

<p>Theme: Seasons</p> <h1 style="text-align: center;">November 2007</h1>	<h2 style="text-align: center;">A Month for Giving and Sharing</h2>		<p>1 All Saint's Day <i>Trip: Group Choice (G4)</i> AM: 1: Current Events 2: Mental Health w/ Elizabeth 3: Canned Food Drive Organizational Meeting PM: 1: Exercise with Lisa 2: Day in the Life of Elizabeth 3: Art Class: Dia De Los Muertos</p> <p style="text-align: center;">**Weight Club Group C**</p>	<p>2 Wear RED Fridays: (every Friday) <i>Trip: Bowling @ Squires (G5)</i> AM: 1: ISP Goals & Games 2: Mind & Body Stretch w/Andrea 3: Fall Charades PM: 1: December Calendar Planning Meeting 2: PWC Newsletter 3: Sign Language with Carrie **Music Therapy**</p>
<p>Theme: Grace</p> <p>5 National Doughnut Day <i>Trip: Bowling @ Squires (G2)</i> AM: 1: Power Failure Drill w/MaryAnn 2: Weight Training with Ytje 3: BINGO PM: 1: ISP Goals & Games 2: Minding Our P's and Q's 3: Scrapbooking w/Beth & Carrie</p>	<p>6 Election Day <i>Trip: Bowling @ Squires (G3)</i> AM: 1: Current Events 2: Social Interaction Skills 3: Cooking Class: Edible Indian Corn PM: 1: Flu Prevention w/James 2: Native American Culture w/Andrea 3: Team Sports **Weight Club Group A**</p>	<p>7 Wear Your Favorite Shirt Day <i>Trip: Bowling @ Squires (G6)</i> AM: 1: Mental Health w/ Megan 2: Mass Production: How Stuff is Made 3: Rice & Pop Bottle Physics Experiment PM: 1: Craft Class: Placemats 2: Read Aloud 3: Brain Teasers **Weight Club Group B**</p>	<p>8 Be Thoughtful and Respectful Day <i>Trip: Bowling @ Squires (G4)</i> AM: 1: Current Events 2: Mental Health w/ Elizabeth 3: Role Playing: Social Skills w/Claire and Lisa PM: 1: Exercise with Lisa 2: Day in the Life of Megan 3: Art Class: Native American Arts w/Andrea **Weight Club Group C**</p>	<p>9 Berlin Wall Opened (1989) <i>Trip: Kroger's (G5)</i> AM: 1: ISP Goals & Games 2: Mind & Body Stretch w/Andrea 3: Our World: Mexico w/Jennifer T. PM: 1: Spic and Spanning PWC 2: PWC Newsletter 3: Sign Language with Carrie **Music Therapy**</p>
<p>Theme: Generosity</p> <p>12 Veteran's Day <i>Trip: Owens Hall for Lunch \$\$ (G4)</i> AM: 1: Weight Training with Ytje 2: Literacy Workshop: Community Signs 3: History: Pledge of Allegiance PM: 1: ISP Goals & Games 2: National Charities and How We Can Make a Difference 3: Art Class: Photo Place Cards</p>	<p>13 Smile at a Stranger Day <i>Trip: Owens Hall for Lunch \$\$ (G6)</i> AM: 1: Current Events 2: Recovery Model: Protective Factors 3: Exploring NASCAR w/ Rhonda and Dillard PM: 1: Day in the Life of Brenda 2: Cooking Class: Teeny Turkeys 3: Team Sports **Weight Club Group A**</p>	<p>14 National Clean Out Your Fridge Day <i>Trip: Owens Hall for Lunch \$\$ (G3)</i> AM: 1: Our World: Bahamas w/Carrie 2: Mental Health w/ Megan 3: Day in the Life of Jennifer W. PM: 1: Craft Class: Photo Holders 2: How Charities Work 3: Brain Teasers & Read Aloud **Weight Club Group B**</p>	<p>15 America Recycles Day <i>Trip: Owens Hall for Lunch \$\$ (G2)</i> AM: 1: Current Events 2: Mental Health w/ Elizabeth 3: Spanish 101 PM: Movie and/or Arts and Crafts @ PWC ***Progress Notes*** **Weight Club Group C**</p>	<p>16 Button Day: Wear Buttons <i>Trip: Owens Hall for Lunch \$\$ (G5)</i> AM: 1: ISP Goals & Games 2: Mind & Body Stretch w/Andrea 3: Start Thankful Tree PM: 1: Music Class w/Teresa 2: PWC Newsletter 3: Sign Language with Carrie ** Music Therapy **</p>
<p>Theme: Gratitude</p> <p>19 Gettysburg Address Delivered (1863) <i>Trip: Movie @ The Lyric (G6)</i> AM: 1: Chore Board 2: Weight Training with Ytje 3: BINGO PM: 1: ISP Goals & Games 2: Work on Thankful Tree 3: Scrapbooking w/Beth & Carrie</p>	<p>20 Traffic Light Patented (1923) <i>Trip: Kroger's (G2)</i> AM: 1: Current Events 2: Physical Health: Heart Rates 3: Budget Talks w/MaryAnn PM: 1: Thanksgiving Sign Language 2: Cooking Class: Turkey Melon 3: Team Sports **Weight Club Group A**</p>	<p>21 World Hello Day AM: 1: Mental Health w/ Megan 2: Turkey Day Charades 3: Thanksgiving Feast Preparation LUNCH: Thanksgiving Feast; please send in a side dish, enough to share. Thank you! PWC Closes at 12:30pm to Start Our Thanksgiving Break</p>	<p>22 THANKSGIVING</p> 	<p>23 Yummy Left-Over Day</p> <p style="text-align: center;">PWC Closed All Day Thursday and Friday for Thanksgiving Break</p>
<p>Theme: Weird Foods</p> <p>26 Slinky Invented (1943) <i>Trip: Movie @ The Lyric (G4)</i> AM: 1: Weight Training with Ytje 2: Job Skills: Food Service 3: Weird Foods Around the World PM: 1: ISP Goals & Games 2: Mental Floss w/ Claire 3: Craft Class: Slinky Snowmen</p>	<p>27 Pins and Needles Day <i>Trip: Group Choice (G3)</i> AM: 1: Current Events 2: Social Interaction Skills 3: Comedy Hour w/ Dillard PM: 1: Cooking Class: Apple Pie Party Dip 2: Music w/ Mike and Gary (2pm) **Weight Club Group A**</p>	<p>28 Outrageous Clothing Day <i>Trip: Group Choice (G2)</i> AM: 1: Our World: America w/Claire 2: Mental Health w/ Megan 3: Taste Testing, part 1 PM: 1: Craft Class: Slinky Snowmen 2: Sign Language w/ Carrie 3: Brain Teasers & Read Aloud **Weight Club Group B**</p>	<p>29 King Tut's Tomb Opened <i>Trip: Group Choice (G5)</i> AM: 1: Current Events 2: Mental Health w/ Elizabeth 3: Taste Testing, part 2 PM: 1: Exercise with Lisa 2: Make Our Own Weird Food Recipes 3: Thank You Notes and Birthday Cards for November **Weight Club Group C**</p>	<p>30 Mark Twain's B-Day (1835) <i>Trip: Group Choice (G6)</i> AM: 1: ISP Goals & Games 2: Mind & Body Stretch w/Andrea 3: Literacy Workshop: Community Signs PM: Movie and/or Arts & Crafts @ PWC ***Progress Notes*** ** Music Therapy **</p>

IMPORTANT: Groups 1 – 6 are listed on the back.



November 2007

Field Trip Schedule for Pointe West Club

Member Assignment:

Group 1	Group 2	Group 3	Group 4	Group 5	Group 6
Frankie W. (M-F) Michele L. (T, W, every other F) Brenda H. (M-F) Dillard F. (T, We ½ PM) Debbie R. (M-F) Mike B. (M,Th) <hr/> Regina C. (M,W,F) Virgie R. (M,F ½ PM; T,W,Th ½ AM) Total: 8	Betty B. (M,T,F) H.D. F. (M-F) Debbie W. (M-F) Katherine F. (M-F) Total: 4	Virginia M. (M-F) Erica L. (M-F) Mike A. (M-F) Bobby A. (M-F) Ashley B. (M-F) Total: 5	Sam C. (M-F) Randy O. (M,W,F ½ days AM) Debbie C. (M-F) Brian E. (M-F ½ days PM) Total: 4	Linda A. (M-F) Janice M. (M-F ½ days AM) Stanley D. (M,T,Th,F) Michael G. (T,W,Th) Matthew M. (W) Jared P. (M-F ½ days PM) Total: 6	Brandon M. (M-F) Rhonda K. (M-F) Crista M. (M-F) Heather H. (M-F) Susie C. (Respite) Total: 5

Staff Assignment:

Megan D. (M-F) Elizabeth S. (M-F) MaryAnn L. (M-F) 1	Carrie D. (M-F) Beth R. (M,T) 2	Andrea B. (T,Th,F) Jennifer W. (W) Jennifer T. (M,W,F am) 6	Lisa H. (M-F) 5	Teresa D. (M-F) Samantha F. (Th) 4	Claire F. (M-F) 3
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Mental Health with Megan	
<ul style="list-style-type: none"> Wed. Nov. 7th Wed. Nov. 14th Wed. Nov. 21st Wed. Nov. 28th 	<ul style="list-style-type: none"> Attachment The Importance of Recovery Empathy / Acceptance How Fear Affects Mental Health
Mental Health with Elizabeth	
<ul style="list-style-type: none"> Thurs. Nov. 1st Thurs. Nov. 8th Thurs. Nov. 15th Thurs. Nov. 29th 	<ul style="list-style-type: none"> What in the World is the DSM-IV? The Axis System of the DSM-IV An Overview of Axes I, II and III An Overview of Axes IV and V

Weight Club Groups:

Music Therapy Groups (Friday Afternoons):

Tuesday Group A	Wednesday Group B	Thursday Group C	Group A	Group B	Group C
Erica L. Mike A. Heather H.	Frankie W. Michele L. Matthew M.	Jared P. Brandon M.	Betty B. HD F. Debbie W. Katherine F. Virginia M. Erica L. Mike A. Bobby A. Ashley B.	Sam C. Debbie C. Brian E. Linda A. Stanley D. Jared P. Rhonda K. Heather H.	Frankie W. Michele W. Debbie R. Brenda H. Regina C. Virgie R. Brandon M. Crista M.