


March 2010

<p>1 Susie's Birthday (Saturday) AM: Rotating Centers (1-5) Lunch: Susie's Birthday Party <i>No Need to Pack Lunch</i> PM: Large Group Activity: Balloon Volleyball Then: Centers & Talent Show Rehearsal Outing: Weight Club</p>	<p>2 Dr. Seuss' Birthday AM: Rotating Centers Lunch Options: Kroger / Subway PM: Large Group Activity: Weight Training Then: Centers & Talent Show Rehearsal Outing: Superbowl (A)</p>	<p>3 National Anthem Day AM: Rotating Centers (1-5) Lunch Options: Kroger / Hardees PM: Large Group Activity: Dancercise Then: Centers & Talent Show Rehearsal Outing: Weight Club</p>	<p>4 AM: Rotating Centers (1-5) Lunch Options: Kroger / Moe's PM: Large Group Activity: Strength Training Then: Centers & Talent Show Rehearsal Outing: Weight Club</p>	<p>5 80's Day: Style it Up AM: Rotating Centers Lunch Options: Kroger / KFC PM: Large Group Activity: Dancing w/ Rick Then: Centers & Talent Show Rehearsal Outing: Superbowl (B)</p>
<p>8 International Women's Day AM: Rotating Centers (1-5) Lunch Options: Kroger / KFC PM: Large Group Activity: Weight Training Then: Centers & Talent Show Rehearsal Outing: Weight Club</p>	<p>9 AM: Rotating Centers Lunch Options: Kroger / Subway PM: Large Group Activity: Dancercise Then: Centers & Talent Show Rehearsal Outing: Superbowl (C)</p>	<p>10 Jared's Birthday AM: Rotating Centers (1-5) Lunch Options: Kroger / Burger King PM: Large Group Activity: Strength Training Then: Centers & Talent Show Rehearsal Outing: Weight Club</p>	<p>11 Johnny Appleseed Day AM: Rotating Centers (1-5) Lunch Options: Kroger / Wendy's PM: Large Group Activity: Dancing w/ Rick Then: Centers & Talent Show Rehearsal Outing: Weight Club</p>	<p>12 Daylight Savings starts Sunday AM: Rotating Centers Lunch Options: Kroger / KFC PM: Large Group Activity: Scene It! Then: Centers & Talent Show Rehearsal Outing: Superbowl (D) </p>
<p>15 Nick & Claire's Birthday <i>(both on Sunday)</i> AM: Centers & Talent Show Rehearsal Lunch: Nick's Birthday Pizza Party <i>No Need to Pack Lunch</i> PM: Large Group Activity: Movie **Progress Notes** Outing: Weight Club</p>	<p>16 AM: Rotating Centers Lunch Options: Kroger / Subway PM: Large Group Activity: Strength Training Then: Centers & Talent Show Rehearsal Outing: BBG Rec Center (A)</p>	<p>17 St. Patrick's Day AM: Rotating Centers (1-5) Claire's BDay Baked Potato Party <i>No Need to Pack Lunch</i> PM: Large Group Activity: Dancing w/ Rick Then: Centers & Talent Show Rehearsal Outing: Weight Club</p>	<p>18 We Are Stars! Talent Show  Leaving around 9:00am to get to the show which starts at 10am. Returning after the show which ends at 2pm. <i>@ Custom Catering in Blacksburg</i> lunch: BBQ chicken at the show (\$3) or pack a cold lunch</p>	<p>19 National Goof-off Day AM: Rotating Centers Lunch Options: Kroger / KFC PM: Large Group Activity: Weight Training Then: Rotating Centers Outing: BBG Rec Center (B)</p>
<p>22 Ethan's Birthday (Sunday) AM: Rotating Centers (1-5) Lunch Options: Kroger / Papa John's (Ethan's Birthday Request) PM: Large Group Activity: Strength Training Then: Rotating Centers (1-5) Outing: Weight Club</p>	<p>23 Toast Day AM: Rotating Centers Lunch Options: Kroger / Subway PM: Large Group Activity: Dancing w/ Rick Then: Rotating Centers Outing: BBG Rec Center (C)</p>	<p>24 AM: Rotating Centers (1-5) Lunch Options: Kroger/China Kitchen PM: Large Group Activity: BINGO Then: Rotating Centers (1-5) Outing: Weight Club</p>	<p>25 Letting Go of Stuff Day AM: Rotating Centers (1-5) Lunch Options: Kroger / Wendy's PM: Large Group Activity: Weight Training Then: Rotating Centers (1-5) Outing: Weight Club</p>	<p>26 Make Up Your Own Holiday Day AM: Rotating Centers Lunch Options: Kroger / KFC PM: Large Group Activity: Dancercise Then: Rotating Centers Outing: BBG Rec Center (D)</p>
<p>29 AM: Rotating Centers (1-5) Lunch Options: Kroger / KFC PM: Large Group Activity: Dancing w/ Rick Then: Rotating Centers (1-5) Outing: Weight Club</p>	<p>30 Pencil Day AM: Rotating Centers Lunch Options: Kroger / Subway PM: Large Group Activity: Karaoke Then: Rotating Centers Outing: Roanoke Airport (A)</p>	<p>31 AM: Rotating Centers (1-5) Lunch Options: Kroger / Zeppoli's PM: Large Group Activity: Movie **Progress Notes** Outing: Weight Club</p>		

Group Outings in March

Bowling @ Superbowl: groups will be going to Superbowl in Christiansburg and eating lunch there as well; bring \$3 for bowling and money for lunch at their snack bar or pack a cold lunch.

BBG Rec Center: groups will be going to the Rec Center in Blacksburg. Pack a cold lunch to eat at the Rec Center.

Roanoke Airport: groups will be going to the Roanoke Airport to watch the planes and explore. Members can either bring money to eat at one of the cafes or they can pack a cold lunch to eat while they are exploring the airport. This outing will continue into April for groups B, C and D.

IMPORTANT: Groups 1-5 for Rotating Centers and Groups A-D for Outings listed on back!!

March 2010



Rotating Centers:

Group 1	Group 2	Group 3	Group 4	Group 5
Betty B. (M, T, F)	Angel L.	Ann H. (Every other T, F)	Del W. (M, W, F)	Bobby A.
Bill S. (M, W, F)	Erica L.	Ashley B.	Kay C. (M-Th)	Brandon M.
Dillard F. (T, W)	Jared P.	Debbie W.	Linda A. (M-F, am)	Brenda H.
Holly C.	Michael Q.	HD F.	Matthew M. (M, F)	Debbie C.
Ida D. (Th, F pm)	Mike A.	Jerry A. (M, W, F)	Rick W.	Ethan H. (M)
Jimmy L. (Th, F)	Nick H.	Kathy B.	Rusty H.	John A. (T, Th)
Tana F.	Rhonda K.	Randy O. (M, W, F am)	Will F. (F pm)	Mandy M. (M, W, F pm)
Virginia M. (M-F, pm)		Susie C. (M, W, F)		
	Cody S. (1hr /wk)			

Groups for Outings:

Group A Tuesday	Group B Friday	Group C Tuesday	Group D Friday
Betty B.	Tana F.	Brenda H.	Bill S.
Virginia M.	Jimmy L.	Dillard F.	Rhonda K.
Angel L.	Holly C.	Michael Q.	Nick H.
Erica L.	Matthew M.	Brandon M.	Jerry A.
Kathy B.	HD F.	Debbie C.	Susie C.
Rick W.	Randy O.	Bobby A.	Mandy M.
Debbie W.	Ann H.	Rusty H.	Linda A.
Ashley B.		Jared P.	Mike A.

Staff Assignment:

Group	Staff
1	Lisa
2	Andrea
3	Brandi & Sam
4	Claire
5	Carol & Mary

