

PSFAMW

PEER SUPPORT AND FAMILY ALLIANCE FOR MENTAL WELLNESS



Join a new peer support group for:

- Unmasking stigma
- Promoting mental wellness
- Family and friends sharing concerns
- Addressing daily living problems that you may have regarding specific needs

We will meet the **FIRST SUNDAY** of each month at the Luther Memorial Lutheran Church, Toms Creek Road and Prices Fork Road, from 5:30 to 7:00 p.m. Use the Toms Creek Road parking lot and enter the upper Fellowship Hall. Light refreshments and coffee will be served. For more information, contact Margo or Chris Walter at 540.626.2539 or the Mental Health Association of the New River Valley at 540.951.4990.

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