services Fact Sheet](#)
- [Children's Services Fact Sheet](#)

New Crisis Services Satisfaction Survey

We've implemented a new Crisis Services Satisfaction Survey to help us evaluate our program as we provide crisis services. You can expect to receive a survey link after each crisis event. We appreciate you taking the time to complete the survey. We will include the data in our Advisory Council presentations, and on a quarterly basis in the newsletter.

Please see a sample survey below.

Satisfaction survey

REACH Region III Crisis Services Satisfaction Survey

You are receiving this survey because you have recently received crisis services of some kind through REACH Region III. Your submissions are anonymous. Your honest feedback is valued and appreciated!

1. Was your call/request for REACH crisis services responded to in a timely manner?

2. Did the REACH provider clearly explain REACH crisis service expectations, interventions, scheduled visits and anticipated outcomes?

3. Were REACH staff responsive to the client/provider/family/guardians' input and service needs, incorporating them into the services and planning?

yes
 no

4. Did you find REACH crisis services including interventions and services helpful and effective?

yes
 no

5. Would you utilize REACH crisis services again?

yes
 no

Resource spotlight on...

[...The All-In Newsletter!](#)

The All-In Newsletter is sent out by the Virginia Department of Behavioral Health and Developmental Services. You can subscribe [here](#).

We're highlighting this resource in part because it provides useful statistics on Emergency Services, Training Centers, ID/DD Waivers, and other important areas. A few of their tables are below.

Training Center Census (February 5, 2015)

Name	July 1, 2012 Census	July 1, 2013 Census	Dec 31, 2013 Census	Jan 5, 2015 Census
SVTC - Closed 6/30/2014	201	114	57	0
NVTC - Closure: By 6/30/2016	153	135	115	78
SWVTC - Closure: By 6/30/2018	173	156	150	135
CVTC - Closure: By 6/30 2020	350	301	285	263
SEVTC - Remains open	106	84	81	74
Total	983	790	688	550

ID and DD Waiver Enrollment and Waiting Lists (January 31, 2015)

	ID Waiver	DD Waiver
Total Slots	10,192	1,013
Urgent Waitlist	4,687	
Non-Urgent Waitlist	3,022	
Total Waitlist	7,709	1,712

Mental Health Hospital, Hiram Davis and VCBR Census (February 2, 2015)

Name	Feb 2015
Catawba	97
Central State Hospital	230
Eastern State Hospital	279
Northern Virginia Mental Health Institute	125
Southern Virginia Mental Health Institute	66
Southwest Virginia Mental Health Institute	160
Western State Hospital	232
Piedmont Geriatric Hospital	118
Commonwealth Center for Children and Adolescents	42
Hiram Davis Medical Center	66
Virginia Center for Behavioral Rehabilitation	366
Total	1,781

FREE Professional Development / Resources

VTCAR Spring 2015 Speaker Series

The Virginia Tech Center for Autism Research (VTCAR) hosts a speaker series that is free and open to the community. The next speaker Dori Berger, Ph.D. on Friday, March 27, 2015 from 12:30-1:30 p.m. at the North End Center on Virginia Tech's campus. For more details visit: <http://www.vtcar.science.vt.edu/>

Mental Health First Aid Training

New River Valley Community Services offers Mental Health First Aid training FREE to community members and providers. Mental Health First Aid is an eight-hour course that teaches participants how to help someone who is developing a mental health problem or experiencing a mental health crisis.

Upcoming dates:

- Tuesday, March 13, 2015 (Adults)
- Tuesday, March 24, 2015 (Youth)
- Tuesday, April 21, 2015 (Adults)

To register, contact Christine Hatchett at CHatchett@nrvc.org.

FREE Webinar - What Interventions Prevent Suicidal Behavior?

Hosted by: The National Council for Behavioral Health

Presenters: Jane Pearson, Ph.D., Chair, National Institute of Mental Health's (NIMH) Suicide Research Consortium

Register here: <https://goto.webcasts.com/starthere.jsp?ei=1057031>

FREE webinars on the science behind PTSD

<https://bbrfoundation.org/meet-the-scientist-webinar-series>

New Model ISP on DBHDS Website

DBHDS Provider Development posted an updated model person-centered individual support plan (PC ISP). You can access it [here](#). Its use is not expected until training is made available, but we encourage you to use it in the meantime.

Please send feedback and questions to: Eric.Williams@dbhds.virginia.gov.

VCU Autism Center for Excellence

The VCU Autism Center for Excellence offers free on-line tutorials and training to Virginia residents. Check it out

here: <http://www.vcuautismcenter.org/te/courses.cfm>

The ARC - free training resources

<http://resources.thearc.org/resources-by-type/trainings/>

NRVCS Autism Support Group

Members of the NRVCS Autism Team facilitate a monthly support group meeting for local families. Meetings are educational, parent-driven, and supportive.

Individuals with Autism, Asperger's Syndrome, Pervasive Developmental Disorder, Childhood Disintegrative Disorder, Rett's Disorder, and other developmental and/or intellectual disabilities are welcomed to join. Children/siblings are welcome, but please RSVP for supervised child socialization by calling 540.320.9281 or 540.443.7522.

If you have any questions regarding the Autism Family Support Group with NRVCS, please contact Alden Baker at 540.320.9281.

Community Events

SAFE children's concert at Moss Arts Center - FREE EVENT!

Saturday, April 18th at 10:30 a.m.

Special performance will include softened acoustics/ volume, social cues for audience during performance, low lights, instrument "petting zoo" for children, autism sensitive/ child friendly content, special training for volunteers, quiet, low sensory space available. Doors open 30 minutes prior to show.

[Click here](#) for the flier, or Contact Dr. Amy Azano: azano@vt.edu or 540-231-8889.

Friends of Infinity Acres Ranch Open House - FREE EVENT!

Musical entertainment by Elliott Stone, Animal Displays, Exhibits, Raptor Demos, Vendors, Games & Prizes!

Saturday, April 18, 2015, 11:00 a.m.-4:00 p.m.

136 Joppa Road, Ridgeway, VA 24148

Contact Laura and Rick Steere: 276-358-2378 or infinityacresva@gmail.com

Seminar for families of loved ones with special needs

The Down Syndrome Association of the New River Valley will host a seminar for families of loved ones with special needs on Saturday, March 14 from 9 a.m. – 12 noon at the Hilton Garden Inn (900 Plantation Road, Blacksburg).

The seminar is being presented by Ann McGee Green, Attorney at Law (Anderson, Desimone & Green, PC). Topics will include: Estate Planning, Special Needs Trust, Guardianships, and Developing a Life Plan. There will also be time allotted for questions.

Cost is \$10 individual, \$15 family. Scholarships available.

You can learn more about this event and download the registration form by [clicking here](#).

Contact REACH Region III

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Crisis Line - 1-855-887-8278 | Local Calls - 540-267-3435 | Fax - 540-267-3403

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